



Esquimalt Parent & Student Docker

Oct. 7 – Oct. 11

moment is a fresh beginning”

Happy October!!

Mon. Oct. 7	Online Parent Teacher Meeting Bookings open	See Below for Details
Tues. Oct. 8	Online Parent Teacher Meeting Bookings open	See Below for Details
Wed. Oct. 9	Online Parent Teacher Meeting Bookings Early dismissal	Closes at Noon 2:27 pm
Thurs. Oct. 10	Parent Teacher Meetings at the school See below for adjusted bell schedule	Gym and/or Cafeteria 3:00 – 5:00, 5:30 – 7:30
Fri. Oct. 11		



Save the Date

- October 14th: Thanksgiving Stat no scheduled classes
- Oct. 17: Grad Surf Trip Leaving at 8am
- Oct. 17: Earthquake Shake Out
- Oct. 18: Grad Surf Trip
- Oct. 18: ESQ Band Instrument Masterclass/Clinic
Evening 4-7pm
- Oct. 19: Grad Surf Trip



Keep Those Student Forms Coming In!

**Student Verification Form &
Blanket Field Trip Form and one Parent Letter**

Please update and sign, then **Student Verification** and **Blanket Field Trip** Forms are to be returned to
B Block Teacher or Office.

Thank you!!

October 10th Bell Schedule Change For Parent Teacher Meetings:

A Block	8:50-10:00
B Block	10:05-11:15
Lunch	11:15-11:50
C Block	11:50-1:00
D Block	1:05-2:15

Reminder for Ordering School Photos:



If you would still like to order school photos, please bring the orders in as soon as possible to the office.
Thank you!!



Online Booking for Parent-Teacher Meetings **NOW Open** until noon Oct. 9

When booking please note:

- * You will book one appointment at a time – you need to go through the process below for each teacher you want to book with
- * The Parent Teacher Meetings will be in the Gym and Cafeteria
- * **Booking closes at noon on Wednesday October 9th.**

If you require assistance with booking, please contact the office at 250-382-9226.

Video Instructions: <https://www.youtube.com/watch?v=wLbr8vhNvYo>

Step by step:

1. Click on the following link:<https://outlook.office365.com/book/EsquimaltHighSchool@gvsd61.onmicrosoft.com/>
2. Click on the selection box according to teacher's last name
3. Click in the section "Select Staff (Optional)" on the drop down arrow to find the teacher's name
4. Click on the interview time you prefer
5. Go to: Add your details and add: Name, Email, Phone Number
6. Go to: Provide additional information Enter your student's name
7. Click the Have Read box reminders that you have selected the teacher you want to meet with
8. Click 'Book' to complete process

NOTE – repeat process for each teacher you are booking with.



ESQ CAREER OPPORTUNITIES:

HEALTH EXPLORATION DAY @ Camosun
ESQ Careers will be taking interested students to an Open house at Camosun to learn about Dual Credit Pathways in various Health Programs. Including Practical Nursing, Health Care Assistant, Medical Radiography & Certified Medical Lab Assistant

Health X Day

WHEN: Wednesday October 16, 2024 | 9:30 - 12:30

WHERE: Camosun College Interurban's Center for Health & Wellness

WHO: Open to Grade 10 & 12 Students - Seats are limited

Interested in attending the Open house?

APPLICATIONS DUE: October 09, 2024

Connect with ESQ Careers for more Information/Application

Career Coordinator Tarra: tclarke@sd61.bc.ca |

Career Teacher Mr.

Henderson: khenderson@sd61.bc.ca

POLICE CAMP

Have you been considering a career in police services?
Spring Break | March 15 - 22, 2025 | St. Margaret's School

8 day leadership program for students in Grade 10-12

- Leadership development
- Daily physical training
- Day and night police scenario simulations
- Social responsibility and life skills

Contact ESQ Careers if you would like to apply: Applications Due **November 15, 2024**

ESQ Careers: Ken Henderson khenderson@sd61.bc.ca or

Tarra tclarke@sd61.bc.ca

Elections BC: Youth at the Booth

High School students are being hired for short term jobs centered around the October 2024 election!

