



Esquimalt Parent & Student Docker

Nov. 4 – Nov. 8

moment is a fresh beginning"

Happy Novemeber

Mon. Nov. 4		
Tues. Nov. 5	Deadline for <u>Winter Plant Fundraiser</u>	See Below & See attached Order Form
Wed. Nov. 6		
Thurs. Nov. 7	ESQ Student Advisory Council (All Welcome)	Room 224 Lunch Hour
Fri. Nov. 8	Remembrance Day Assembly Poppies Given out in A Block 9-9:45am – Assembly 1 10:20am – Assembly 2	Gym Gym

Save the Date

- Nov. 11: Remembrance Day Stat No Scheduled Classes
- Nov. 13: Early Dismissal 2:27PM
- Nov. 13: Choir & Musical Theatre Vocal Clinic 3:30 to 5:30pm



**Student Verification
Forms and Field
Trip Forms
Please Return to
School Office**

IMPORTANT REMINDER:

**Daylight Savings Ends on Saturday SO...Fall Back 1 Hour on
Sunday Nov. 3rd**





Remembrance Day Assemblies

We will be having two Remembrance Day Assemblies on Friday Nov 8th.

Assembly 1: 9-9:45am - in the Gym

Assembly 2: 10:20am -11:05am - in the Gym

Poppies will be handed out to students in their Block A classes.

A slideshow presentation recognizing ESQ families that have been impacted by war and conflict will be shown. **If you/your family would like to contribute a photo and caption, please email them to: svanderputten@sd61.bc.ca by Nov 6th.**

Kindly,

Thank you,

Sonja van der Putten, (she/her/s)

Vice Principal

IMPORTANT GRAD INFORMATION: Attention GRAD families!

See important information about grad below.

Grad Family Meeting: November 6 at 6:30 PM in the library

Light refreshments provided

Information about the grad year, how to get involved and fundraising opportunities

Hosted by Tim Zemanek and Ally Hoffman

Important Dates:

December: Winter Formal - December 19th

Tickets on sale in November

May: Grade 12 Capstone Presentations - May 21st

June 2024- Grad events

- ESQ GRAD Recognition Ceremony Monday June 2, 2025 UVIC Farquhar Auditorium
 - Tickets on sale in Spring (6 per family- this MAY increase to 8**)
- Dinner dance June 21

GRAD ASSEMBLIES:

All the upcoming assemblies will have a newsletter to bring home

Dates *subject to change*

Nov 20- 1pm in to focus

- GRAD Status letters will be coming when term one marks are in (November) you will get a letter about whether or not your child is in a position to graduate

Feb 19-1pm in to focus

April 30-1pm in to focus

May 28- 1pm to focus

May 30- BLOCK D

June 2- Rehearsal at UVIC- grads away all day

Grad Wear will be going on sale next week! Stay tuned for details. This will be the ONLY grad wear sale this year so don't miss out! Sales will be in person and ONLINE via School cash online.

Ally Hoffman, CounsellorÉcole Secondaire Esquimalt High School





ESQ GRAD 25 COFFEE

\$22 - 400G BAG

OCT 23 - NOV 30TH

The Stick in the Mud Coffee Beans

PURCHASE ONLINE OR BY ORDER FORM FROM THE OFFICE
PICK-UP FROM ESQUIMALT HIGH SCHOOL DEC 9 -20

ATOM SMASHERS And ROTARY



-BOTTLE DRIVE!-

Email esqatomsmashers@gmail.com to arrange doorstep pickup (9AM - 10:30AM)

Pick Up



Drop Off



NOV 2 10 AM - 2 PM

> Esquimalt High <

847 Colville Rd, Victoria, BC V9A 4N9

UPCOMING BOTTLE DRIVE - SAT DEC 7

ESQUIMALT HIGH SCHOOL'S

11TH ANNUAL GINGERBREAD HOUSE SALE FUNDRAISER

BROUGHT TO YOU BY THE CULINARY PROGRAM
PROCEEDS GO TO CFAX SANTA'S ANONYMOUS

HOUSE KITS \$20.00 EACH

ORDER AT
BIT.LY/ESQGINGERBREAD24



ORDER DEADLINE
DECEMBER 1, 2024
SEE LINK FOR FULL DETAILS



ESQUIMALT ATOM SMASHERS

Have you been considering a career
in police services?

Police Camp

Spring Break
March 15-22, 2025

8 day leadership program for students in
Grade 10, 11 or 12.

