



ESQUIMALT PARENT & STUDENT DOCKER

Jan. 12 to Jan. 16

Mon. Jan. 12	Copernican Day Block A 9 – 11:30 Block C 12:30 – 3:00 PAC Meeting	6:45pm
Tues. Jan. 13	Copernican Day Block B 9-11:30 Block D 12:30 – 3:00 Girls Soccer Meeting Green room at 11:35am	
Wed. Jan. 14	Early Dismissal 2:27pm	
Thurs. Jan. 15		
Friday Jan. 16	Victoria Community Grad Retake Sitzings	See below for details



COMING SOON...

JAN. 19	Alumni Meeting
JAN. 20 & 21	Fine Arts Fiasco
JAN. 22	ESQ Music Retreat Parent Meeting 6pm
JAN. 23	Grade 9 Immunizations
JAN. 26	Copernican Day Exams
JAN. 27	Copernican Day Exams
JAN 29 - 31	ESQ Music Retreat

IMPORTANT GRADE 9 IMMUNIZATIONS:

Recently immunization consent packages were sent home through the school for all grade 9 students. If you have not already done so, **discuss the information in the consent package with your child** and include them in the decision to provide consent for immunization. Please **return the completed consent form to the school** in the sealed envelope provided **as soon as possible**.

Grade 9 students can make an informed decision about immunization regardless of their parent/guardian/representative decision to consent or refuse immunization. For more information visit HealthLinkBC: [The Infants Act, Mature Minor Consent and Immunization](#).

Immunizations will be provided at the school for grade 9 students on **January 23, 2026**.

Contact the local Health Unit at **250-519-5311** if you have any questions or did not receive a package.

School Door Closures

To prevent individuals entering the school who have not signed in at the office, we will be re-instating the practice of closing certain entry/exit doors around the school.

The following doors will be locked at 9:15am:

- ***Door by Art Room on 2nd floor***
- ***Loading Dock door by Staff Parking***

If you arrive after 9:15am, the front door, as well as the first level back door will be unlocked.

Thank you for committing to keeping our school and students safe.

Sonja van der Putten, (she/her/s), Vice Principal

Esquimalt High School Literacy/Numeracy Assessment Schedule Copernican Days: January 12/13th 2026

On Monday Jan. 12th and Tuesday Jan. 13th we will be hosting the Literacy and Numeracy Assessments (Copernican days) – which are BC Ministry of Education Assessments. Both days are double-block days for students.

	Monday Jan 12th 2026	Tuesday Jan 13th 2026
9:00am- 11:30am	Block A Literacy 10 For all grade 10 students.	Block B Numeracy 10 For all grade 11 students.
LUNCH 11:35-12:25pm		
12:30pm- 3:00pm	Block C Literacy 12 For all grade 12 students.	Block D Grade 12 Catch-Up For all grade 12 students who have missed a prior assessment.

Jan 13th 2026 - Provincial French Immersion written assessments

Jan 20th 2026 - Provincial French Immersion oral assessments

Students to check white board in main hallway for when/where you will write your assessment.

Your relevant block A-C teacher will also let you know on the day of. If you are in Grade 12 and have missed a previous assessment, you will write it on Jan 13th in Block D.

Teachers will review the assessment process with students in Block B prior to the assessments. If you want to review the assessment process at home, check out these links:

Literacy 10 assessments: <https://curriculum.gov.bc.ca/provincial/grade-10-literacy-assessment>

Literacy 12 assessments: <https://curriculum.gov.bc.ca/provincial/grade-12-literacy-assessment>

Numeracy 10 assessments: <https://curriculum.gov.bc.ca/provincial/grade-10-numeracy-assessment>

Sonja van der Putten, (she/her/s)

Vice Principal

[École Secondaire Esquimalt High School](#)

E. svanderputten@sd61.bc.ca / Office: 250-382-9226

Grad Wear Items



Docker Wear Items



ESQUIMALT HIGH SCHOOL SPIRIT & GRAD WEAR
2026 ORDER FORM - DEADLINE FOR ORDERS JAN 21, 2026

How to Order:

Order online through School Cash Online or complete the order form below and return it Grad/Docker Wear Sales Table in the hallway Jan 12-21, 2026.

Cash, Cheque, Credit or Debit accepted. Cheques are made payable to "Esquimalt High School".

