



Esquimalt Parent & Student Docker

May 13 – May 17, 2024

Esse Quam Videri - "to be rather than to seem"

Mon May 13	PAC AGM	6:45pm in All Nations Room
Tues May 14		
Wed May 15	Early Dismissal at 2:27pm	
Thurs May 16	District Orientation/Student Transition Day	Revised Bell Schedule
Fri May 17	Professional Development Day No Classes	



Save the Date

May 20: Victoria Day No Scheduled Classes
 June 03: Grad Recognition Ceremony at UVIC
 June 04: Year End Music Concert Part 1
 June 06: Year End Music Concert Part 2
 June 07: Cycle for Change

Happy Rainbow Week!
 See below for some fun activities!

Due to the Grade 8 Transition Day scheduled for the afternoon there is a
REVISED BELL SCHEDULE ON May 16th

A	8:50 – 9:38
B	9:41 – 10:29
Break	10:29 – 10:47
C	10:50 – 11:38
D	11:41 – 12:29



GRAD Information & Reminders:

Grade 12 students/parents - check your email for the most recent Grad Newsletter!

GRAD Checklist

- Pay Grad Fee - \$40
- Student should join Grad Google Classroom **Odx4rm**
- Student should have Capstone on track
- Recognition Ceremony tickets on sale now through UVIC Ticket Centre please call 250-721-8480 Mon to Fri 9:30am to 4pm**
- Register for grad <https://bit.ly/ESQgrad2024registration>
- Complete grad speech for Ceremony at <https://bit.ly/ESQgradwriteup2024>
- Complete grad quote/write-up for YEARBOOK at QR Code here:



Grad Recognition Ceremony at UVic: Ticket Information - TICKET SALES OPEN APRIL 10!

Ceremony is at UVIC Farquhar Auditorium June 3 2024 @ 6:45pm

HOW DO I BUY TICKETS?

- All Ceremony tickets are processed through the UVic Ticket Centre in person or by phone 250-721-8480 (you will need a credit card)
- The UVic Ticket Centre is located in the lobby of the Jamie Cassels Centre B Wing, where the Auditorium is located. Hours of operation are Monday to Friday, 9:30am – 4:00pm.
- All persons entering the Auditorium for the event via the lobby must have a ticket, **including babes-in-arms and toddlers** (grads do not need a ticket- they are the show!)
- Tickets are \$10 each plus a per order fee (\$3.00 for online \$2.00 for phone)- limit 6 per family (extra tickets will be available closer to the event date typically two weeks prior)
- **Accessible seating is limited. Please indicate if you need accessible seating for wheelchairs at the time of your order**
- Parking on campus is pay parking 24 hours daily, Monday to Saturday. As parking lot dispensers can be busy prior to ceremonies, we recommend families either arrive early or purchase passes in advance through Campus Security. Link to pre-purchase: <https://parking.uvic.ca/ebusiness/cm/index.aspx>.
- If families need financial assistance for tickets, please email chbradsaw@sd61.bc.ca or ahoffman@sd61.bc.ca -this information will be kept confidential

Tickets will be sent to the student sd61 email.

PLEASE ENSURE YOU REQUEST ANY REQUIRED ACCESSIBLE/WHEELCHAIR SEATING AT THE TIME OF ORDERING YOUR TICKETS.

TICKETS ON SALE
MAY 1-15TH BY THE
OFFICE @LUNCH
OR
SCHOOL CASH ONLINE

GRAD MOVIE NIGHT

MAY 24TH - 10:30PM - 6AM



2 x NEW RELEASES
ARCADE / BOARD GAME CAFE
BIG SCREEN GAMING
SNACKS/PIZZA
KARAOKE

PERMISSION FORM MUST BE SIGNED
\$50 SINGLE TICKET
OR
\$140 DINNER/DANCE COMBO

SILVER CITY
3130 Tillicum Rd

\$90

'A Night To Remember'

EHS GRAD 2024

dinner dance

15TH OF JUNE 5:30

SCOTTISH COMMUNITY CENTRE

DRESS TO IMPRESS

tickets on sale May 1-24th at lunch
or school cash online
(guests must be approved and paid by cash cheque)
QUESTIONS -TZEMANEK@SD61.BC.CA

