



ESQUIMALT PARENT & STUDENT DOCKER

Nov. 24 – Nov. 28

Mon. Nov. 24		
Tues. Nov. 25	Model United Nations First Meeting	Room 330 at Lunch
Wed. Nov. 26	BC Post Secondary Day	
Thurs. Nov. 27	Mandatory GRAD Assembly: Go to Blk C for Attendance first	During Block C (45 mins)
Friday Nov. 28		

*Coming
Soon*

SAVE THE DATE

DEC. 2	Winter Music Concert Part 1
DEC. 4	Winter Music Concert Part 2
DEC. 5	Challenge Winter Social Gym & Cafe
DEC. 8	GRAD Photo Retakes
DEC. 9	GRAD Photo Retakes
DEC. 10	Early Dismissal 2:27pm

**PLEASE RETURN
FIELD TRIP
FORMS TO THE
OFFICE.**



New Edition for Dockside Dispatch:

Here is the latest episode of dockside dispatch!

https://youtube.com/playlist?list=PLCGdjG1wUBBL_WnNrsPfUB96OHPiHLI4G&si=B-5UAQP5jqAvAt_W

Host an International Student



JOIN VICTORIA'S HOSTING COMMUNITY

Short Term Stays (2 weeks - 3 months) & Long Term Stays (5 months +)
Middle School Students & High School Students

\$1260 per month provided for student support (pro-rated for short term programs)



250-592-6871



homestay@sd61.bc.ca



www.studyinvictoria.com



Join Victoria's Vibrant Hosting Community

The Greater Victoria School District's Homestay Program is looking for new host families.

- *Students come from around the world to participate in academic programming in Victoria's middle and high schools*
- *Homestays are needed for both short term stays (2 weeks – 3 months) and long term stays (5 months +)*
- *Host families provide a supportive and caring environment, along with 3 meals per day + snacks*
- *Training, homestay guidelines & 24/7 support is available from the homestay office*
- *Hosting an International Student is a wonderful opportunity for cultural exchange*
- *\$1260 per month is provided for student support*

For more information:

Website: www.studyinvictoria.com

Email: homestay@sd61.bc.ca

Phone: 250-592-6871



Pizza & Games
for Kids

BUILDING BELONGING: A COMMUNITY CONVERSATION ON INCLUSIVE EDUCATION

PRESENTED BY VCPAC *District Parent Advisory Council for SD #61*

Join Victoria Confederation of Parent Advisory Councils (VCPAC) and community partners to explore inclusive education in BC schools. Students, parents and caregivers in SD61 welcome at this free event.

TRACY HUMPHREYS

*Director of Operations, Family
Support Institute of BC*

CAROLYN HOWE

*President, Greater Victoria
Teacher's Association*

SEAN MCCARTNEY

*Director, Inclusive Learning
School District #61*

- ✓ What inclusive education means in BC schools today from School District #61
- ✓ Family perspectives and navigating challenges with Family Support Institute
- ✓ Teachers' insights on inclusive classrooms and partnerships home and school
- ✓ Open Q&A to share your questions and experiences



SIGN UP

<https://forms.gle/W3AT6k8Nn08EsGWZ>



27 NOVEMBER, 2025

06:45 PM - 8:30 PM



OAK BAY HIGH SCHOOL

2121 Cadboro Bay Rd

DOORS OPEN AT 6:15PM, PRESENTERS BEGIN AT 6:45PM

Rotary
Victoria-Saanich



**DEC. 6, 2025
10AM - 2PM**

**NEXT BOTTLE DRIVE
JAN. 10, 2026**

847 COLVILLE RD, ESQUIMALT



BOTTLE & TOY DRIVE



**PLEASE BRING BOTTLE DONATIONS TO HELP FUND OUR
HIGH SCHOOL ROBOTICS PROGRAMS
NEW, UNWRAPPED TOYS WILL BE DONATED THROUGH THE SALVATION ARMY**

❄️ Winter Challenge Social ❄️

Friday, December 5

6:30-9:30

*Food

*Music

*Games



In the cafeteria & gym

Theme is "Comfy & Cozy!"

