



Esquimalt Parent & Student Docker

April 08-12, 2024

Esse Quam Videri - "to be rather than to seem"

Mon Apr 8 th	• Fire Drill	Block B
Tues Apr 9 th		
Wed Apr 10 th	• Raft & Focus Block Feedback Survey	Raft/Focus Block
Thurs Apr 11 th		
Fri Apr 12 th		



Save the Date

April 15-16: Copernican Days/Provincial Exams

April 22: PAC Meeting

May 08: ICBC Presentation for Grade 11 & 12

May 13: PAC AGM



Ramadan will come to an end on or around the 9th or 10th of April. Following the end of Ramadan, those observing will celebrate Eid al-Fitr, which is three days of feasting, celebrating, gift-giving and visiting with family and friends. We look forward to wishing a very blessed Eid to all of our families who will be celebrating.

Eid Mubarak to all!

SNAPSHOTS:

The March/April snapshots focus on connection to culture. It's valuable to understand and be connected to culture as it supports a sense of identity and belonging. Culture provides a framework to understand who we are, where we come from, and our place in the world. This sense of identity and belonging can contribute to overall well-being.

Secondary – [Building Bridges](#)

LIBRARY LEARNING COMMONS:



We have so many NEW BOOKS now available in our school library learning commons. Check them out today!

[Find these and other books in the online catalogue](#)

Learn more through the [school library learning commons website](#) esquimaltlibrary.sd61.bc.ca.

STUDENT LEARNING SURVEY: Parents of Students in Grade 10 & 12

The Provincial Student Learning Survey is unique in its scope, size, and usefulness to schools. It gathers information from parents/guardians/caregivers, teachers and students on topics related to school environment, safety, and achievement. The information is used for planning in individual schools and provides a district and provincial perspective.

Early in **2024** the Student Learning Survey will be administered to students in grades 10 and 12, their parents/guardians/caregivers, and all school staff. We encourage parents/guardians/caregivers to participate in this survey, as the results are important in identifying and celebrating current strengths, as well as determining where the school needs to focus improvement. The surveys contain standard questions for the Province – in addition, questions from the school and/or district that focus on local conditions or issues may be included.

For Students:

Students will have an opportunity to complete the survey at school during Focus Block using their Personal Education Number (PEN). The survey is anonymous, and the PEN is only used to link a student to Esquimalt High School to ensure that only Esquimalt High School student can report.

For Parents:

The survey can be completed electronically and can be accessed on the Internet at <https://www.awinfosys.com/SurveyFull1/central/main/access.asp>.

1. Scroll down to Parents
2. Choose "Direct Access"
 - a. Choose School District – 61 Greater Victoria
 - b. Choose Esquimalt High School
 - c. Choose your preferred language for the survey to be in

Any computer or personal device with an Internet connection can be used, and access to the e-survey is simple, secure, and anonymous. The e-survey site will be open until May 3, 2024.

If you have any questions, please contact the school at 250-382-9224 or Mr. Jared Adams (VP) at jadams@sd61.bc.ca.

CHALLENGE:



4C Challenge Social
Thursday, April 11
6:30–9:30 pm

**ESQ Gym,
Cafeteria,
Games Hallway**
FREE

GRAD Information & Reminders:

Grade 12 students/parents - check your email for the most recent Grad Newsletter!

GRAD Checklist

- ☐ Pay Grad Fee - \$40
- ☐ Student should join Grad Google Classroom **0dx4rm**
- ☐ Student should have Capstone on track
- ☐ Buy Recognition Ceremony tickets through UVic
- ☐ Register for grad <https://bit.ly/ESQgrad2024registration>
- ☐ Complete grad speech for Ceremony at <https://bit.ly/ESQgradwriteup2024>
- ☐ Complete grad quote/write-up for YEARBOOK at QR Code here:



Grad Recognition Ceremony at UVic: Ticket Information - TICKET SALES OPEN APRIL 10!

Ceremony is at UVIC Farquhar Auditorium June 3 2024 @ 6:45pm

HOW DO I BUY TICKETS?