GSA Club:



RAINBOW WEEK ACTIVITIES:

Monday May 13th	At lunch: There will be nail painting for all the students in the foyer outside the theatre or outside.
Tuesday May 14th	Chalk art in the roundabout surrounding the flagpole where earth week students did chalk art. We will be making a rainbow flower design.
Wednesday May 15th	Face painting and positive post it note affirmations in the foyer outside the theatre or outside.
Thursday May 16th	A presentation in the theatre for A and B block. Ideally, we will have grades 9/10 attending during A block (8:50 – 9:38) and grades 11/12 during B block (9:41-10:29)

Thank you to the GSA Club for organizing these great activities.

Happy Rainbow Week May 13th to 16th



VE Day 80 (2025): Netherlands & Germany

explorica.ca/Zemanek-7685

May 02 - May 10, 2025

Day 1 Start tour

Tour must depart Canada on May 2, 2025

Day 2 Hallo Amsterdam

Meet your tour director and check into hotel

Day 3 Amsterdam—Brabant Region

Amsterdam tour director-led sightseeing: Canal guided cruise, Diamond factory visit, Anne Frank House visit
Travel to the Brabant Region
Explorica event in Bergen Op Zoom

Day 4 Liberation Celebration Day

Explorica event at Overloon War Museum
Explorica event at Efteling Theme Park

Day 5 Brabant Region—Nuremberg

Fly to Munich
Travel to Nuremberg
Nuremberg city walk

Day 6 Nuremberg

Nazi Party Rally Grounds visit
Documentation Centre visit
War Crimes Trial Museum visit

Day 7 Nuremberg—Munich

Travel to Munich via Dachau
Dachau Concentration Camp & Memorial visit
Bavarian bratwurst dinner

Day 8 Munich landmarks

Munich guided sightseeing tour: Residenz, Nymphenburg Palace Gardens, Alte Pinakothek, Deutsches Museum, BMW Headquarters, Olympic site of 1972, Frauenkirche, Neues Rathaus, Marienplatz, Hofbräuhaus

Day 9 End tour



Reserve your Spot!

Tour Center ID: Zemanek-7685

Initial registration deadline: November 30, 2023

What's included

We provide everything you need for a remarkable trip:

- Round-trip airfare
- 7 overnight stays in hotels with private bathrooms
- Full European breakfast daily
- Dinner daily
- Full-time services of a professional tour director
- Guided sightseeing tours and city walks as per itinerary
- Visits to select attractions as per itinerary
- Tour Diary™
- Note: On arrival day only dinner is provided; on departure day, only breakfast is provided
- Note: Tour cost does not include airline-imposed baggage fees, or fees for any required passport or visa. Optional excursions, optional pre-paid Tour Director and multi-day bus driver tipping, among other individual and group customizations will be listed as separate line items in the total trip cost, if included.

Tour investment

Students (travellers under the age of 23): \$4,874

Adults (age 23 and over): \$5,314

Price reflects savings of a \$200 travel grant. Sign up by 11/10/2023 and enter code Early2025 in order to take advantage of this limited-time offer!

Automatic monthly payment plan

Pay \$50 upon enrolment and the balance will be divided into equal monthly payments, charged automatically to your chequing account. As of October 26, 2023, your monthly payment would be just \$301.50. Manual plan also available; learn more on explorica.ca/paymentplans.

Travel protection

Most Explorica travellers protect their investment with our Travel Protection Plan Plus, which includes a Cancel For Any Reason waiver for only \$25 per day. To learn more, visit explorica.ca/cfar.

Carbon neutral travel with Choose Earth

Our Choose Earth program enables travellers to offset the carbon emissions generated by their travel for \$19, plus our 100% company match. To learn more, visit worldstrides.ca/carbonoffset.

Enrol online,
by phone, or by mail



explorica.ca/Zemanek-7685



1.888.378.8845



Download and complete
a paper application on
explorica.ca/resources

←explorica→
by WorldStrides

3280 Bloor Street West
Suite 901,
Toronto, ON M8X 2X3

OnlineRegistrationInstructions

1. Go to www.explorica.ca/Zemanek-7685 and click “sign up now”.
2. Fill out the traveller’s information as instructed, followed by the emergency contact/parents information, then click “Next” (please **use your child’s passport first and last name**).