ESQUIMALT HIGH SCHOOL'S

*12TH ANNUAL
GINGERBREAD
HOUSE SALE
FUNDRAISER*

**BROUGHT TO YOU BY THE
CULINARY PROGRAM
PROCEEDS GO TO CFX
SANTA'S ANONYMOUS**

HOUSE KITS \$20.00 EACH

ORDER AT:

<https://bit.ly/esqgingerbread25>



**ORDER DEADLINE
NOV. 30, 2025
SEE LINK FOR FULL DETAILS**



GRAD 2026



Extended to Nov. 28th

GRAD FUNDRAISER:

Get Your Coffee While
It is Available:



<https://sd61.schoolcashonline.com/Fee/Details/71944/140/False/True>



**ESQ GRAD
2026
COFFEE**

☺ \$23 A BAG - 400 GRAMS

October 29th - November 21st
THE STICK IN THE MUD COFFEE BEANS

<https://sd61.schoolcashonline.com/Fee/Details/71944/140/False/True>

Purchase - school cash online - or by order form from the office.
Pick-up from the main office December 8th - 19th.



**1ST
GRAD
MOVIE
NIGHT**

When: 6:00-9:00 PM
November 26th

Where: The school theatre
Bring your PJs and a
travel mug!

Fantastic Mr. Fox



GRAD Winter Formal \$45

Tickets on Sale by Office Nov 12- 26

Dec 18, 2025 6:30-10pm

Students must arrive by 7:30 or they will not be admitted

NO INS AND OUTS

NO SMOKING or VAPING on the venue property

This is a school event and our code of conduct applies to all students!

Address:

Delta Hotels Victoria Ocean Pointe Resort 100 Harbour Road

We are in the Harbour Room and will enter via the Harbour Foyer located on the Harbour side of the hotel. Come straight through the main lobby, down the stairs and the entrance is on your right hand side.



Parking: The hotel parking is \$8 - free parking available in the surrounding areas - or even better - get dropped off!!

Note:

This is APPETIZERS/Small Bites only, so have a meal before you arrive - lots of yummy food for all- but not enough for dinner for all - **please alert us to any allergies**

Dance!! Have fun!!!

WHO WE ARE AT ESQ

Esquimalt High school values **diversity, equity and inclusion**, ensuring that all students, staff and guests feel **safe and respected**. **Relationships** form the foundation of our school community – as such, we strive to create a culture that fosters **belonging and connection** to support **academic success and social-emotional well-being**.



DO's – How We Shine

- Show kindness, respect and inclusivity through our words and actions
- Take care of ourselves, our school and our community
- Arrive on time and ready to learn
- Use technology and resources responsibly, including storing cell phones out of sight unless permitted by the teacher
- Build a safe, welcoming space for everyone
- Choose words and actions that lift others up
- Make healthy choices for yourself and others
- Solve conflicts respectfully
- Be creative, original and honest in your work
- Express your ideas and opinions using respectful, polite and inclusive language
- Step in and speak out if you witness acts that don't align with who we are as a community



Reference: <https://esquimalt.sd61.bc.ca/student-info/code-of-conduct/>





DUAL CREDIT OPPORTUNITY: Early Learning & Care - STARTS January!

Students in Grade 11 or 12 who are interested in pursuing a Career in **Early Learning & Care** see Tarra or Ms. Martinsen in the Counselling Wing for more information.

Career Centre Coordinator: Tarra tclarke@sd61.bc.ca
Ms. Martinsen kmartinsen@sd61.bc.ca

SAVE THE DATE - POST-SECONDARY DAY

Wednesday November 26, 2025

BC Post Secondary representatives from Colleges, Universities & Technical Institutes will be at ESQ to answer questions about programs and admissions.