- All Ceremony tickets are processed through the UVic Ticket Centre in person or by phone 250-721-8480 (you will need a credit card)
- The UVic Ticket Centre is located in the lobby of the Jamie Cassels Centre B Wing, where the Auditorium is located. Hours of operation are Monday to Friday, 9:30am – 4:00pm.
- All persons entering the Auditorium for the event via the lobby must have a ticket, **including babes-in-arms and toddlers** (grads do not need a ticket- they are the show!)
- Tickets are \$10 each plus a per order fee (\$3.00 for online \$2.00 for phone)- limit 6 per family (extra tickets will be available closer to the event date typically two weeks prior)
- **Accessible seating is limited. Please indicate if you need accessible seating for wheelchairs at the time of your order**
- Parking on campus is pay parking 24 hours daily, Monday to Saturday. As parking lot dispensers can be busy prior to ceremonies, we recommend families either arrive early or purchase passes in advance through Campus Security. Link to pre purchase:
<https://parking.uvic.ca/ebusiness/cmnl/index.aspx>.
- If families need financial assistance for tickets, please email chbradsaw@sd61.bc.ca or ahoffman@sd61.bc.ca -this information will be kept confidential

Tickets will be sent to the student sd61 email.

PLEASE ENSURE YOU REQUEST ANY REQUIRED ACCESSIBLE/WHEELCHAIR SEATING AT THE TIME OF ORDERING YOUR TICKETS.

SCHOLARSHIPS: Highlighted Mar/Apr Scholarships---check each link for deadlines

[Please click here to view a link to the Scholarship Spreadsheet](#) that Mrs. Bjornson using to house opportunities as they pass through her inbox. Not all links work--- sometimes opportunities fizzle out. Feel free to email her about faulty links--- bonus points if you can find and send an updated link!
dbjornson@sd61.bc.ca

District Authority Award

[Esquimalt High DA Award Website](#)

District/Authority Scholarships recognize graduating BC students for excellence in their chosen areas of interest or strength. These BC Government issued scholarships are intended to help students pursue post-secondary education. Winners receive a \$1250 voucher that can be used toward post-secondary education tuition. [Click here](#) to see if this award can be used at the school of your choice.

BC School Sports Scholarships

BC School Sports is pleased to provide over \$30,000 in scholarships available to student-athletes this year. The application deadline is **May 3** at 4 PM. <https://www.bcschoolsports.ca/member-services/scholarships>

Specific Criteria Awards for UVIC-bound students

A variety of scholarships and bursaries for students entering UVIC. Mrs. Bjornson will have a specific Scholarship 12 meeting that looks at these awards although folks can look on their own, as well. Generally, it is a "one-application" process. No gap year. (Taking a gap year? Apply next year.)

Due April 30. <https://www.uvic.ca/registrar/safa/entrance-scholarships/specific/index.php>

SD61 Indigenous Scholarships & Awards

All grades have specific awards.

Due: TBA (sometime in May) <https://ied.sd61.bc.ca/graduation/greater-victoria-sd61-scholarships/>

Pacific Leaders Scholarships for Children of Public Servants

\$2500, essay required, Grade 12 only. **Due: May 14**, BC government award

<https://www2.gov.bc.ca/gov/content/careers-myhr/all-employees/career-development/pacific-leaders/scholarships-for-children>

There will be Scholarship 12 meetings that are open to ALL GRADS to help them create their e-portfolios and applications. This application will take a minimum of 2 hours to complete. Most students put 3+ hours into their application, however. Meetings will be on Wednesdays at lunch. Monitor the Scholarship 12 Google Classroom for exact dates.

PAC UPDATES: *Next Meeting: Monday April 22nd*

Upcoming meeting will be on Mondays moving forward. Please join us on **April 22nd and May 13th**.
Meetings are at Esquimalt High School at 6:45pm.

Esquimalt PAC AGM Meeting May 13th

Please join us for the Esquimalt **PAC AGM** on **Monday, May 13th @ 6:45** in the All Nations Room.
All roles are available, but we currently have a known opening for Treasurer for the upcoming 2024-2025 School Year.

