



# Esquimalt Parent & Student Docker

## May 20 – May 24, 2024

*Esse Quam Videri - "to be rather than to seem"*

Mon May 20	<b>Victoria Day</b>	No Scheduled Classes
Tues May 21		
Wed May 22		
Thurs May 23		
Fri May 24	<b>GRAD</b> Movie Night Silver City	10:30pm to 6am

### Save the Date



- June 03: Grad Recognition Ceremony at UVIC
- June 04: Year End Music Concert Part 1
- June 06: Year End Music Concert Part 2
- June 07: Cycle for Change

### **NEW - Student and Family Affordability Fund:**

In March 2024, the Ministry of Education and Child Care provided districts with additional **one-time Student and Family Affordability Funds (SFAF)**. The Student and Family Affordability Fund is intended to support families with costs associated with going to school that they may be struggling to pay. The aim is to make life more affordable for families who are temporarily facing financial challenges and need temporary assistance with the current cost of school supplies and education related fees. The funds will be provided in as flexible, private and stigma-free manner as possible.

Funding use includes, but is not limited to:

1. Goods:
  - Providing basic school supplies that might otherwise be purchased by parents, guardians, and students (e.g., pens, paper); and
  - Supporting with clothing/footwear required for school sports or other school activities.
2. Fees
  - Waiving education-related fees (e.g., additional supplies for shop, culinary and craft classes, workbooks, camps, field trips, relevant cultural events, other student society meetings including those related to equity, diversity, and inclusion, and instrument and equipment fees or other fees charged by school districts); and
  - Fees for school sports and other school activities.

If your family or student have any questions or require support, please reach out to Sarah Garr (Principal) by phone or email [sgarr@sd61.bc.ca](mailto:sgarr@sd61.bc.ca)

## Please Be a Good Neighbour!

A reminder to students that our Code of Conduct applies to the time that students are in school as well as travel to and from school. We want to ensure that we are being respectful to our neighbours. This includes not trespassing onto private property. We want to be proud of our students both in the building, and in the community. Thank you!

## GRAD Information & Reminders:

Grade 12 students/parents - check your email for the most recent Grad Newsletter!

### **GRAD Checklist**

- Pay Grad Fee - \$40
- Student should join Grad Google Classroom **Odx4rm**
- Student should have Capstone on track
- Recognition Ceremony tickets on sale now through UVIC Ticket Centre please call 250-721-8480 Mon to Fri 9:30am to 4pm**
- Register for grad <https://bit.ly/ESQgrad2024registration>
- Complete grad speech for Ceremony at <https://bit.ly/ESQgradwriteup2024>
- Complete grad quote/write-up for YEARBOOK at QR Code here:



## Grad Recognition Ceremony at UVic: Ticket Information - TICKET SALES OPEN APRIL 10!

Ceremony is at UVIC Farquhar Auditorium June 3 2024 @ 6:45pm

### HOW DO I BUY TICKETS?

- All Ceremony tickets are processed through the UVic Ticket Centre in person or by phone 250-721-8480 (you will need a credit card)
- The UVic Ticket Centre is located in the lobby of the Jamie Cassels Centre B Wing, where the Auditorium is located. Hours of operation are Monday to Friday, 9:30am – 4:00pm.
- All persons entering the Auditorium for the event via the lobby must have a ticket, **including babes-in-arms and toddlers** (grads do not need a ticket- they are the show!)
- Tickets are \$10 each plus a per order fee (\$3.00 for online \$2.00 for phone)- limit 6 per family (extra tickets will be available closer to the event date typically two weeks prior)
- **Accessible seating is limited. Please indicate if you need accessible seating for wheelchairs at the time of your order**
- Parking on campus is pay parking 24 hours daily, Monday to Saturday. As parking lot dispensers can be busy prior to ceremonies, we recommend families either arrive early or purchase passes in advance through Campus Security. Link to pre-purchase:  
<https://parking.uvic.ca/ebusiness/cmnl/index.aspx>.
- If families need financial assistance for tickets, please email [chbradsaw@sd61.bc.ca](mailto:chbradsaw@sd61.bc.ca) or [ahoffman@sd61.bc.ca](mailto:ahoffman@sd61.bc.ca) -this information will be kept confidential