- leadership development
- daily physical training
- day and night police scenario simulations
- Social responsibility and life skills

Applicant interviews will be held the
second week of December, 2024

Apply today with your Career Centre.
Applications due: November 15th, 2024

One Learning Community 

tclarke@sd61.bc.ca



NOL

— night of lights —

SUNDAY, NOVEMBER 24 ♦ 6:00 PM - 9:30 PM

When you purchase a \$5.00 ticket to Hillside Centre's special evening, **Night of Lights**, 100% of the proceeds support local charities in your community. It also buys you a special evening event like no other!

THE EVENING INCLUDES:

- Great Prizes including 1 of 5 **\$1,000 Shopping Sprees!**
- Tasty Treats
- Musical Entertainment
- Fabulous In-Store Discounts

For tickets or information,
CONTACT:
tokeeffe@sd61.bc.ca

Money we raise through ticket sales
WE SUPPORT:
Esquimalt Atom Smashers

Limited number available.
Entrance to the special evening is for
ticket holders ONLY, so tell your friends!

HILLSIDE
style. LIVES HERE.

FOR MORE INFO VISIT
hillsidecentre.com

\$5.00
Get your NOL
tickets today!

ESQ CAREER OPPORTUNITIES: POLICE CAMP

Have you been considering a career in police services?

Spring Break | March 15 - 22, 2025 | St. Margaret's School

8 day leadership program for students in Grade 10-12

- Leadership development
- Daily physical training
- Day and night police scenario simulations
- Social responsibility and life skills

Contact ESQ Careers if you would like to apply: Applications
Due **November 15, 2024**

ESQ Careers: Ken Henderson khenderson@sd61.bc.ca or Tarra

REMINDERS:

Ask first.



Reminder about taking photos and filming at Esquimalt:

CONSENT is important. BEFORE taking a student or staff members' photo or filming, you must ask for permission first.

ALL SUBJECTS/PROOFREADING
SERVICES AVAILABLE

**ESQ Peer Tutors are
here to help!**

bit.ly/esqtutorrequest

**ESQUIMALT
STUDENT ADVISORY
COUNCIL
1ST THURS. OF
EACH MONTH
ROOM 224**

Everyone welcome!
**Your
VOICE
MATTERS**
No experience needed!



FINE ARTS: Winter Plant Fundraiser

The Esquimalt Music Program is doing our annual Winter Plant Fundraiser. Poinsettias, wreaths, and other festive indoor plants are available through music students or by contacting esquimaltmusicparents@gmail.com. 100% of the profits from each students' sales will go to their individual music account, which can be used by the student for music related activities like instrument supplies, private lessons or school music trips. **Orders and payment due on November 5th at 12pm.** Thanks for supporting our music program!

See attached for the order form.

Thanks!

Kaehlen Allison (she/her), Music Teacher

CAREERS:



EducationPlannerBC invites parents, families, and student supporters to join our virtual presentation on Wednesday, November 13th, 2024.

Learn about post-secondary education and career opportunities, as well as tools to best support your student in planning for their future. The information will be especially helpful for families with students in grades 10-12. Come explore our website! Search thousands of programs, get to know trades, and discover career paths. Find helpful resources, including financial aid options, admission requirements, FAQs, and the Glossary. Learn how to create an account, save programs, paths, and careers to My List, and apply to post-secondary in B.C.

DATE: Wednesday, November 13, 2024
TIME: 6:30 pm– 7:45 pm

PLEASE NOTE: Registration is required. The session will be on **MS Teams**.
Register [here](#).

Resources for Parents

- [Parents & student supporters page](#) Discover post-secondary

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Come explore our website! Search thousands of programs, get to know trades, and discover career paths. Find helpful resources, including financial aid options, admission requirements, FAQs, and the Glossary. Learn how to create an account, save programs, paths, and careers to My List, and apply to post-secondary in B.C.

[Register here](#)

EducationPlannerBC with SD 61, 62, 63, 64- South Island and Gulf Islands
Wednesday, November 13, 2024
6:30 – 7:45 p.m.

Register using the QR code or by clicking the link [here](#).
Registration is required. The session will be on MS Teams.



For more information: support@educationplannerbc.ca

Visit our Parents & student supporters page for helpful resources:
www.EducationPlannerBC.ca/parents



 EducationPlannerBC

www.EducationPlannerBC.ca

education and career resources for families to support their students in planning for their future.

- [French students page](#) Explore opportunities in French at post-secondary in B.C., including options to continue studying in French after high school, bursaries & awards, and career resources.
- Join our presentations this fall at BC School Counsellor Association (BCSCA) October conference, Career Education Society (CES) November conference, and Education Career Fairs (ECF) Learning Lounge.

