

MT Washington Alpine Resort Assumption of Risks:

*I am aware that skiing, snowboarding, Nordic skiing, ski boarding and snowshoeing involve risks, dangers and hazards and that injuries are a common and ordinary occurrence of these sports.

Skiing: I understand that the ski boot/binding system may not release during every fall or may release unexpectedly. The ski boot/binding system is no guarantee that the user will not be injured.

Snowboarding, /Nordic/Telemarking/Ski board/Snowshoe: I understand that the boot/binding system is not designed or intended to release and will not release under normal circumstances. I understand that as the boot/binding system is a non-release system this system will not reduce the risk of injury during a fall and will increase the risk of not surviving an avalanche.

Helmets: I understand that a helmet designed for RECREATIONAL SNOW SPORTS use will help reduce the risk of some types of injuries to the user at slower speeds. I recognize that serious injury or death can result from both low and high energy impacts, even when a helmet is worn.

Parent Signature

Student Signature _____

Checklist:

- I have submitted the signed SD61 permission form to the office
- I have completed to Mt. Washington Google Form
- I have signed the above Assumptions of Risk along with a parent.
- Payment will be made on School Cash online as soon as possible

Itinerary (subject to change):

When: March 13th, 2025

Where: Mt. Washington Resort

Depart: Leave Esquimalt at 5.45 am sharp. Be sure to get there by 5.15 am. Loading at 5.30 am (Vancouver Island Charter Bus)

Arrival: Approximately 9 am at the Resort

- Beginner Lessons are at 11am
- Intermediate & Advanced lessons are at 1:30pm
- The bus will load back up at 2:45 pm from Mt. Washington and departs the mountain at 3:15 pm.

Return: Arrive back to the school approximately at 6:30 pm