Name: _____

Phone: _____

Email: _____

Name for Name Customization Purchases Only (**PRINT CLEARLY): _____

SCHOOL SPIRIT "DOCKER WEAR"							
QTY	ITEM #	DESCRIPTION	OPTIONS	SIZE (SM-2XL) *UNISEX	COLOR (PLEASE CIRCLE)	COST PER ITEM	LINE TOTAL
	E	Hoodie with Small Crest	Base Hoodie		BLACK, ATHLETIC GREY, KELLY GREEN, WHITE	\$35.00	
			Add Name Customization			\$7.00	
	F	Sweat Pant	Base Pant		BLACK, ATHLETIC GREY	\$35.00	
			Add Name Customization			\$7.00	
	G	Hoodie with Full Color Large Crest	Base Hoodie		BLACK, ATHLETIC GREY, DARK HEATHER GREY, DARK NAVY	\$42.00	
			Add Name Customization			\$7.00	
	H	Esquimalt Dockers Hoodie	Base Hoodie		RED	\$42.00	
			Add Name Customization			\$7.00	
	J	Esquimalt Dockers Hoodie with Stripe	Base Hoodie		RED	\$50.00	
			Add Name Customization			\$7.00	
	K	T-Shirt	Base Shirt		BLACK, ATHLETIC GREY	\$25.00	
			Add Name Customization			\$7.00	
	L	Ollie Hoodie	Base Hoodie		BLACK, ATHLETIC GREY, RED	\$57.00	
			Add Name Customization			\$7.00	
	M	Zip Hoodie	Base Zip Hoodie		BLACK, ATHLETIC GREY, DARK NAVY	\$50.00	
			Add Name Customization			\$7.00	
	N	1/4 Zip Sweatshirt	Base 1/4 Zip Sweatshirt		BLACK, ATHLETIC GREY	\$53.00	
			Add Name Customization			\$7.00	
	O	Esquimalt Dockers Hoodie with Small Crest	Base Hoodie		RED	\$50.00	
			Add Name Customization			\$7.00	
GRAD 2026 "GRAD WEAR"							
QTY	ITEM #	DESCRIPTION	OPTIONS	SIZE (SM-2XL) *UNISEX	COLOR (PLEASE CIRCLE)	COST PER ITEM	LINE TOTAL
	A	Large Crest Hoodie	Base Hoodie		BLACK, ATHLETIC GREY	\$40.00	
			Add Gold Print			\$5.00	
			Add Name Customization			\$7.00	
	B	Sweat Pants	Base Pant		BLACK, ATHLETIC GREY	\$40.00	
			Add Gold Print			\$5.00	
			Add Name Customization			\$7.00	
	C	Zip Hoodie	Base Zip Hoodie		BLACK, ATHLETIC GREY	\$50.00	
			Add Gold Print			\$5.00	
			Add Name Customization			\$7.00	
	D	Small Crest Hoodie	Base Hoodie		BLACK, ATHLETIC GREY	\$35.00	
			Add Gold Print			\$5.00	
			Add Name Customization			\$7.00	
					ORDER TOTAL		

GRAD 2026 Important

Mountain West Studios will be hosting cap & gown community retakes for students who may have missed the opportunity to have graduation photographs taken at the school.

Date: Friday, January 16, 2026

**we kindly ask that you sign up by Wednesday, Jan 14*

Location: Victoria West Community Centre - 521 Craigflower Road, Victoria - in the "Fireplace Room"

Sitting Fee: \$25 - For retake appointments, students will receive a \$25 coupon to apply to the purchase of a photo package

Sign Up: [Victoria Community Grad Retake Sitzings](#)

Please note that these will be cap & gown photos only, and we will not be taking fashion or group photos. All photos taken at this event are made available for personal purchase and will not be included in the school's yearbook or composite.

If you have any questions, please reach out to Mountain West Studios' customer service team for assistance:

Phone: 1.888.644.4494

Email: help@mountainwest.ca

Keeping your Bike/Scooter Safe from Thieves

To ensure your bike/scooter is safe from potential thieves, be sure to lock it up correctly and visibly. Use the steps below to ensure your strategy is thief proof!