**Tickets will be sent to the student sd61 email.**

**PLEASE ENSURE YOU REQUEST ANY REQUIRED ACCESSIBLE/WHEELCHAIR SEATING AT THE TIME OF ORDERING YOUR TICKETS.**

TICKETS ON SALE  
MAY 1-15TH BY THE  
OFFICE @LUNCH  
OR  
SCHOOL CASH ONLINE

# GRAD MOVIE NIGHT

MAY 24TH - 10:30PM - 6AM



2 x NEW RELEASES  
ARCADE / BOARD GAME CAFE  
BIG SCREEN GAMING  
SNACKS/PIZZA  
KARAOKE

PERMISSION FORM MUST BE SIGNED  
\$50 SINGLE TICKET  
OR  
\$140 DINNER/DANCE COMBO

SILVER CITY  
3130 Tillicum Rd

MAY 24<sup>TH</sup>  
GRAD MOVIE  
NIGHT

\$90

*'A Night To Remember'*

# EHS GRAD 2024

*dinner dance*

15<sup>TH</sup> OF JUNE 5:30  
SCOTTISH COMMUNITY CENTRE  
DRESS TO IMPRESS

tickets on sale May 1-24th at lunch  
or school cash online  
(guests must be approved and paid by cash cheque)  
QUESTIONS -TZEMANEK@SD61.BC.CA



## VE Day 80 (2025): Netherlands & Germany

[explorica.ca/Zemanek-7685](http://explorica.ca/Zemanek-7685)

May 02 - May 10, 2025

### Day 1 Start tour

Tour must depart Canada on May 2, 2025

### Day 2 Hallo Amsterdam

Meet your tour director and check into hotel

### Day 3 Amsterdam—Brabant Region

Amsterdam tour director-led sightseeing: Canal guided cruise, Diamond factory visit, Anne Frank House visit  
Travel to the Brabant Region  
Explorica event in Bergen Op Zoom

### Day 4 Liberation Celebration Day

Explorica event at Overloon War Museum  
Explorica event at Efteling Theme Park

### Day 5 Brabant Region—Nuremberg

Fly to Munich  
Travel to Nuremberg  
Nuremberg city walk

### Day 6 Nuremberg

Nazi Party Rally Grounds visit  
Documentation Centre visit  
War Crimes Trial Museum visit

### Day 7 Nuremberg—Munich

Travel to Munich via Dachau  
Dachau Concentration Camp & Memorial visit  
Bavarian bratwurst dinner

### Day 8 Munich landmarks

Munich guided sightseeing tour: Residenz, Nymphenburg Palace Gardens, Alte Pinakothek, Deutsches Museum, BMW Headquarters, Olympic site of 1972, Frauenkirche, Neues Rathaus, Marienplatz, Hofbräuhaus

### Day 9 End tour





# Reserve your Spot!

Tour Center ID: Zemanek-7685

Initial registration deadline: November 30, 2023

## What's included

We provide everything you need for a remarkable trip:

- Round-trip airfare
- 7 overnight stays in hotels with private bathrooms
- Full European breakfast daily
- Dinner daily
- Full-time services of a professional tour director
- Guided sightseeing tours and city walks as per itinerary
- Visits to select attractions as per itinerary
- Tour Diary™
- Note: On arrival day only dinner is provided; on departure day, only breakfast is provided
- Note: Tour cost does not include airline-imposed baggage fees, or fees for any required passport or visa. Optional excursions, optional pre-paid Tour Director and multi-day bus driver tipping, among other individual and group customizations will be listed as separate line items in the total trip cost, if included.

## Tour investment

Students (travellers under the age of 23): \$4,874

Adults (age 23 and over): \$5,314

Price reflects savings of a \$200 travel grant. Sign up by 11/10/2023 and enter code Early2025 in order to take advantage of this limited-time offer!