****This page will ask if you have a current passport. If you check the “I have a current passport” box, the form will require you to enter your passport information. If you have a current passport but do not have it on you at the time of completing this registration, you may leave the box unchecked and enter your passport information at a later date. It is not mandatory to enter this information at this time.****

Note: The email address is required! Any reminders will go to this address. This email address will default to the username. If a parent is signing up more than one child, two different usernames are required.

3. On the next page, verify your customization for details such as additional excursion information. The Program Leader will have decided upon most of these details for the group. If the current selections are satisfactory, click “Next” to move on.
4. Choose your payment plan:
 - **Pay in full**
 - **The monthly automated plan** automatically charges your chequing account in equal monthly instalments. You will be asked to complete a \$50 initial payment while registering online. The full payment will be completed no less than 35 days prior to departure.
 - **If you wish to choose the manual plan (4-step payment plan), please select “Show other plans”.** You will be asked to complete a \$99 non-refundable deposit while registering online; 30 days after registering, you will be asked to pay \$500 towards your Tour Fee; 110 days prior to departure, you will be asked to pay 75% of your remaining balance; 65 days prior to departure, you will be asked to pay the final remaining balance. You are responsible for making those payments on time by sending a cheque in the mail, paying online with a credit card, or calling Explorica by WorldStrides with a credit card number. **Travellers on the 4-step manual plan will not receive any invoices in the mail.** You will receive a reminder to the email address you provided during registration.

If applicable, redeem your voucher code on this page by clicking “I have a voucher code” and entering it here. Your voucher code is _____ and is valid until _____

**** You will be asked to enter your payment information on this screen. Please note the amount indicated will include Travel Protection. Depending on your pre-arranged tour package, this may be de-selected on the insurance tab or on the review page; the amount will re-calculate before charging your card.****

5. To review your insurance plan, please click on the insurance tab at the top of the page:
 - **Travel Protection Plan Plus:** This insurance is pre-selected. This is recommended unless you have another insurance plan which includes cancellation insurance.
 - **None:** I waive all travel protection plan coverage

If the current selections are satisfactory, click “Next” or “Save Changes”. Continue to select “Next” on all completed pages until you reach the Confirmation page.

Please note: The Program Leader may have made the Travel Protection Plan mandatory as per School Board policies. Please review all information prior to finalizing the sign-up process.

6. If you have any questions or concerns, please contact Explorica at 1-888-378-8845 and a customer service representative will assist you.

SCHOLARSHIPS: Highlighted May Scholarships---check each link for deadlines

[Please click here to view a link to the Scholarship Spreadsheet](#) that Mrs. Bjornson using to house opportunities as they pass through her inbox. Not all links work--- sometimes opportunities fizzle out. Feel free to email her about faulty links--- bonus points if you can find and send an updated link!

dbjornson@sd61.bc.ca

Esquimalt High Scholarships and Bursaries

- A variety of scholarships and bursaries for students graduating from Esquimalt.
- It is a “one-application” process-- in other words, one application can be used for multiple awards. Gap year is OK for most (not the Lions Club).
- The application itself has **TWO PARTS**: paper submission and digital submission. Both parts must be completed to be considered for these awards.
- **Due June 25, 2024**
- To view the list of awards, [click here](#).
- Applications are found on the Scholarship & Postsecondary Google Classroom.
- **Funfact:** the number one reason why grads do not apply for these awards is that they do not have a letter of recommendation. Best get on this right now!

ICA's Diversity Scholarships

- ICA's Diversity Scholarships are awarded to students from a diverse and/or immigrant background who demonstrate in their academic and community work active support for strong community values around diversity, equity, and inclusion in the Capital Region.
- \$2,000 - \$5,000
- Deadline to apply: **June 21, 2024**
- <https://www.icavictoria.org/community-services/diversity-scholarships/>

GVTA Dependents Scholarship

- Open to any graduating dependent of a member of the GVTA
- It is a draw! Get your application in and cross your fingers. Up to four winning students each year.
- The application deadline is **May 31**
- <https://www.gvta.net/home/scholarship>

There will be Scholarship 12 meetings that are open to ALL GRADS to help them create their e-portfolios and applications. This application will take a minimum of 2 hours to complete. Most students put 3+ hours into their application, however. Meetings will be on Wednesdays at lunch. Monitor the Scholarship 12 Google Classroom for exact dates.