To learn more information or to apply check out the following link <https://elections.bc.ca/news/youth-at-the-booth/>



HEALTH EX DAY
COME TO CAMOSUN TO EXPLORE DUAL CREDIT PATHWAYS IN VARIOUS HEALTH PROGRAMS INCLUDING PRACTICAL NURSING, HEALTH CARE ASST, MEDICAL RADIOGRAPHY & CERTIFIED MEDICAL LAB ASST

COURSES & PROGRAMS START JANUARY 2025

HEALTH EX DAY
WEDNESDAY OCTOBER 16
9:30 - 12:00PM

Camosun Interurban Campus
4461 Interurban Rd

Alex & Jo Campbell Centre for Health & Wellness (CHW)
Social Stairs - Level 1

Get a jump start on your Health career program with individual courses OR the first term of your diploma program.

JAN 2025 COURSE OPTIONS:

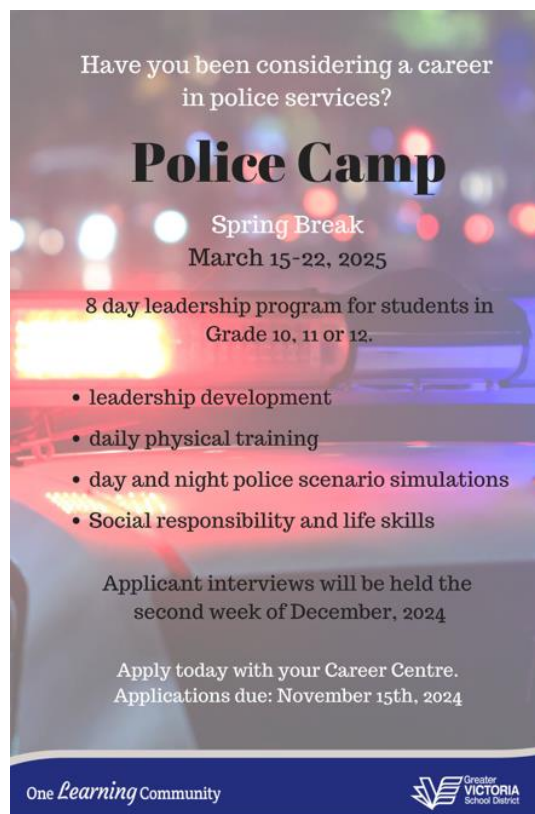
PNUR 101: Anatomy & Physiology
Online & Synchronous

HLTH 111: Indigenous Peoples Health
Online & Synchronous

MLAB 139: Pre Analytics & Lab Principles
Blended. Online and On-Campus

MOA 155: Medical Terminology
Online & Asynchronous

For more information email sip@camosun.ca or talk to your school Career Coordinator



Have you been considering a career in police services?

Police Camp

Spring Break
March 15-22, 2025


8 day leadership program for students in Grade 10, 11 or 12.

- leadership development
- daily physical training
- day and night police scenario simulations
- Social responsibility and life skills

Applicant interviews will be held the second week of December, 2024

Apply today with your Career Centre.
Applications due: November 15th, 2024

One Learning Community



FINE ARTS:

TURN THE MUSIC UP!

Sign up to volunteer for the 2024-2025 season of EMPA
(that's the Esquimalt Music Parents Association).

We add **special flavor** to the music program.

Don't like fundraising? No problem! Other easy work available.

Only have 2 hours to volunteer this whole year? Still welcome!

Please contact Claire.E.Lewis.BC@gmail.com for more info.

Student Connect:

GVSD Student Connect allows students to review privacy information and choose which online digital services they consent to use. Students should review their current consent items at the start of each school year.

New items can be added at any time (for example if a student needs access to a service in Gr. 11 that they did not need previously). Consent can also be revoked at any time if a student is misusing technology.

Important consent items in Student Connect include:

- School Yearbook and In-School Photo/Video Consent
- School and School District Media Consent
- Broadcast Media Consent
- Student Acceptable Use of Technology

Permissions for Digital tools:

- Google Workspace for Education
- Adobe Creative Cloud
- MyBlueprint
- Canva

Student Connect: <https://studentconnect.sd61.bc.ca/>

Parent Connect:

Parent Connect is an online service developed by the Greater Victoria School District to expedite consent requests and access Learning Updates (report cards). The service reduces the amount of paper forms and allows parents and school staff to review a student's consent information on-demand. The service also includes Google Translate to support parents who prefer to communicate in languages other than English.

Learning Updates (report cards) are shared digitally with both parents and students through Parent Connect and Student Connect.