1. Use a high-quality lock – U-Lock (D-Lock) or a folding hardened steel lock is recommended.
2. Attach your bike/scooter to a designated bike/scooter rack – these are more visible areas and are solid and immovable. If rain is a concern, bring a garbage bag from home and cover your bike during the school day.
3. Lock the frame and the rear wheel
 - a. The frame should be locked through the triangle to the rack.
 - b. Rear wheels are more difficult to remove, so secure them with the frame.
 - c. If using a second cable lock, loop it through the front wheel.
4. Take accessories (e.g. lights, phone mounts, water bottles etc.) with you.
5. Register your bike/scooter with Project 529 Garage -<https://project529.com/garage>
(Recommended by VicPd: <https://vicpd.ca/crime-prevention/protect-your-bike/>)

Optional Extras for Extra-High Security

- Wheel or seatpost security bolts (replace quick-release skewers)
- GPS/airtag hidden in the frame, saddle, or bottle holder
- Use two locks of different types (thieves rarely carry multiple tools)



Watch: How do you properly lock your bike?

<https://www.cbc.ca/player/play/video/9.6764188>

Watch: How to lock up your electric scooter? <https://www.youtube.com/watch?v=Frp24eTUZ3I>

Notification: District's Acceptable Use Policy and Student Code of Conduct

We are writing to let you know that recently we were made aware of Google Chat activity that was in violation of the School District's Acceptable Use Policy and Student Code of Conduct. Given the limited educational/pedagogical use of Google Chat in the school district, the decision was made to disable Google Chat for students district-wide.

WHO WE ARE AT ESQ

Esquimalt High school values diversity, equity and inclusion, ensuring that all students, staff and guests feel safe and respected. Relationships form the foundation of our school community – as such, we strive to create a culture that fosters belonging and connection to support academic success and social-emotional well-being.



DO's – How We Shine

- Show kindness, respect and inclusivity through our words and actions
- Take care of ourselves, our school and our community
- Arrive on time and ready to learn
- Use technology and resources responsibly, including storing cell phones out of sight unless permitted by the teacher
- Build a safe, welcoming space for everyone
- Choose words and actions that lift others up
- Make healthy choices for yourself and others
- Solve conflicts respectfully
- Be creative, original and honest in your work
- Express your ideas and opinions using respectful, polite and inclusive language
- Step in and speak out if you witness acts that don't align with who we are as a community



Reference: <https://esquimalt.sd61.bc.ca/student-info/code-of-conduct/>





Job Search

Workshop for
gr. 10-12 students

 21 January, 2026

 Big Conference Room

During Focus Block



**Students must sign up and
attendance will be taken**

SIGN UP



bit.ly/esqfbspotlight

**WE'RE
HIRING**

APPLY NOW



CERTIFICATION OPPORTUNITY: Standard First Aid Level 1

8 HOURS ONLINE + 8 HOURS IN-PERSON - FEBRUARY 13, 2026 (Pro-D Day)

SIGN UP DETAILS

- **Register** at bit.ly/esqfirstaid2026
- **Pay the \$20 fee:** Visit Mrs. Bradshaw in the office to complete your payment
- **Check your email:** You will receive instructions for accessing the online modules
- **Complete the online modules by** February 3, 2026
- **Seat Confirmation:** After we verify you have completed the online modules, you will receive an email confirming your secured seat!

Please NOTE: SPACE IS LIMITED!

- We have **more students than available seats** for the online section!
- **Students who do not finish the online module will be unable to participate in the in-person certification**
- Seats will be assigned based on **both payment AND completion** of the online modules.
- Submitting payment and completing the online modules **before February 3** increases your chance of **securing a spot**.

TO SIGN UP: bit.ly/esqfirstaid2026

Connect with ESQ Careers for more Information:

Career Coordinator Tarra: tclarke@sd61.bc.ca

Career Teacher Ms. Martinsen kmartinsen@sd61.bc.ca

Athletics:

X-Country:

X-Country is entering into the off season, but we will continue running Tuesday and Thursday after school (prepare for cooler weather and rain) and adding strength training sessions in the morning 7:30 am Monday and Thursday on school days.