Grade 12 students: attend with your class during **Block A**

Grade 11 students: attend with your class during **Block B**

If you have any questions please contact Tarra Clarke tclarke@sd61.bc.ca

VOLUNTEER OPPORTUNITY

In-School Mentoring: Connecting High School Students with Young Learners

In-School Mentoring is a program offered through Big Brothers Big Sisters that runs throughout the school year on an ongoing basis:

- Each Volunteer Teen Mentor (14 years old and up) is paired with a child (Kindergarten to Grade 5) at a nearby elementary school.
- Mentors and mentees spend one hour together once per week at the school.
- Activities include connecting and sharing interests, playing games and sports, doing arts and crafts, etc.
- Mentors receive training and support.
- Mentors are provided with activity ideas and supplies for visits.

Connect with ESQ Careers for more Information or to Apply

Career Coordinator Tarra: tclarke@sd61.bc.ca | Career Teacher Ms. Martinsen kmartinsen@sd61.bc.ca

BC Careers Week — November 24–28, 2025

BC Careers Week is a province-wide celebration recognizing the importance of career education in schools across British Columbia.

Next week, our Careers Team will be hosting a series of activities to raise awareness about diverse career pathways and opportunities available to students.

For more information on high school career exploration opportunities, connect with the ESQ Careers Team:

Career Centre Coordinator: Tarra Clarke tclarke@sd61.bc.ca

Career Educator: Kristi Martinsen kmartinsen@sd61.bc.ca

Career Educator / Department Head: Ange Coutts acoutts@sd61.bc.ca

Athletics:

X-Country:

X-Country is entering into the off season, but we will continue running Tuesday and Thursday after school (prepare for cooler weather and rain) and adding strength training sessions in the morning 7:30 am Monday Wednesday and Friday on school days.

Any questions email Sarah Thornber at sthornber@sd61.bc.ca

Go Dockers!



NEW Model United Nations Club!

The Model United Nations Club is a student organization that simulates the real-world work of the United Nations. Members take on the roles of delegates representing different countries, debating global issues, and working together to find diplomatic solutions.

First meeting:

- **When:** Tue Nov 25th
- **Location:** Room 330
- **Time:** lunch



Robotics: **Saturday November 22nd** Esquimalt High is hosting robotics teams from around the city for a scrimmage. On **Saturday December 13** Esquimalt High will be hosting an official FIRST Technical Challenge Qualifier tournament for robotics teams from Vancouver Island (spectators welcome).



Youth Night



Youth Night will be starting October 2nd from 4:00 PM to 6:00 PM every Thursday at the NLC.



Come Join Us!

Mark your calendars! We have a lineup of events planned for everyone. All newcomer immigrant and refugee students in grades 8-12 registered in School District 61 are welcome to join us at the NLC (located at Victoria High School).



If you enjoy arts and crafts, games, and other fun activities planned by VIRCS staff and volunteers please contact enable@vircs.bc.ca for any questions.



Youth Night for newcomers at the NLC at Victoria High School on

Thursdays: I am delighted to announce that again this scholastic year VIRCS (Victoria Immigrant and Refugee Centre) and I are co-hosting a weekly **Youth Night (grades 8 - 12)** for newcomer immigrant and refugee youth at the NLC at Victoria High School. Youth Night will occur on **Thursdays beginning October 2 from 4:00 - 6:00 PM**. See above for a map of the NLC for your reference as well as a poster about the event. Yes, there will be pizza! 🍕

Grade 8 – 12 newcomer immigrant and refugee students are welcome to register anytime for Youth Night with the QR Code on the poster or at the following email address: enable@vircs.bc.ca

Warmest regards,
Samantha Rubin (she/her)
District Multicultural Liaison Support Worker
Email: srubin@sd61.bc.ca Welcome Centre: (250) 475-4157

bit.ly/esqtutorrequest

SIGN-UP FOR

PEER TUTORING

ALL SUBJECTS: ALL GRADES

bit.ly/esqtutorrequest

PEER TUTORING AT ESQUIMALT!