Starting in Q2, all Learning Updates will only be shared via [Parent Connect](#) and [Student Connect](#). Paper copies of Learning Updates will only be available upon request.

Please click on the link below for information on how to create an account and access Parent Connect. When you access the account, student Learning Updates will be available as a pdf document.

[Parent Connect instructional video](#) and link to the portal.
[PDF Instructions for how to access Parent Connect](#)

Student and Family Affordability Fund:

In March 2024, the Ministry of Education and Child Care provided districts with additional **one-time Student and Family Affordability Funds (SFAF)**. The Student and Family Affordability Fund is intended to support families with costs associated with going to school that they may be struggling to pay. The aim is to make life more affordable for families who are temporarily facing financial challenges and need temporary assistance with the current cost of school supplies and education related fees. The funds will be provided in as flexible, private and stigma-free manner as possible.

Funding use includes, but is not limited to:

1. Goods:
 - Providing basic school supplies that might otherwise be purchased by parents, guardians, and students (e.g., pens, paper); and
 - Supporting with clothing/footwear required for school sports or other school activities.
2. Fees:
 - Waiving education-related fees (e.g., additional supplies for shop, culinary and craft classes, workbooks, camps, field trips, relevant cultural events, other student society meetings including those related to equity, diversity, and inclusion, and instrument and equipment fees or other fees charged by school districts); and
 - Fees for school sports and other school activities.

If your family or student have any questions or require support, please reach out to Sarah Garr (Principal) by phone or email sgarr@sd61.bc.ca

School Attendance

Regular attendance is necessary for success at Esquimalt High School. Please call 250-382-9223 and leave a message on the 24-hour voice mail if your student will be absent from school. Unexcused absences will affect achievement and excessive absenteeism may result in the student being withdrawn from courses.

Need a counselling appointment?

Scan the QR code below or email us directly for an appointment.



SCHOOL BASED COUNSELLORS

Personal counselling, course changes, post-secondary and academic advising.

Allyson Hoffman (she/her)

(A to K): ahoffman@d61.bc.ca *Monday to Friday

Anastasia Andrews (she/her)

(L to Z): aandrews@d61.bc.ca *Monday to Friday

INTERNATIONAL STUDENT ADVISING

Tim Zemanek (he/him): tzemanek@d61.bc.ca

YOUTH & FAMILY COUNSELLORS (YFC)

Personal and family counselling. NOT COURSE CHANGES.

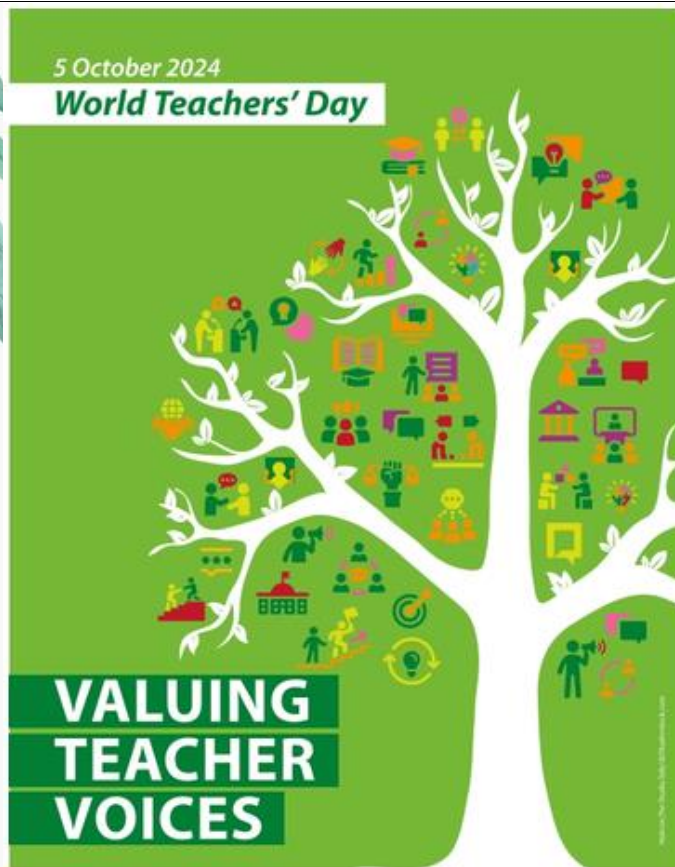
Bob Beattie (he/him): bbeattie@d61.bc.ca *Monday to Wednesday