Any questions email Sarah Thornber at sthornber@sd61.bc.ca

Girls Soccer Meeting:

Girls soccer meeting Jan 13th at 11:35 in the green room. Any girls, grade 9-12 interested in playing soccer this year please attend this meeting. Any questions please email Mr. Aris: baris@sd61.bc.ca



New Edition for Dockside Dispatch:

Here is the latest episode dockside dispatch #11!

https://www.youtube.com/watch?v=EzbaPgCeAnY&list=PLCGdjG1wUBBL_WnNrsPfUB96OHPiHLI4G&index=1



Youth Night



Youth Night will be starting October 2nd from 4:00 PM to 6:00 PM every Thursday at the NLC.



Come Join Us!

Mark your calendars! We have a lineup of events planned for everyone. All newcomer immigrant and refugee students in grades 8-12 registered in School District 61 are welcome to join us at the NLC (located at Victoria High School).



If you enjoy arts and crafts, games, and other fun activities planned by VIRCS staff and volunteers please contact enable@vircs.bc.ca for any questions.



Youth Night for newcomers at the NLC at Victoria High School on

Thursdays: I am delighted to announce that again this scholastic year VIRCS (Victoria Immigrant and Refugee Centre) and I are co-hosting a weekly **Youth Night (grades 8 - 12)** for newcomer immigrant and refugee youth at the NLC at Victoria High School. Youth Night will occur on **Thursdays beginning October 2 from 4:00 - 6:00 PM**. See above for a map of the NLC for your reference as well as a poster about the event. Yes, there will be pizza! 🍷 😊

Grade 8 – 12 newcomer immigrant and refugee students are welcome to register anytime for Youth Night with the QR Code on the poster or at the following email address: enable@vircs.bc.ca

Warmest regards,

Samantha Rubin (she/her)

District Multicultural Liaison Support Worker

Email: srubin@sd61.bc.ca Welcome Centre: (250) 475-4157



PEER TUTORING AT ESQUIMALT!



The Esquimalt High Peer Tutors are looking for students to help! All grades, all subjects! Use the bit.ly to make a request. Mrs Bjornson will connect with you within 1 or 2 days. Feel free to visit Mrs Bjornson in 211a if you have any questions. ✨ Peer tutoring services are FREE!

Does Your Student Drive to School?

Student drivers will need to **register** for a parking permit to park on school grounds. Please complete the parking permit application attached in full and return it to the office.



Supporting Our Students: Food Programs at Esquimalt

At Esquimalt, we believe that no student should go through the day hungry. Our **Breakfast and Lunch Programs** are here to support those facing financial hardship, ensuring they have access to nourishing meals. If your family can provide meals from home, we kindly ask that you leave these programs available for those who need them most.

For **everyone in our school community**, the **Rainbow Kitchen "Fridge of Love"** is always open! Students and staff are welcome to grab a snack—no questions asked, just kindness shared. 😊

Thank you for helping us take care of one another!

Student and Family Affordability Funding 2025-2026

For those families who require support with costs directly related to school, such as school fees, school supplies, field trips, school sports or school activities, we now have some limited funding available. Please contact Sarah Garr (Principal) at sgarr@sd61.bc.ca if you have any questions and/or would benefit from some support.

Parents' Advisory Council (PAC):

Our Parent Advisory Council (PAC) welcomes all parents and guardians to their meetings. **The next meeting is Jan. 12 at 6:45 pm.** The PAC is an important part of our school, and we value our partnership with our parents. A student's school experience is enriched when parents, staff and students are working together.

Health and Safety:



DROP-IN Youth Clinic

**TUESDAYS
11:30AM - 2PM
@ Medical Room**

Services include:

- ✓ Contraception (e.g. birth control)
- ✓ Emergency Contraception (e.g. Plan B)
- ✓ STI testing & treatment (sexually transmitted infections)
- ✓ Pregnancy tests
- ✓ Sexual decision making
- ✓ Free condoms & lube
- ✓ Immunizations

Need help NOW?
Scan QR code or visit www.SexAndU.ca

For more resources and other options to get care locally, visit SmartSexResource.com

FREE. Confidential. No judgement. Everyone is welcome.

island health

ESQ School Nurse

We have Youth Health Clinic at Esquimalt High on Tuesdays 1130-2 in the medical room. Students can access the nurse for general questions during breaks.