## Automatic monthly payment plan

Pay \$50 upon enrolment and the balance will be divided into equal monthly payments, charged automatically to your chequing account. As of October 26, 2023, your monthly payment would be just \$301.50. Manual plan also available; learn more on [explorica.ca/paymentplans](https://explorica.ca/paymentplans).

## Travel protection

Most Explorica travellers protect their investment with our Travel Protection Plan Plus, which includes a Cancel For Any Reason waiver for only \$25 per day. To learn more, visit [explorica.ca/cfar](https://explorica.ca/cfar).

## Carbon neutral travel with Choose Earth

Our Choose Earth program enables travellers to offset the carbon emissions generated by their travel for \$19, plus our 100% company match. To learn more, visit [worldstrides.ca/carbonoffset](https://worldstrides.ca/carbonoffset).

Enrol online,  
by phone, or by mail



[explorica.ca/Zemanek-7685](https://explorica.ca/Zemanek-7685)



1.888.378.8845



Download and complete  
a paper application on  
[explorica.ca/resources](https://explorica.ca/resources)

**←explorica→**  
by WorldStrides

3280 Bloor Street West  
Suite 901,  
Toronto, ON M8X 2X3

## OnlineRegistrationInstructions

1. Go to [www.explorica.ca/Zemanek-7685](http://www.explorica.ca/Zemanek-7685) and click “sign up now”.
2. Fill out the traveller’s information as instructed, followed by the emergency contact/parents information, then click “Next” (please **use your child’s passport first and last name**).

**\*\*This page will ask if you have a current passport. If you check the “I have a current passport” box, the form will require you to enter your passport information. If you have a current passport but do not have it on you at the time of completing this registration, you may leave the box unchecked and enter your passport information at a later date. It is not mandatory to enter this information at this time.\*\***

**Note: The email address is required!** Any reminders will go to this address. This email address will default to the username. If a parent is signing up more than one child, two different usernames are required.

3. On the next page, verify your customization for details such as additional excursion information. The Program Leader will have decided upon most of these details for the group. If the current selections are satisfactory, click “Next” to move on.
4. Choose your payment plan:
  - **Pay in full**
  - **The monthly automated plan** automatically charges your chequing account in equal monthly instalments. You will be asked to complete a \$50 initial payment while registering online. The full payment will be completed no less than 35 days prior to departure.
  - **If you wish to choose the manual plan (4-step payment plan), please select “Show other plans”.** You will be asked to complete a \$99 non-refundable deposit while registering online; 30 days after registering, you will be asked to pay \$500 towards your Tour Fee; 110 days prior to departure, you will be asked to pay 75% of your remaining balance; 65 days prior to departure, you will be asked to pay the final remaining balance. You are responsible for making those payments on time by sending a cheque in the mail, paying online with a credit card, or calling Explorica by WorldStrides with a credit card number. **Travellers on the 4-step manual plan will not receive any invoices in the mail.** You will receive a reminder to the email address you provided during registration.

If applicable, redeem your voucher code on this page by clicking “I have a voucher code” and entering it here. Your voucher code is \_\_\_\_\_ and is valid until \_\_\_\_\_

**\*\* You will be asked to enter your payment information on this screen. Please note the amount indicated will include Travel Protection. Depending on your pre-arranged tour package, this may be de-selected on the insurance tab or on the review page; the amount will re-calculate before charging your card.\*\***

5. To review your insurance plan, please click on the insurance tab at the top of the page:
  - **Travel Protection Plan Plus:** This insurance is pre-selected. This is recommended unless you have another insurance plan which includes cancellation insurance.
  - **None:** I waive all travel protection plan coverage

If the current selections are satisfactory, click “Next” or “Save Changes”. Continue to select “Next” on all completed pages until you reach the Confirmation page.

Please note: The Program Leader may have made the Travel Protection Plan mandatory as per School Board policies. Please review all information prior to finalizing the sign-up process.

