



ESQUIMALT PARENT & STUDENT DOCKER

May 25 to May 29

Mon. May 25	ICBC Road Safety for Grades 11 and 12	12:40pm in the gym
Tues. May 26	Fire Drill during D Block at approx. ESQ Drama: Mor-mania Student Play, By Donation	2:10pm 7 pm Theatre
Wed. May 27	ESQ Drama: Mor-mania Student Play, By Donation Focus Block GRAD Meeting	7 pm Theatre
Thurs. May 28	GRADitude Day for GRADS	
Friday, May 29	GRAD Rehearsal at ESQ During Blk D	

COMING SOON...



JUNE 1	GRAD Ceremony at UVIC AM Rehearsal , PM Ceremony 6:45
JUNE 2	Year End Concert Part 1
JUNE 3	Year End Concert Part 2
JUNE 5	Cycle for Change

ATTENTION GRAD FAMILIES!!

ATTENTION GRAD FAMILIES!! Grad Recognition Ceremony EXTRA TICKETS now open unlimited:

EXTRA TICKETS -now that all families have had their chance to order extras- families can order unlimited extras as needed starting MONDAY May 25 ONLINE (log in with student email) or by phone box office opens @ 9:30 AM 250-721-8480

- All persons entering the Auditorium for the event via the lobby must have a ticket, including babes-in-arms and toddlers (grads do not need a ticket- they are the show!)
- Accessible seating is limited Accessible seating must be purchased directly via the box office in person or by phone 250-721-8480
- TICKET confirmations will be emailed to students' SD61 emails (@sd61learn.ca) and the e-tickets will be released one week prior to event

Important Grad Dates: **All Grads MUST attend rehearsals unless they have an excused absence**

May 27- FOCUS Block: Rehearsal #1- ESQ theatre

May 28- GRADitude- (sign up on Grad Google classroom)

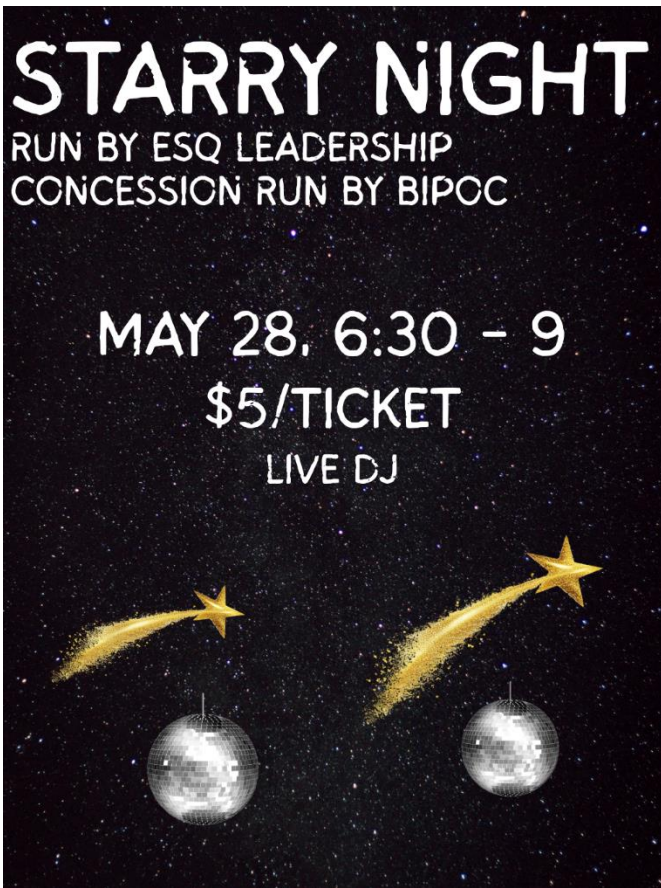
May 29: Block D: Rehearsal #2- ESQ Theatre

June 1st : 8:40 AM-10:30 AM UVIC Final rehearsal @UVIC Farquhar Auditorium

STARRY NIGHT

RUN BY ESQ LEADERSHIP
CONCESSION RUN BY BIPOC

MAY 28, 6:30 – 9
\$5/TICKET
LIVE DJ



SPRING DANCE

**Tickets go on sale Tuesday, May
19th at Lunch 5\$**

**We look forward to seeing you
there!**

EVERY STUDENT BELONGS

Culturally Responsive Practices in Our Schools

ON-SITE CHILDMINDING AVAILABLE!
PIZZA & GAMES FOR THE KIDS.