Services provided outlined below:

- **Contraception (birth control) dispensing**
- **Emergency Contraception dispensing (aka morning after pill)**
- **Referrals for IUDs**
- **Pregnancy testing (discuss options, referrals etc if needed)**
- **Sexually transmitted infection testing and treatment**
- **Urinary tract infection testing and treatment**
- **Immunizations**
- **Naloxone administration training and kits available**
- **Free condoms and lube**
- **Sexual health questions/educations**
- **Support following a sexual assault (either support accessing SA resources or can support myself)**

I quit for me

Are you thinking about
quitting or cutting down
on vaping or smoking?

*Delivered by QuitNow and developed by Health Canada with
the help of teens, organizations, and researchers.*

Sessions will go over the
health risks of nicotine use for
your mind and body, proven
quit methods, building your
quit plan, dealing with stress
without vaping or smoking,
and staying quit long-term.

Schedule

Begins February 3rd

Tuesdays, 7pm
45-minute Zoom
sessions

Age

13 - 18 years

Get a \$10 gift card for
every session attended

REGISTER NOW

Questions? Contact Beth Clark
clark@bclung.ca



quitnow **ca**

Cafeteria: The ESQ Café menu offers a hot lunch, salad and a variety of baked goods daily. The Café accepts cash and reloadable Café cards. Café cards can now be loaded through the student's account on School Cash On-Line.

CAFETERIA ESQ Café Menu – Jan. 12 - 16

Mon.	Roast beef, roasted garlic mashed potatoes, rosemary gravy, roasted vegetables
Tues.	Baja Style halibut taco, pico de gallo, pickled onion, chipotle crema
Wed.	Lasagna, beef or vegetarian served with garlic toast
Thurs.	Pork Schnitzel, roasted potatoes, braised cabbage and cranberry sauce
Fri.	Breakfast sandwich, house made chorizo sausage patty, egg, white cheddar, Calabrian chili aioli, served with house fried potatoes

Host an International Student



JOIN VICTORIA'S HOSTING COMMUNITY

Short Term Stays (2 weeks - 3 months) & Long Term Stays (5 months +)
Middle School Students & High School Students

\$1260 per month provided for student support (pro-rated for short term programs)



250-592-6871



homestay@sd61.bc.ca



www.studyinvictoria.com



Parent Connect: How to Check Report Cards online?

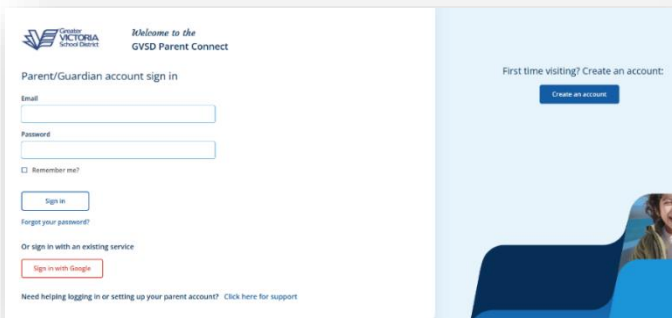
Our Learning Updates (Report Cards) are updated in the [Parent Connect Online System](#). The service reduces the amount of paper forms and allows parents and school staff to review a student's consent information on-demand.

Considering that 20% of the students in SD61 speak different languages than English and French, the service also includes Google Translate to support parents who prefer to communicate in other languages.

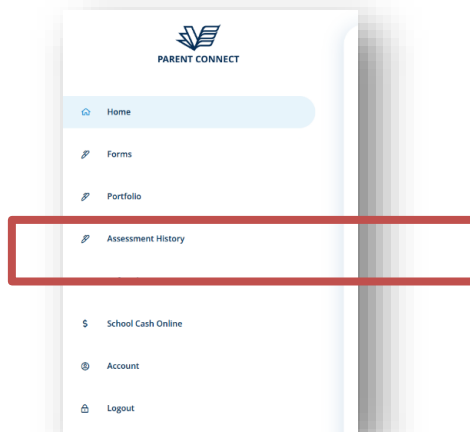
Paper copies will only be available **upon request** in person from the office.