6. If you have any questions or concerns, please contact Explorica at 1-888-378-8845 and a customer service representative will assist you.

## **SCHOLARSHIPS: Highlighted May Scholarships---check each link for deadlines**

[Please click here to view a link to the Scholarship Spreadsheet](#) that Mrs. Bjornson using to house opportunities as they pass through her inbox. Not all links work--- sometimes opportunities fizzle out. Feel free to email her about faulty links--- bonus points if you can find and send an updated link!

[dbjornson@sd61.bc.ca](mailto:dbjornson@sd61.bc.ca)

### **Esquimalt High Scholarships and Bursaries**

- A variety of scholarships and bursaries for students graduating from Esquimalt.
- It is a “one-application” process-- in other words, one application can be used for multiple awards. Gap year is OK for most (not the Lions Club).
- The application itself has **TWO PARTS**: paper submission and digital submission. Both parts must be completed to be considered for these awards.
- **Due June 25, 2024**
- To view the list of awards, [click here](#).
- Applications are found on the Scholarship & Postsecondary Google Classroom.
- **Funfact:** the number one reason why grads do not apply for these awards is that they do not have a letter of recommendation. Best get on this right now!

### **ICA's Diversity Scholarships**

- ICA's Diversity Scholarships are awarded to students from a diverse and/or immigrant background who demonstrate in their academic and community work active support for strong community values around diversity, equity, and inclusion in the Capital Region.
- \$2,000 - \$5,000
- Deadline to apply: **June 21, 2024**
- <https://www.icavictoria.org/community-services/diversity-scholarships/>

### **GVTA Dependents Scholarship**

- Open to any graduating dependent of a member of the GVTA
- It is a draw! Get your application in and cross your fingers. Up to four winning students each year.
- The application deadline is **May 31**
- <https://www.gvta.net/home/scholarship>

**There will be Scholarship 12 meetings that are open to ALL GRADS to help them create their e-portfolios and applications. This application will take a minimum of 2 hours to complete. Most students put 3+ hours into their application, however. Meetings will be on Wednesdays at lunch. Monitor the Scholarship 12 Google Classroom for exact dates.**

## **March/April 2024 Snapshots:**

The May/June snapshots focus on **connection to self**. It's crucial for children and youth to develop a strong connection to themselves as it forms the foundation of their identity, self-esteem, and mental wellbeing. A strong self-connection enables children to develop a deeper understanding of their thoughts, emotions, and values. This empowers them to make decisions more aligned with their authentic selves reducing vulnerability to peer pressure. It also equips them to navigate life's challenges more effectively and build healthier relationships with others.

Secondary – [Be Your Own Best Friend](#)

## SCHOOL MEAL PROGRAM SURVEY

It's that time again for the Rainbow Kitchen annual meal program survey! We would love some valuable feedback from parents and students as we learn and evolve our school program. We have put together a short survey and would appreciate your participation.

[School Meal Program Survey 2024 - Students/Parents - Google Forms](#)

## PAC NEWS:

[Looking for an easy way to support the Esquimalt PAC?](#)



Email [esquimaltPAC@gmail.com](mailto:esquimaltPAC@gmail.com) to get your **reloadable card!**

### **Info for users:**

1. Re-load at any check out counter at **all 10 Fairway Market stores** on Vancouver Island.
2. Use **any means of payment** including your favourite credit card to collect points or miles.
3. You may re-load **between \$20 and \$500** each time.
4. You can re-load the same card multiple times. Give the blank cards to **family & friends** so they can start re-loading to help support your group.

[Fundraiser: Save a Tape](#)



## **PAC Fundraiser “Save a Tape”!**

**Do you, or someone you know,  
shop at Country Grocer? If so, we  
want your RECEIPTS!  
Esquimalt High School PAC will  
receive 1% of all orders!  
Bring receipts to the OFFICE.**

**ROBOTICS:** Our robotics team is hosting an after-school Java course for anyone interested in programming and learning Java.

This is a free class that runs April 22-May 24 every Monday and Thursday afternoon. Everyone is welcome - please register with Mrs. O'Keeffe.