March/April 2024 Snapshots:

The May/June snapshots focus on **connection to self**. It's crucial for children and youth to develop a strong connection to themselves as it forms the foundation of their identity, self-esteem, and mental wellbeing. A strong self-connection enables children to develop a deeper understanding of their thoughts, emotions, and values. This empowers them to make decisions more aligned with their authentic selves reducing vulnerability to peer pressure. It also equips them to navigate life's challenges more effectively and build healthier relationships with others.

Secondary – [Be Your Own Best Friend](#)

PAC UPDATES: *Next Meeting: May 13th*

Upcoming meeting will be on Mondays moving forward. Please join us on **May 13th**
Meetings are at Esquimalt High School at 6:45pm.

Esquimalt PAC AGM Meeting May 13th

Please join us for the Esquimalt **PAC AGM** on **Monday, May 13th @ 6:45** in the All Nations Room.
All roles are available, but we currently have a known opening for Treasurer for the upcoming 2024-2025 School Year.

The position of treasurer is one of three required to form the PAC and the main duties are as follows:

- Apply for and manage the gaming grant. The gaming grant provides roughly \$17,000 a year to extracurricular activities and events at Esquimalt High.
- Attend monthly PAC meetings and provide updates on the PAC accounts.
- Write an annual summary report.

At the Esquimalt PAC we work together and support each role to be successful.

If you are interested or would like more information, please email esquimaltpac@gmail.com.

Looking for an easy way to support the Esquimalt PAC?



Email esquimaltPAC@gmail.com to get your **reloadable card!**

Info for users:

1. Re-load at any check out counter at **all 10 Fairway Market stores** on Vancouver Island.
2. Use **any means of payment** including your favourite credit card to collect points or miles.
3. You may re-load **between \$20 and \$500** each time.
4. You can re-load the same card multiple times. Give the blank cards to **family & friends** so they can start re-loading to help support your group.

Fundraiser: Save a Tape



PAC Fundraiser

“Save a Tape”!

**Do you, or someone you know,
shop at Country Grocer? If so, we
want your RECEIPTS!**

**Esquimalt High School PAC will
receive 1% of all orders!**

Bring receipts to the OFFICE.

ROBOTICS:

Our robotics team is hosting an after-school Java course for anyone interested in programming and learning Java.

This is a free class that runs April 22-May 24 every Monday and Thursday afternoon. Everyone is welcome - please register with Mrs. O'Keefe.



Are you interested in programming & learning JAVA?

Room 221
Monday & Thursday
3:30pm-5:00pm
All students welcome
April 22 - May 24

For more info:
Mrs O'Keefe-rm221
tokeeffe@sd61.bc.ca

register here

CLUBS:

Weekly Meeting Info

Art Collective/Art Club: Thursday at lunch Room 223

Atom Smashers ESQ Robotics: Mondays & Wednesdays after school Room 221

Best Buddies: Wednesdays at lunch Room 101/310

BIPOC Club: Fridays at lunch Room 309

Black Students' Union: After school on Mondays Conference Room

Book Club: Tuesdays at lunch Library Learning Commons

Ceramics Club: After school as scheduled in the Google Classroom Art Room

Chess Club: Fridays at lunch Library Learning Commons

Cross Country Club: Mondays and Thursdays after school Room 301

Gaming Club: Thursdays 3:30-5:00 Library Learning Commons

ESCAPE - Esquimalt Students Caring About Peace and the Environment: Mondays at lunch Library Learning Commons

Esquimalt Ink (Student Newspaper): Wednesdays at lunch Room 325

Esquimalt Youth for Change and Inclusion (EYCI): Mondays at Lunch Room 327

GSA / Gender and Sexuality Alliance: Tuesday at lunch Room 211

Improv Club: Mondays, Wednesdays, Fridays, after school Theatre

Interact: Thursdays at lunch Room 329

Math Club: Thursday at lunch Room 305

Robotics Club: Monday, Wednesday, and Thursday afterschool from 3:30-5:30 in Room 221.