Reynolds Highschool
Thursday May 28, 2026
6:30 – 8:30 PM

Sponsored by **Thrifty Foods**

FREE TO REGISTER!



SPEAKERS

KASARI GOVENDER
B.C.'S HUMAN RIGHTS COMMISSIONER
DR. SHELLY (NIEMI) WILTON
DIRECTOR OF INDIGENOUS EDUCATION; SD61
SAMANTHA RUBIN
MULTICULTURAL LIAISON; SD61 WELCOME CENTER



- Helping Parents and Students Navigate Big Questions
- Respectful Dialogue Including SOGI & Indigenous education
- How schools and families work together to help students thrive

Parents' Advisory Council:

Our Parent Advisory Council (PAC) welcomes all parents and guardians to their meetings. **The next meeting is September 14, 2026.** The PAC is an important part of our school, and we value our partnership with our parents. A student's school experience is enriched when parents, staff and students are working together.

HYGIENE PRODUCT DRIVE

donate now!



The Interact Club

The Interact Club would like to inform you about our upcoming hygiene drive at the school! Please give this information to your students as well.

We are looking to collect travel-sized hygiene products (soap, shampoo, feminine hygiene products, etc.) We will take the donations and make "hygiene packs". All students and staff are allowed to take these hygiene packs for free, and they will be stored at the office for distribution.

We will be distributing boxes to all B block classes on Friday, May 8th. This will enable students to go shopping over the weekend and donate their products on Monday! The hygiene drive will run from May 11th to June 1st.

There are prizes!! The class with the most donations will get donuts from the Esquimalt Bakery (yay, local!), and the runners-up (2nd and 3rd places) will get Timbits.

I have attached the poster that we have put up. Included in this poster are more ideas for donations and a recap of all the information I've put in this email. If you have any questions, don't hesitate to reach out to Arden at 1384720@sd61learn.ca. Thank you so much!



PRIZE!

WINNING CLASS GETS DONUTS!
RUNNERS-UP GET PRIZES TOO.

What is it?

THE INTERACT CLUB IS HOSTING A HYGIENE DRIVE! OUR GOAL IS TO MAKE HYGIENE PRODUCTS MORE ACCESSIBLE FOR PEOPLE AT OUR SCHOOL.



WHAT YOU CAN BRING:

- FEMININE HYGIENE (SANITARY PADS, TAMPONS, LINERS, WIPES)
- DEODORANT
- BODY SOAP
- SHAMPOO & CONDITIONER
- HAIRBRUSH/COMB
- LOTION (HAND/BODY)
- TOOTHBRUSH
- TOOTH PASTE
- TISSUES
- MOUTHWASH
- SHAVING CREAM
- HAND SANITIZER
- SUNSCREEN
- DENTAL FLOSS
- Q-TIPS
- WIPES

PREFERABLY TRAVEL-SIZE

When?

BRING IN YOUR DONATIONS BETWEEN MAY 11TH AND JUNE 1ST!



Where?

BOXES WILL BE LOCATED IN EACH CLASS FOR YOU TO EASILY DONATE THE PRODUCTS.

Interact



Best regards,
Arden Giles



Esquimalt Drama Presents:

Mor-Mania: The Curse of the Schlonpouffa

Written and Directed by Theo Lang

Entirely produced and acted by Esquimalt's Semester 2 Drama Class

A wacky comedy about a mother and daughter who join a mysterious community deep in the foothills of Utah..

May 26 - 27th

Doors at 6:30 / Show at 7pm

Admission by donation - **Cash Only!**

COUNSELLING DEPARTMENT:

FREE ONLINE - ERASE Parent Sessions:

JUNE 10 - Establishing Family Practices for Safeguarding Against Cyberbullying and Sextortion

This session covers the global issue of bullying, as well as cyberbullying within the Canadian context. The presentation highlights warning signs for if someone is experiencing cyberbullying behaviours, and the steps to take if you are a victim of cyberbullying behaviours.

The presentation also explores sextortion, explaining how it occurs, key apps you should be aware of, the role of artificial intelligence in this issue, as well as the necessary steps to take if you are a target of sextortion.