The Esquimalt High Peer Tutors are looking for students to help! All grades, all subjects! Use the bit.ly to make a request. Mrs Bjornson will connect with you within 1 or 2 days. Feel free to visit Mrs Bjornson in 211a if you have any questions.
💎 Peer tutoring services are FREE!

Supporting Our Students: Food Programs at Esquimalt

At Esquimalt, we believe that no student should go through the day hungry. Our **Breakfast and Lunch Programs** are here to support those facing financial hardship, ensuring they have access to nourishing meals. If your family can provide meals from home, we kindly ask that you leave these programs available for those who need them most.

For **everyone in our school community**, the **Rainbow Kitchen "Fridge of Love"** is always open! Students and staff are welcome to grab a snack—no questions asked, just kindness shared. 😊

Thank you for helping us take care of one another!

Student and Family Affordability Funding 2025-2026

For those families who require support with costs directly related to school, such as school fees, school supplies, field trips, school sports or school activities, we now have some limited funding available. Please contact Sarah Garr (Principal) at sgarr@sd61.bc.ca if you have any questions and/or would benefit from some support.

Parents' Advisory Council (PAC):

Our Parent Advisory Council (PAC) welcomes all parents and guardians to their meetings. **The next meeting is Jan. 12 at 6:45 pm.** The PAC is an important part of our school, and we value our partnership with our parents. A student's school experience is enriched when parents, staff and students are working together.

Does Your Student Drive to School?

Student drivers will need to **register** for a parking permit to park on school grounds. Please complete the parking permit application attached in full and return it to the office.



Health and Safety: [ESQ School Nurse](#)

We have Youth Health Clinic at Esquimalt High on Tuesdays 1130-2 in the medical room. Students can access the nurse for general questions during breaks.

Services provided outlined below:

- Contraception (birth control) dispensing
- Emergency Contraception dispensing (aka morning after pill)
- Referrals for IUDs
- Pregnancy testing (discuss options, referrals etc if needed)
- Sexually transmitted infection testing and treatment
- Urinary tract infection testing and treatment
- Immunizations
- Naloxone administration training and kits available
- Free condoms and lube
- Sexual health questions/educations
- Support following a sexual assault (either support accessing SA resources or can support myself)

Be Air Aware

... because we share the air

Scented products can aggravate health problems for some people, especially those with asthma, allergies and other medical conditions.

PLEASE
DO NOT wear perfume, cologne, aftershave and other fragrances.
USE unscented personal care products.

Greater VICTORIA School District

Recycle and Compost!

Improper waste management contributes directly to climate change through greenhouse gas emissions. A few amazing groups of ESQ students will be helping our planet by ensuring proper recycling, composting, and garbage disposal in our school. Do your part and help our planet by using the appropriate receptacles for getting rid of your waste!



COMPOST (for FOOD waste)!



RECYCLING (blue bins for CONTAINERS and BOTTLES!)

GARBAGE (for all other waste!)

Cafeteria: The ESQ Café menu offers a hot lunch, salad and a variety of baked goods daily. The Café accepts cash and reloadable Café cards. Café cards can now be loaded through the student's account on School Cash On-Line.

CAFETERIA ESQ Café Menu – Nov. 24 – Nov. 28

Mon.	Panang Curry Beef, jasmine rice
Tues.	Chorizo taco, tomatillo salsa, pickled cabbage, habanero crème
Wed.	Jerk Chicken, rice and beans, plantain chips
Thurs.	Harissa Couscous bowl, grilled vegetable, harissa grilled chicken thigh, cucumber mint yogurt
Fri.	Pork gyoza, ponzu, sushi rice, roasted sesame broccolini



Rotary
Victoria-Saanich



BOTTLE DRIVE

10 am – 2 pm
847 Colville Road

Interact 

Saturday, 1 November 2025
1000 x 5 – pre-school Literacy



Saturday, 6 December 2025
Atom Smashers Robotics



Saturday, 10 January 2026
Atom Smashers Robotics

Parent Connect: How to Check Report Cards online?