**Are you interested in  
programming & learning JAVA?**

Room 221  
Monday & Thursday  
3:30pm-5:00pm  
All students welcome  
April 22 - May 24

For more info:  
Mrs O'Keeffe-rm221  
tokeeffe@sd61.bc.ca

register here





## CLUBS:

### Weekly Meeting Info

- Art Collective/Art Club:** Thursday at lunch Room 223
- Atom Smashers ESQ Robotics:** Mondays & Wednesdays after school Room 221
- Best Buddies:** Wednesdays at lunch Room 101/310
- BIPOC Club:** Fridays at lunch Room 309
- Black Students' Union:** After school on Mondays Conference Room
- Book Club:** Tuesdays at lunch Library Learning Commons
- Ceramics Club:** After school as scheduled in the Google Classroom Art Room
- Chess Club:** Fridays at lunch Library Learning Commons
- Cross Country Club:** Mondays and Thursdays after school Room 301
- Gaming Club:** Thursdays 3:30-5:00 Library Learning Commons
- ESCAPE - Esquimalt Students Caring About Peace and the Environment:** Mondays at lunch Library Learning Commons
- Esquimalt Ink (Student Newspaper):** Wednesdays at lunch Room 325
- Esquimalt Youth for Change and Inclusion (EYCI):** Mondays at Lunch Room 327
- GSA / Gender and Sexuality Alliance:** Tuesday at lunch Room 211
- Improv Club:** Mondays, Wednesdays, Fridays, after school Theatre
- Interact:** Thursdays at lunch Room 329
- Math Club:** Thursday at lunch Room 305
- Robotics Club:** Monday, Wednesday, and Thursday afterschool from 3:30-5:30 in Room 221.
- Rubik's Cube Club:** Mondays at lunch Room 305 All abilities welcome.
- Student Vote:** By electoral cycle Library Learning Commons
- Science Fair Club:** Wednesdays at lunch Room 213
- The Not Quite Model UN Club:** Monday in Room 328 at Lunch
- Women in STEM:** Tuesdays at lunch Room 221
- Writing Club & Slam Poetry Team:** Fridays at lunch Room 325



**Boys Club:** Wednesday, April 17 2:30-4:00 in the Cafeteria with Mr. Mari.  
Meet. Eat. Speak.

For more information on Clubs please visit <https://esquimalt.sd61.bc.ca/activities-clubs/clubs/>

## ATHELTICS:

**Grades 8 & 9 Girls Volleyball Pre-Season Skills Sessions**

**MAY 16 - JUNE 20**

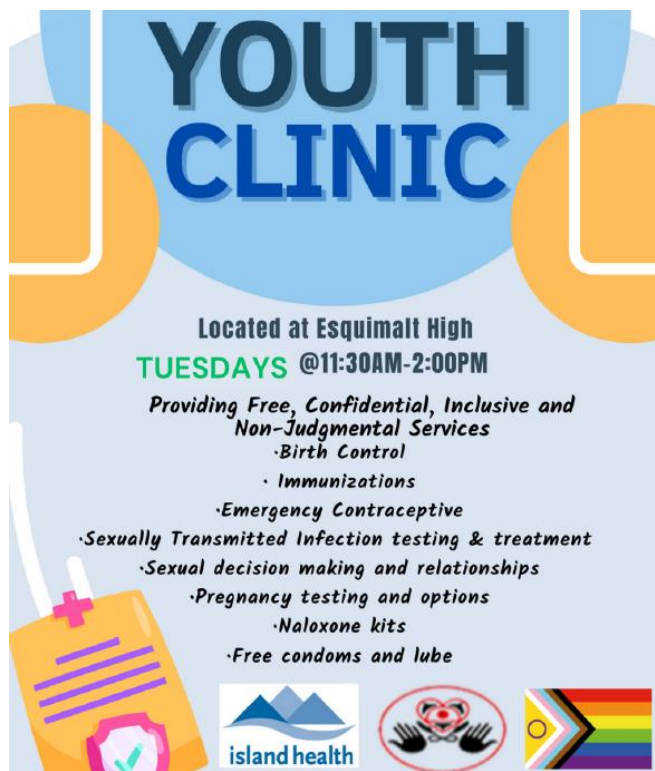
OPEN TO ALL GIRLS IN GR. 8 & 9 WHO WISH TO TRYOUT FOR THE ESQUIMALT HIGH JUNIOR GIRLS TEAM THIS SEPTEMBER