2024 open house

NOVEMBER 2, 11am - 3pm
INTERURBAN CAMPUS

CAMOSUN COLLEGE | Your path to **success.**

Camosun College Open House 2024 is

happening on November 2!

Date: Saturday November 02, 2024

When: 11am-3pm

Location: Interurban Campus

This school-wide event invites future students and community members to connect with faculty and students, engage in hands-on activities, and explore our programs.

There will also be campus tours, admissions info sessions, an alumni panel, and much more. Students, staff, and instructors from across the college will be available to answer questions. Parking is free for the day and you can end your day at a free Camosun Charger's Volleyball game!

DUAL CREDIT COURSES IN HEALTH

GET A JUMP START INTO THE FOLLOWING FIVE HEALTH PROGRAMS

- HEALTH CARE ASSISTANT
- PRACTICAL NURSING
- CERTIFIED MEDICAL LAB ASSISTANT
- MEDICAL OFFICE ASSISTANT
- MEDICAL RADIOGRAPHY

TUITION IS SPONSORED BY YOUR SCHOOL DISTRICT

PNUR 101
Anatomy & Physiology
PRE-REQUISITE: C IN ASP 12

MOA 155
Medical Terminology
CO-REQUISITE: ENG 12

HEALTH 111
Indigenous Peoples Health
PRE-REQUISITE: C IN ENG 12

MLAB 139
Pre-Analytcs & Laboratory Principles
CO-REQUISITE: ASP 12 WITH MINIMUM B IN A SCI 11

MOA 155 is part of the Medical Office Assistant Program and is a pre-req for Certified Medical Lab Assistant / Medical Radiography / Diagnostic Medical Sonography.

This course requires weekly on-campus labs (Friday afternoon) + weekly online lessons. MLAB 139 is part of the Certified Medical Lab Assistant Program.

PNUR 101 is a pre-req for the Practical Nursing Program.

Health 111 is part of the Mental Health & Addictions Program / Educational Assistant & Community Support Program / Early Learning & Care Program / Community, Family & Child Studies Program.

FOR MORE INFORMATION TALK TO YOUR SCHOOL BASED CAREERS TEAM

ESQ Careers Opportunities:

For More Information contact ESQ Careers Team

Tarra : tclarke@sd61.bc.ca

Mr. Henderson: Khenderson@sd61.bc.ca

Health DUAL CREDIT

Grade 12 students are you interested in taking a Health Dual Credit course in Semester 2?

See ESQ Careers Team for more information/application

Student Connect:

GVSD Student Connect allows students to review privacy information and choose which online digital services they consent to use. Students should review their current consent items at the start of each school year.

New items can be added at any time (for example if a student needs access to a service in Gr. 11 that they did not need previously). Consent can also be revoked at any time if a student is misusing technology.

Important consent items in Student Connect include:

- School Yearbook and In-School Photo/Video Consent
- School and School District Media Consent
- Broadcast Media Consent
- Student Acceptable Use of Technology

Permissions for Digital tools:

- Google Workspace for Education
- Adobe Creative Cloud
- MyBlueprint
- Canva

Student Connect: <https://studentconnect.sd61.bc.ca/>

Parent Connect:

Parent Connect is an online service developed by the Greater Victoria School District to expedite consent requests and access Learning Updates (report cards). The service reduces the amount of paper forms and allows parents and school staff to review a student's consent information on-demand. The service also includes Google Translate to support parents who prefer to communicate in languages other than English.

Learning Updates (report cards) are shared digitally with both parents and students through Parent Connect and Student Connect.

Starting in Q2, all Learning Updates will only be shared via Parent Connect and Student Connect. Paper copies of Learning Updates will only be available upon request.

Please click on the link below for information on how to create an account and access Parent Connect. When you access the account, student Learning Updates will be available as a pdf document.

[Parent Connect instructional video](#) and link to the portal.
[PDF Instructions for how to access Parent Connect](#)

Student and Family Affordability Fund:

In March 2024, the Ministry of Education and Child Care provided districts with additional **one-time Student and Family Affordability Funds (SFAF)**. The Student and Family Affordability Fund is intended to support families with costs associated with going to school that they may be struggling to pay. The aim is to make life more affordable for families who are temporarily facing financial challenges and need temporary assistance with the current cost of school supplies and education-related fees. The funds will be provided in as flexible, private and stigma-free manner as possible.