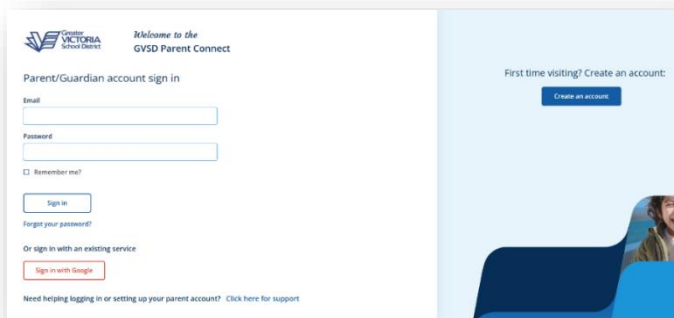
Our Learning Updates (Report Cards) are updated in the [Parent Connect Online System](#). The service reduces the amount of paper forms and allows parents and school staff to review a student's consent information on-demand.

Considering that 20% of the students in SD61 speak different languages than English and French, the service also includes Google Translate to support parents who prefer to communicate in other languages.

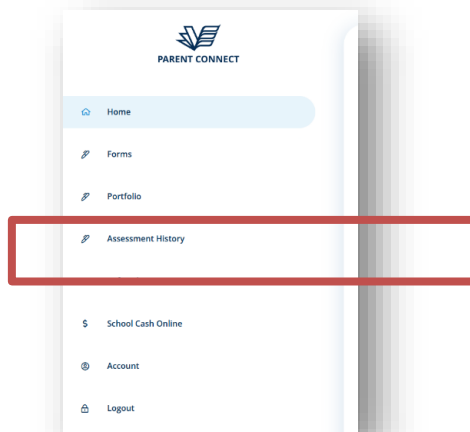
Paper copies will only be available **upon request** in person from the office.

How to create an account and access the system: [Parent Connect instructional video](#) or [PDF Instructions](#)

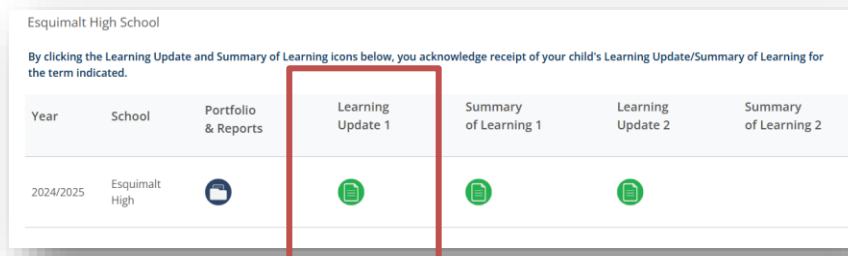
How to access to the Learning updates? Here are the steps



1. Log In to the system with your email and password or with your Google (Gmail) account.
2. If it is your first time, click in the blue bottom "Create an account".



3. On the left side panel click on Home. Click on the name of your student, if you only have one Student in the District.
4. Click on "Assessment History".



5. Click on **"Learning Update 1"**. A PDF file will download.
6. Check your Downloads file. Open the Report Card for your student.



SHARING OUR STORIES OF SUCCESS



Thank You!

Thank you to Elizabeth Wald (Gr. 12) and Owen Olsson (Gr. 10) for representing Esquimalt High, along with Alumni Mr. Barry Scott, by laying a wreath at the November 11th Remembrance Day Ceremony this year. We are grateful for the ongoing support of our Alumni as well as the connection they provide to our history at the school and in our community.



Congratulations!

A big congratulations to our senior girls' volleyball team who not only hosted the island championships this past weekend but went undefeated and won first place! They are your AAA Girls' Volleyball Island Champions! 🏆

Dockers Rock!!