LOCATION: ESQ HIGH GYM  
WHEN: THURSDAYS  
TIME: 3:30 - 5  
QUESTIONS? EMAIL MRS. BJORNSON DBJORNSON@SD61.BC.CA

### Volleyball Pre-Season Skills Sessions:

Spread the word to our incoming grade girls! The Junior Girls pre-season skills sessions are back on! These sessions are open to all grade 8 & 9 girls who are wanting to try out for the team in the first week of September. Senior Girls Team Captain Natalie will be offering her expertise in Week 1, then our new coach (Coach Elion) will be joining the sessions for Weeks 2 - 6. Please connect with Mrs Bjornson if you have any questions. Details are on the poster!

## REMINDERS:




**YOUTH CLINIC**

Located at Esquimalt High  
**TUESDAYS @11:30AM-2:00PM**

*Providing Free, Confidential, Inclusive and Non-Judgmental Services*

- Birth Control
- Immunizations
- Emergency Contraceptive
- Sexually Transmitted Infection testing & treatment
- Sexual decision making and relationships
- Pregnancy testing and options
- Naloxone kits
- Free condoms and lube

island health



**SCENT FREE ZONE**

Help us keep the air we share healthy and fragrance-free

It is the policy of the Greater Victoria School District (GVSD) to provide a safe and healthy environment for all. This will be accomplished by eliminating or minimizing the use of products and fragrances whose scent or other properties are known to trigger allergies or other hazardous reactions.

**PLEASE**  
**DO NOT** wear perfume, cologne, aftershave and other fragrances.  
**USE** unscented personal care products.

Greater VICTORIA School District  
One Learning Community



## First Tri-District Lahal Tournament

The Esquimalt High School Ravens and Red Eagles Lahal Teams had a great day and made a great showing at the First Annual SD61 Indigenous Education Lahal Tournament held at Spectrum on May 14. The Ravens played well and ended the day with an impressive seventh place out of 24 teams! Congratulations to the Red Eagles (pictured) who finished with the FIRST PLACE title!







Congratulations to the Esquimalt Badminton team for going undefeated this season and winning the B league championships!!



Congratulations to our Esquimalt Girls soccer Team for winning the Ryan Shield Final!! It's a great day for ESQ teams!



In support of Rainbow Week, we will be flying the Rainbow Flag until Tuesday, May 21st. Rainbow Week encompasses International Day Against Homophobia, Biphobia and Transphobia which is on May 17th. Our district and our school supports All Human Rights, including those of our children and staff who identify as 2SLGBTQIA+ Community. 🏳️‍🌈



Outstanding performances and some real team spirit! On our way to islands in Port Alberni next week.

Performances to note

Mackensie Lim coming back from injury to win the 200 m and come second in the 100 m

Sam Andrews personal best by 2 metres in discus to take second.

Stella Brandes jumping in for a sick teammate to complete a 4 x 400 m relay team.

More track action to come!

**CAFETERIA:**

<b>What's on the Menu?</b> <b>ESQ Café – May 20 – May 24, 2024</b>	
<b>Monday</b>	Victoria Day Stat no scheduled classes
<b>Tuesday</b>	Thai red Curry chicken over jasmine rice
<b>Wednesday</b>	Bacon wrapped pork tenderloin medallion, morel mushroom demi, yam mash, green beans
<b>Thursday</b>	Calamari, charred lemon aioli, cocktail sauce, Greek salad and pita
<b>Friday</b>	Grilled salmon, roasted red pepper relish, potato gratin, seasonal vegetables