Funding use includes, but is not limited to:

1. Goods:
 - Providing basic school supplies that might otherwise be purchased by parents, guardians, and students (e.g., pens, paper); and
 - Supporting with clothing/footwear required for school sports or other school activities.
2. Fees:
 - Waiving education-related fees (e.g., additional supplies for shop, culinary and craft classes, workbooks, camps, field trips, relevant cultural events, other student society meetings including those related to equity, diversity, and inclusion, and instrument and equipment fees or other fees charged by school districts); and
 - Fees for school sports and other school activities.

If your family or student have any questions or require support, please reach out to Sarah Garr (Principal) by phone or email sgarr@sd61.bc.ca

*Need a counselling
appointment?*

Scan the QR code below or
email us directly for an appointment.



SCHOOL BASED COUNSELLORS

Personal counselling, course changes, post-secondary and academic advising.

Allyson Hoffman (she/her)

(A to K): ahoffman@sd61.bc.ca *Monday to Friday

Anastasia Andrews (she/her)

(L to Z): aandrews@sd61.bc.ca *Monday to Friday

INTERNATIONAL STUDENT ADVISING

Tim Zemanek (he/him): tzemanek@sd61.bc.ca

YOUTH & FAMILY COUNSELLORS (YFC)

Personal and family counselling. **NOT COURSE CHANGES.**

Bob Beattie (he/him): bbeattie@sd61.bc.ca *Monday to Wednesday

Michaela Louie (she/her): mlouie@sd61.bc.ca *Tuesday to Friday

Akki Mackay (they/them): akmackay@sd61.bc.ca *Monday to Thursday



Are you interested in Programming? Photography? Graphic arts?
Marketing? Game strategy? Social media and/or web design?
If so...

COME JOIN ESQ'S
ROBOTICS
TEAM

ESQ'S
ATUM
SMASHERS
2025-2026

Meetings afterschool on Mondays,
Wednesdays, and Thursdays @ Room 221.

**There is still time to register for this trip! ✈️
MAY 2025**



CAFETERIA: The Esq Café

menu offers a hot lunch, salad and a variety of baked goods daily.

Lunch \$7.00

Salad \$5.00

Baked Goods range from \$1.50-\$5.00

The Café accepts reloadable cafeteria cards and cash.

Cafeteria Cards will be available to purchase on [School Cash Online](#) September 14, 2024. Cards purchases or re-loads will be ready for pickup at 11:30am in the office one business day after purchase. If you have a card from last year please bring it to the Accounts Office so it can be reactivated.

**What's on the Menu?
ESQ Café – Nov. 4 to Nov. 8**

Mon.	Beef Dip, au Jus, Caesar salad
Tues.	Fish and chips, house tartar, coleslaw
Wed.	Yam gratin, braised cabbage, pork chop and spiced pear sauce
Thurs.	Crispy pork belly, white bean cassoulet, roasted broccoli, charred orange demi glace
Fri.	Vegetarian Pakora, mango chutney, mint raita



We had a great afternoon at Silver Rills pumpkin patch. Student behavior was awesome. We 'tried' to get lost in a very muddy corn maze!

Scary Halloween Hallows at Esquimalt High School Dance





Green Card - Fair Play Award Winner 2024

Esquimalt High School

On behalf of all the referees in Greater Victoria, we congratulate Esquimalt on winning the Green Card (Fair Play) trophy for 2024.

This trophy is awarded to the school who demonstrated the best Fair Play or sportsmanship. During the season, they received a record 10 Green Cards. But not only

that, the school did an excellent job as a host by having trained scorekeepers and line judges that made the referees' job easier.

As the volleyball season wraps up, let me also thank all teams as we had zero major incidents. The Greater Victoria schools are leading the way in demonstrating good sportsmanship on and off the court.

To all teams heading on the Island or BC Championships we wish you all good luck and know you will represent Victoria well.

Mark Lindal

Vancouver Island Volleyball Referee Chair



PAC Fundraiser “Save a Tape”!



Youth Health Clinic

Tuesdays from 11:30-2:00
Esquimalt High
in the Office Medical Room

Confidential services provided by a Public Health Nurse:

- ✓ Birth Control
- ✓ Emergency Contraceptive
- ✓ Pregnancy testing and options
- ✓ Sexually Transmitted Infection testing & treatment
- ✓ Sexual decision making and relationships
- ✓ Immunizations
- ✓ Naloxone kits
- ✓ Free condoms



care-for everyone, everywhere, every time

island health