The course is intended for:

Parents/Caregivers/Grandparents and youth aged 10 and up

Link to register: <https://www.eventbrite.ca/e/family-session-june-10-2026-remote-via-zoom-tickets-1409383296379?aff=oddttdtcreator>



DID YOU MISS YOUR CLASS OR GRAD PHOTO OR NEED A RETAKE?

Please See Below:

Mountain West Studios will be hosting a community photo session for students who may have missed the opportunity to have photos taken or would like a retake. We are offering regular school photos for all students, as well cap & gown portraits for grade 12 graduates.

Date: Friday, May 29, 2026

****we kindly ask that you sign up by Monday, May 25***

Location: victoria West Community Centre Reading Room
521 Craigflower Rd, Victoria

Sign Up Here: [Community Retakes - Victoria](#)

Please note the following regarding your appointment:

Regular school photos will require a \$20 deposit. You will receive a discount code in the amount of your deposit, which is redeemable towards any purchase. Students will have 2-4 standard school photos taken and uploaded to a personal gallery.

Grade 12 Cap & Gown photos have a sitting fee of \$35. If you have already been photographed during the original photo sittings, you will receive a \$35 discount, which is redeemable with the purchase of a package. Students will have 10-12 cap & gown photos taken and uploaded to a personal gallery.

All photos taken at this event are made available for personal purchase and will not be included in school services such as yearbooks or composites if applicable.

If you have any questions, please reach out to Mountain West Studios' customer service team for assistance. Phone: 1.888.644.4494 Email: help@mountainwest.ca

ESQ GRAD 2026 50/50 TICKETS

Help support our Grads!

<https://esqgrad5050.rafflenexus.com>



**TICKETS 1 FOR \$5, 5 FOR \$20, 10 FOR \$30
ON SALE MAY 15-JUNE 4
DRAW DATE JUNE 5**

**BC GAMING LICENSE #17351
"KNOW YOUR LIMIT, PLAY WITHIN IT!"
ODDS OF WINNING ARE 1 IN 1,600 (OR NUMBER SOLD)**

GRAD INFORMATION:

ESQ GRAD 2026

DINNER DANCE:

A poster for the ESQ grad 2026 Dinner Dance. The background is black with a gold glitter border at the top and bottom. The text is in gold and white. The main title is 'ESQ grad 2026' in a cursive font, followed by 'A Night To Remember' in a smaller serif font, and 'DINNER DANCE' in a large, bold, serif font. Below that, the date and time are '13 JUNE 2026 - 5:30-10:30PM' and the location is 'SCOTTISH COMMUNITY CENTRE'. Ticket information follows: 'TICKETS - \$100 CAN BE PURCHASED AT LUNCH MAY 12-MAY 22 (CASH, CHEQUE, DEBIT, VISA)'. The contact info is 'INFO - TZEMANEK@SD61LEARN.CA'.

ESQ grad 2026

'A Night To Remember'

DINNER DANCE

13 JUNE 2026 - 5:30-10:30PM
SCOTTISH COMMUNITY CENTRE

TICKETS - \$100 CAN BE PURCHASED
AT LUNCH MAY 12-MAY 22
(CASH, CHEQUE, DEBIT, VISA)

INFO - TZEMANEK@SD61LEARN.CA

GRADitude:

Grads — sign up on Google Classroom this week to take part in Graditude on May 28! Put on your cap and gown, grab your flowers, and head back to your former schools to show your community that you made it. It's also a chance to thank the teachers and staff who helped guide you along the way.

Spots are limited, so be sure to register by May 15.





2026

AWARENESS WALK

For Down Syndrome

JUNE 7, 2026

BECKWITH PARK, SAANICH



SUPPORTING FAMILIES IN VICTORIA!

Volunteer Opportunity:

EHS has a connection with the Greater Victoria Down Syndrome society through Ms. Walker and her daughter Cassidy, who is an Esquimalt grad. Every spring, Esquimalt students volunteer for the Greater Victoria Down Syndrome Society Awareness Walk! We're looking for students to be safety monitors, helpers for games and field activities, to serve food, do face painting, help with set-up etc.

There are two shifts available: **10am-12pm** and **12pm-2pm**.