Michaela Louie (she/her): mlouie@d61.bc.ca *Tuesday to Friday

Akki Mackay (they/them): akmackay@d61.bc.ca *Monday to Thursday

5 October 2024

World Teachers' Day



ATOM SMASHERS

And ROTARY



-BOTTLE DRIVE!-

Email esqatomsmashers@gmail.com to arrange doorstep pickup (9AM - 10:30AM)

Pick Up



Drop Off



OCT 5 10 AM - 2 PM

> Esquimalt High <

847 Colville Rd, Victoria, BC V9A 4N9

Are you interested in Programming? Photography? Graphic arts? Marketing? Game strategy? Social media and or web design? If so...

COME JOIN ESQ'S

ROBOTICS

TEAM



Meetings afterschool on Mondays, Wednesdays, and Thursdays @ **Room 221**.



Thank you to staff and students for joining us in our recognition ceremonies today for Orange Shirt Day and the National Day for Truth and Reconciliation. We are grateful for the opportunity to come together to learn, reflect and commit to moving forward on this journey. Special thanks to those students and staff who contributed to our Reconciliation Quilt and to Mr. Ray Forsberg for sharing his family's story of resilience and survival. Hay'sxw'qa ❤️



A few more photos from our Orange Shirt Day and Truth and Reconciliation ceremonies today. Thank you to students and staff. ❤️



HUUUUUGE congratulations are in order to our 2024 grad class who are starting their first year [@uvic](#) on a fabulous financial foot! Most of these awards required a separate application that is due before April 30, 2025. Those students who are considering UVIC for their next school are strongly recommended to attend our UVIC Specific Criteria Scholarship meetings held in March 2025. Multiple grads won over \$5000 and a few won over \$10,000!!!! You could be one of these grads!



Great first tournament for our Senior Girls Volleyball Team! Day 2 at the Douglas College tournament saw two big Ws!! 🏐🏐 Coaches report that the team gained heaps of experience and that the team bonding was on point! The team is looking forward to their league game at Royal Bay on Tuesday after a well-deserved

ALL SUBJECTS/PROOFREADING
SERVICES AVAILABLE

**ESQ Peer Tutors are
here to help!**

bit.ly/esqtutorrequest



CAFETERIA: The Esq Café menu offers a hot lunch, salad and a variety of baked goods daily.

Lunch \$7.00

Salad \$5.00

Baked Goods range from \$1.50-\$5.00

The Café accepts reloadable cafeteria cards and cash.

Cafeteria Cards will be available to purchase on [School Cash Online](#) September 14, 2024. Cards purchases or re-loads will be ready for pickup at 11:30am in the office one business day after purchase. If you have a card from last year please bring it to the Accounts Office so it can be reactivated.

What's on the Menu? ESQ Café – Oct. 7 to Oct. 11

Monday	House smoked turkey, bacon and Havarti grilled cheese with cream of tomato soup Also available vegetarian
Tuesday	Baja style fish taco, green tomato salsa, coleslaw, jalapeno crema Also available Fried cauliflower taco
Wednesday	Charcuterie plate, mixed cured meats, cheese, tomato jam, toasted baguette and pickled veg
Thursday	Braised short rib, roasted garlic mashed potatoes, honey glazed carrots, caramelized onion jus Also available with vegetarian meatloaf
Friday	Pan roasted Duck breast, chanterelle mushroom risotto, grilled broccolini, cherry demi



PAC Fundraiser

“Save a Tape”!

Do you, or someone you know,
shop at Country Grocer? If so, we
want your RECEIPTS!

Esquimalt High School PAC will
receive 1% of all orders!

Bring receipts to the OFFICE.

Do You Have Used Clean Plastic Yogurt Containers with Lids?

If you do, please bring them to Room 217 so the Home Ec. Class can bring home their food from class.

Ms. Christoff's class: dchristoff@sd61.bc.ca

Thank you!!



Youth Health Clinic

**Thursdays from 11:30-2:00
Esquimalt High
in the Office Medical Room**

Confidential services provided by a Public Health Nurse:

- ✓ Birth Control
- ✓ Emergency Contraceptive
- ✓ Pregnancy testing and options
- ✓ Sexually Transmitted Infection testing & treatment
- ✓ Sexual decision making and relationships
- ✓ Immunizations
- ✓ Naloxone kits
- ✓ Free condoms