How to create an account and access the system: [Parent Connect instructional video](#) or [PDF Instructions](#)

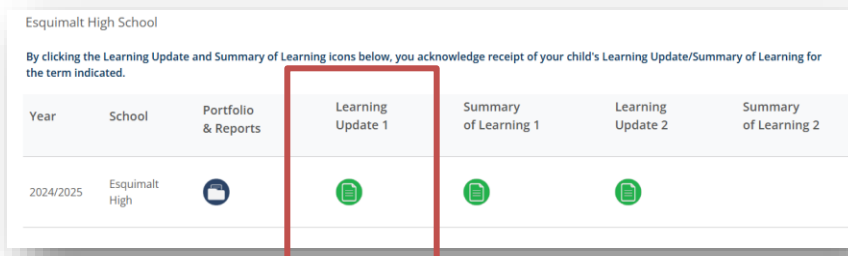
How to access to the Learning updates? Here are the steps



1. Log In to the system with your email and password or with your Google (Gmail) account.
2. If it is your first time, click in the blue bottom "Create an account".



3. On the left side panel click on Home. Click on the name of your student, if you only have one Student in the District.
4. Click on "Assessment History".



5. Click on **"Learning Update 1"**. A PDF file will download.
6. Check your Downloads file. Open the Report Card for your student.

Schedules will be viewable for Semester 2 as on January 19th

No paper schedules will be issued

Parent Connect: How to Check Your Student's Schedule?

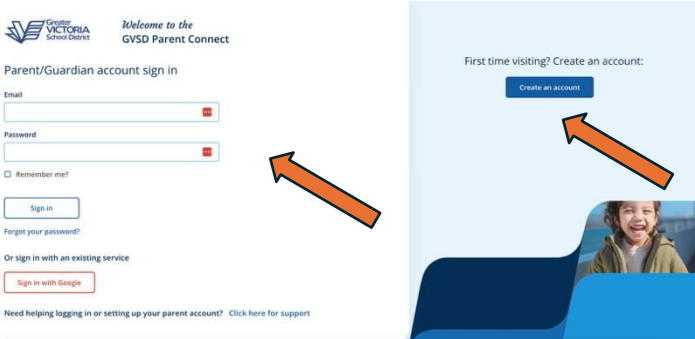
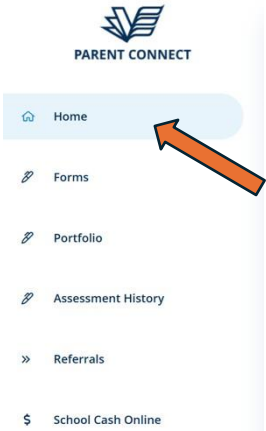

Parent/Guardians can access their student schedules through the [Parent Connect Online System](#). This service reduces the amount of paper forms and allows parents and school staff to review a student's consent information, learning updates and student schedules, on-demand.

How to create an account and access the system.

[Parent Connect instructional Video](#) or [PDF Instructions](#).

The service also includes Google Translate to support parents who prefer to communicate in other languages.

How to access student schedules? Here are the steps.

	<ol style="list-style-type: none">1. Log in to the system with your email and password or with your Google (Gmail) account.2. If this is your first time, click on "Create an account".
	<ol style="list-style-type: none">3. On the left side panel click on Home. You should now see the name of your student(s).
	<ol style="list-style-type: none">4. Click on 'Class Schedule' button, under your student's name. This will allow you to download their schedule.



SHARING OUR STORIES OF SUCCESS

Congratulations to Lavan, Frankie, and Stella for being recognized in the Esquimalt High Peer Tutoring "My Tutor Rocks! Recognition initiative. 🎉 🎓 🎉 For the last few weeks, students receiving help from a peer tutor have been nominating their tutor for this special honour. Each month, 3 new tutors will be recognized for their excellent work with their clients.



(Did you know that Esquimalt has over 30 peer tutors that are keen to help folks through their assignments, tests and overall understanding of course concepts? Please fill in the [bit.ly](https://bit.ly/esqtutorrequest) to request a tutor. We have a few available tutors right now— mostly available to help in grade 9&10 subjects— a few grade 11 subjects, as well. In semester 2, more subjects and grades will be available again— book your tutor right away for semester 2!) bit.ly/esqtutorrequest



SHARING OUR STORIES OF SUCCESS

Thank You!!!

We were incredibly grateful to accept a \$10,000 donation today from the Esquimalt Hockey Society in support of our turf field project! This generosity will support our student athletes, including our Rugby Academy students, and our community. What an amazing gift!



RUGBY