Date: Sunday, June 7th

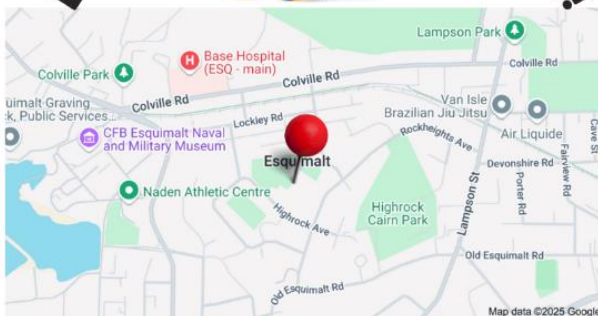
Time: 10:00 am - 2:00 pm

Location: Beckwith Park, 857 Beckwith Avenue, Victoria, BC

It's a fun day and a fun way to add some volunteering to your resume!
Please message Ms. Walker to sign up for a shift. owalker@sd61.bc.ca
Thank you!



BEE A GOOD NEIGHBOUR!



REMINDERS

Bee a Good Neighbour!

A reminder that our Student Code of Conduct extends beyond the walls of our school and into our community!

Please respect our neighborhood businesses and the private property of homes in the area.

Thank you for showing our neighbours how amazing ESQ students are!

Parent Connect: How to Check Report Cards online?

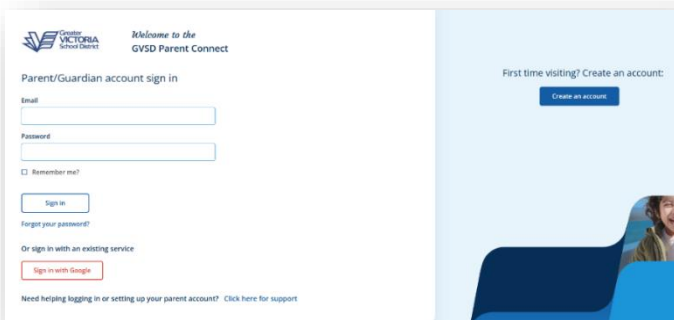
Our Learning Updates (Report Cards) are updated in the [Parent Connect Online System](#). The service reduces the amount of paper forms and allows parents and school staff to review a student's consent information on-demand.

Considering that 20% of the students in SD61 speak different languages than English and French, the service also includes Google Translate to support parents who prefer to communicate in other languages.

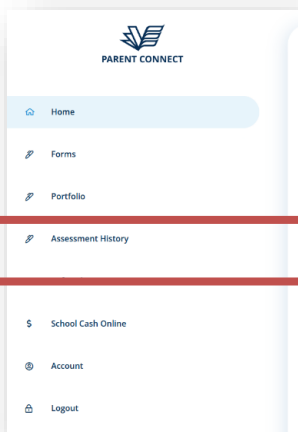
Paper copies will only be available **upon request** in person from the office.

How to create an account and access the system: [Parent Connect instructional video](#) or [PDF Instructions](#)

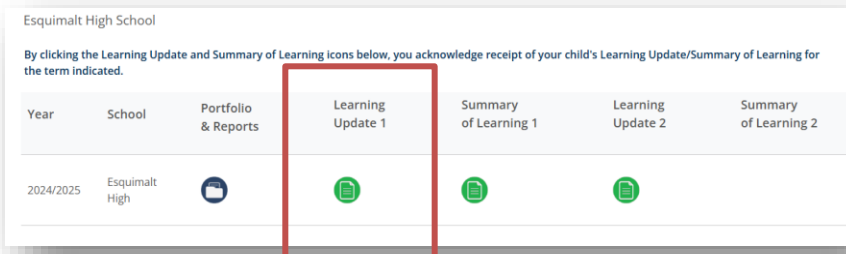
How to access to the Learning updates? Here are the steps



1. Log In to the system with your email and password or with your Google (Gmail) account.
2. If is your first time, click in the blue bottom "Create an account".



3. On the left side panel click on Home. Click on the name of your student, if you only have one Student in the District.
4. Click on "Assessment History".



5. Click on "Learning Update 2". A PDF file will download.
6. Check your Downloads file. Open the Report Card for your student.

WHO WE ARE AT ESQ

Esquimalt High school values **diversity, equity and inclusion**, ensuring that all students, staff and guests feel **safe and respected**. Relationships form the foundation of our school community – as such, we strive to create a culture that fosters **belonging and connection** to support **academic success and social-emotional well-being**.