Rubik's Cube Club: Mondays at lunch Room 305 All abilities welcome.

Student Vote: By electoral cycle Library Learning Commons

Science Fair Club: Wednesdays at lunch Room 213

The Not Quite Model UN Club: Monday in Room 328 at Lunch

Women in STEM: Tuesdays at lunch Room 221

Writing Club & Slam Poetry Team: Fridays at lunch Room 325



Boys Club: Wednesday, April 17 2:30-4:00 in the Cafeteria with Mr. Mari.
Meet. Eat. Speak.

For more information on Clubs please visit <https://esquimalt.sd61.bc.ca/activities-clubs/clubs/>




REMINDERS:

YOUTH CLINIC

Located at Esquimalt High
TUESDAYS @11:30AM-2:00PM

Providing Free, Confidential, Inclusive and Non-Judgmental Services

- Birth Control
- Immunizations
- Emergency Contraceptive
- Sexually Transmitted Infection testing & treatment
- Sexual decision making and relationships
- Pregnancy testing and options
- Naloxone kits
- Free condoms and lube



SCENT FREE ZONE

Help us keep the air we share healthy and fragrance-free

It is the policy of the Greater Victoria School District (GVSD) to provide a safe and healthy environment for all. This will be accomplished by eliminating or minimizing the use of products and fragrances whose scent or other properties are known to trigger allergies or other hazardous reactions.

PLEASE
DO NOT wear perfume, cologne, aftershave and other fragrances.
USE unscented personal care products.



One Learning Community



Sharing Our Stories of Success!



The incredible run for the cast and crew of Mean Girls finished up tonight!! Six sold out shows and it was... FETCH! Huge kudos to all but especially the grads of the program (pictured on stage here) and of course Ms Allison and Ms Martinsen- thank you all for making ESQ so proud!! It was so much FUN!!

CONGRATULATIONS TO ESQUIMALT ATHELETES!!



It has been a very successful spring season for the Athletics program! Here is an update of results as well as a look ahead:

Badminton:

Our Badminton team had a dream season going undefeated and winning the Tier 2 City Championships! Congratulations to all coaches, volunteers and student-athletes!

Soccer:

Senior Girls Soccer led the league with a perfect record going into the Ryan Shield City Finals and we able to pull off an overtime win against GNS to take first place in the Lower Island this year! Well done Esquimalt!

Ultimate:

The Co-Ed Ultimate team took to the pitch this week at Edward Milne for the Island Championships and were able to secure a 5th place finish at the Zone Championships! This is a huge accomplishment and congratulations to all our players and coaches!

Track & Field:

The Championship part of the spring has begun and our track group will be competing at the Lower Island Championships next week May 15th up at UVIC. Good luck to everyone the pride of Esquimalt is behind you!

Rugby:

Our Boys Rugby 7's team was able to secure a 2nd place position in the Lower Island and they are now competing in the Island Championships Monday and Tuesday the 13th and 14th up at GP Vanier in Courtenay next week. Top 4 teams at the Islands will advance to the BC Championships in Abbotsford at the end of May. Good luck Boys!

Our Girls Rugby 7's team have entered the Island Championships ranked 6th and look to also advance to the BC Championships. The Girls will need a top 4 finish at the Islands next week in order to advance. We are hosting the Zone Championships at Esquimalt here on the Oval on Monday and Tuesday the 13th and 14th. Come out and support your Eagles! Beautiful weather, concession run by Grad, and great Rugby will be on hand - Everyone welcome!!



*Mike Thompson, CCAA
Director of Athletics
Esquimalt High School
250-382-9226*

CAFETERIA:

**What's on the Menu?
ESQ Café – May 13 – May 17, 2024**

Monday	Hotdog BBQ outside on the field Cash only (vegetarian option)
Tuesday	Hotdog BBQ outside on the field Cash only (vegetarian option)
Wednesday	Baja style fish taco, tomatillo salsa, pickled cabbage Also available in tempura yam
Thursday	Early dismissal No Food Service
Friday	Professional Development Day No Scheduled Classes