DO's – How We Shine

- Show kindness, respect and inclusivity through our words and actions
- Take care of ourselves, our school and our community
- Arrive on time and ready to learn
- Use technology and resources responsibly, including storing cell phones out of sight unless permitted by the teacher
- Build a safe, welcoming space for everyone
- Choose words and actions that lift others up
- Make healthy choices for yourself and others
- Solve conflicts respectfully
- Be creative, original and honest in your work
- Express your ideas and opinions using respectful, polite and inclusive language
- Step in and speak out if you witness acts that don't align with who we are as a community



Reference: <https://esquimalt.sd61.bc.ca/student-info/code-of-conduct/>





Dual Credit: Earn Post-Secondary Credit While in High School

With next year's course selection coming up, now is the perfect time to explore Dual Credit opportunities — **Trades and Non-Trade options available!**

Dual credit courses give students the opportunity to take a **post-secondary course while still in high school**. Students earn **both high school graduation credit and post-secondary credit at the same time**, while experiencing **college-level expectations** taught by post-secondary instructors.

Why choose Dual Credit?

- **Tuition is fully sponsored by SD61**
- **Credits are often transferable** to other post-secondary institutions
- **Helps reduce the five-course crunch** in your first year after graduation
- **Supports a smoother transition** to post-secondary learning with Highschool Support
- **Strengthens post-secondary applications** by demonstrating readiness for academic rigour

Ways to Explore Dual Credits

- **Camosun College:** Take a first-year course or program: TRADES & NON TRADE OPTIONS AVAILABLE

Connect with ESQ Careers to find out if Dual Credit is a good fit for you!

Career Coordinator Tarra: tclarke@sd61.bc.ca | Career Teacher Ms. Coutts acoutts@sd61.bc.ca

DISTRICT PROGRAMS

SD61 District Programs offer students an opportunity to earn certifications, dual credits, pursue apprenticeships, or explore interests before graduation. The following programs are offered during **2nd semester** at:

- Esquimalt High School **AUTOTECH**: Earn Level 1 Automotive Service Technician
- Lambrick High School **TASK**: Trades Exploration

Connect with ESQ Careers to apply or for more information:

Career Coordinator Tarra: tclarke@sd61.bc.ca | Career Teacher Ms. Coutts acoutts@sd61.bc.ca

Athletics:

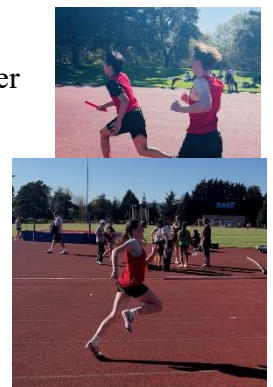
Track Season Update:

There is one league Track meet left next Wednesday. We have had some very solid Docker performances so far!

BC Championships June 4,5,6 in Langley.

Practices will be moved to Monday and Friday after school to get ready for these meets. Weightroom will continue Monday and Thursday mornings.

Any questions email Sarah Thornber at sthornber@sd61.bc.ca



Student and Family Affordability Funding 2025-2026

For those families who require support with costs directly related to school, such as school fees, school supplies, field trips, school sports or school activities, we now have some limited funding available. Please contact Sarah Garr (Principal) at sgarr@sd61.bc.ca if you have any questions and/or would benefit from some support.

Health and Safety:

ESQ School Nurse

We have Youth Health Clinic at Esquimalt High on Tuesdays 1130-2 in the medical room. Students can access the nurse for general questions during breaks.

Services provided outlined below:

- **Contraception (birth control) dispensing**
- **Emergency Contraception dispensing (aka morning after pill)**
- **Referrals for IUDs**
- **Pregnancy testing (discuss options, referrals etc if needed)**
- **Sexually transmitted infection testing and treatment**
- **Urinary tract infection testing and treatment**
- **Immunizations**
- **Naloxone administration training and kits available**
- **Free condoms and lube**
- **Sexual health questions/educations**
- **Support following a sexual assault (either support accessing SA resources or can support myself)**



Cafeteria: The ESQ Café menu offers a hot lunch, salad and a variety of baked goods daily. The Café accepts cash and reloadable Café cards. Café cards can now be loaded through the student's account on School Cash On-Line.

CAFETERIA ESQ Café Menu – May 25 to May 29

Monday	Chorizo burgers, romesco, Manchego, artisan greens, patatas bravas
Tuesday	Butter chicken Taco, mango cucumber salsa, mint crema
Wednesday	Smoked Turkey focaccia club, rosemary cranberry Jam, crisp prosciutto, arugula, Havarti
Thursday	Spot prawn and asparagus risotto
Friday	Glazed pork belly, smashed potato, charred cabbage

Supporting Our Students: Food Programs at Esquimalt

At Esquimalt, we believe that no student should go through the day hungry. Our **Breakfast and Lunch Programs** are here to support those facing financial hardship, ensuring they have access to nourishing meals. If your family can provide meals from home, we kindly ask that you leave these programs available for those who need them most.

For **everyone in our school community**, the **Rainbow Kitchen "Fridge of Love"** is always open! Students and staff are welcome to grab a snack—no questions asked, just kindness shared. 😊

Thank you for helping us take care of one another!



New Edition for Dockside Dispatch:

Here is the latest episode dockside dispatch #17!

<https://youtu.be/aSugzRkMpNg>

WE ALL HAVE TO STUDY... WHY NOT STUDY ABROAD?



THE ROTARY YOUTH EXCHANGE SCHOLARSHIP PROGRAM

LEAVING AUGUST 2027 TO JULY 2028

Have you ever dreamed of...

- Traveling internationally?
- Living in another country?
- Being fluent in another language?
- Having a network of friends from around the world?

The Rotary Youth Exchange Program is made possible by the generosity of our District 5020, serving Vancouver Island and Western Washington State. Qualified applicants must be 16 years old by September 30th, 2027 and not older than 19 by July 2028. The Scholarships cover Room, board, tuition, monthly stipend for one academic year. The family pays for airfare, insurance and spending money while away.



Follow us @RYE5020

Rotary
District 5020



rotary
youth
exchange



Valued at over \$25,000

Room, board, tuition and monthly stipend for one high school year abroad

Two Programs Available

1. Youth Exchange Scholarship (one academic year)
2. Short term family to family exchange (Summer Program)

Information Session

June 1st, 2026 @ 6:30pm

We are looking for students in grades 8-11 who are interested in learning about youth exchange



Register @ www.rye5020.org

We are looking for Canadian students interested in studying abroad? Rotary Youth Exchange selects a few students ages 15–18, each year for the opportunity to spend a year or a summer in another country and experience another culture. The Rotary youth exchange program is largely funded by the rotary clubs of Victoria. To learn more register for the Student and Parent zoom information session on **June 1, 2026 at 6:30 PM**. Registration details are available at <https://rye5020.org/event/rotary-youth-exchange-information-session---1/>

Thank you very much for supporting youth leadership and international education opportunities in our community. Please feel free to contact me with any questions.



SHARING OUR STORIES OF SUCCESS



Pies, Pies and More Pies!

Block C Pie Challenge Results:

- 1st place Chaka & Erik, Lemon meringue pie 🏆
- 2nd place Maleah & Vincent, Blueberry pie 🏆
- 3rd place Jano, Xavier & Moises, Nutella cream pie 🏆

Block D Pie Challenge results:

- 1st place Jakob & Willem, Lemon meringue 🏆

- 2nd place Albert, Blueberry pie 🏆
- 3rd place Jayden, Silver & Angel (not pictured), Chocolate Strawberry pie 🏆





SHARING OUR STORIES OF SUCCESS

Outstanding Alumni Recognition Ceremony:



We were honoured to hold the inaugural Outstanding Alumni Recognition ceremony this evening, recognizing 8 outstanding graduates;

- * Christopher Donison (Class of 1971)
- * Ambassador David Gordon Longmuir (Class of 1955)
- * Dr. Alan Meakes (Class of 1963)
- * Bryan Mee (Class of 1953)
- * Sherri Robinson (Class of 1960)
- * Lacuse Robert Warren (Class of 1958)
- * Colleen Wilson (Class of 1969)
- * Tom Woods (Class of 1980)

These 8 individuals epitomize qualities that we continue to foster in our students - creativity, curiosity, perseverance and a commitment to community service. They will serve to inspire our students and staff for generations to come. Thank you to the honourees and family members who joined us this evening.



SHARING OUR STORIES OF SUCCESS

Grade 12 Challenge Retreat 2026:



Lovely little trip for the grade 12 Challenge Retreat 2026- two hikes, some blue sky, a bit of wind, a smidge of rain and lots of great memories
🎓 😊 | ❤️
ESQ



Grade 12s Saving Lives:

Thank you to these amazing, brave Grade 12s who volunteered to donate blood today! ❤️ They truly epitomize the qualities of ESQ through their generosity and community service. Each donation can save up to 3 lives!