The position of treasurer is one of three required to form the PAC and the main duties are as follows:

- Apply for and manage the gaming grant. The gaming grant provides roughly \$17,000 a year to extracurricular activities and events at Esquimalt High.
- Attend monthly PAC meetings and provide updates on the PAC accounts.
- Write an annual summary report.

At the Esquimalt PAC we work together and support each role to be successful.

If you are interested or would like more information, please email esquimaltpac@gmail.com.

Looking for an easy way to support the Esquimalt PAC?



Email esquimaltPAC@gmail.com to get your **reloadable card!**

Info for users:

1. Re-load at any check out counter at **all 10 Fairway Market stores** on Vancouver Island.
2. Use **any means of payment** including your favourite credit card to collect points or miles.
3. You may re-load **between \$20 and \$500** each time.
4. You can re-load the same card multiple times. Give the blank cards to **family & friends** so they can start re-loading to help support your group.

Fundraiser: Save a Tape



PAC Fundraiser “Save a Tape”!

**Do you, or someone you know,
shop at Country Grocer? If so, we
want your RECEIPTS!**

**Esquimalt High School PAC will
receive 1% of all orders!
Bring receipts to the OFFICE.**

What's on the Menu?

ESQ Café – April 08-12, 2024

Monday	Pulled pork sliders, jalapeno crème fraiche, cumin-lime coleslaw or Falafel sliders, tzatziki, pickled onion, feta cheese.
Tuesday	Ground beef hard shell taco, picante salsa, jalapeno jack, iceberg lettuce. Also available refried beans.
Wednesday	Meatball bahn mi, sriracha aioli, ginger-lemon grass, pork meatballs, pickled daikon and carrot, cucumbers, mint and cilantro. Also available with grilled tofu.
Thursday	Buttermilk fried chicken bao bun, passionfruit-gochugang BBQ sauce, pickled vegetable slaw. Also available with tempura yam.
Friday	Coconut prawn jungle curry noodle box. Also available vegetarian.

ATHLETICS:

X-Country and Track & Field

- Wednesday, April 10 - UVIC event day 3pm

Practices schedule: Weight room Monday am at 7:30 am
Practice after school Tuesday/ Thursday meet on the track at 3:30pm

Rugby

- Monday, April 08 - Jr. Girls Rugby at Home on the upper field @ 3:45pm
- Tuesday, April 09 - Jr. Boys Rugby at Home on the upper field @ 3:45pm
- Tuesday, April 09 - Sr. Boys Rugby at Reynolds @ 3:45pm
- Friday, April 12- Sr/Jr Girls Rugby at Macdonald Park for the Epilepsy Awareness Tournament 9am to 5pm

Soccer

- Tuesday April 9th - Sr. Girls Soccer @ Tyndal Turf vs Mt. Doug at 3:15pm

Badminton

- Tuesday, April 9th - Badminton @ Home in the Dockers Gym @ 3:45pm vs Parkland
- Thursday, April 11th - Badminton @ Victor Brodeur @ 3:45pm

Spring Sport Information:

- Track & Field is run by Sarah Thornber = sthornber@sd61.bc.ca
- Boys & Girls Rugby 7's is run by Mike Thompson, David Moonlight and Chelsea Minter = mbthompson@sd61.bc.ca; dmoonlight@sd61.bc.ca; cminter@sd61.bc.ca
- Girls Soccer is run by Brandon Aris = baris@sd61.bc.ca
- Badminton is run by Ken Henderson = khenderson@sd61.bc.ca
- Ultimate is run by Ange Coutts and Tim Zemanek = acoutts@sd61.bc.ca; tzemanek@sd61.bc.ca

Please reach out to coaches in order to get season details! *Mike Thompson, CCAA*

WOMEN ON WATER: TEEN EDITION



**GORGE
NARROWS
ROWING**

YOUNG WOMEN AGES 14-18 ARE INVITED TO COME LEARN THE AMAZING
SPORT OF ROWING AT OUR COMMUNITY BOATHOUSE ON THE BEAUTIFUL
GORGE WATERWAY



ALL IN
**GOOD
FUN**

WHO: YOUNG WOMEN AGES 14-18 (MENTORS
WELCOME)
WHAT: LEARN TO ROW IN A SAFE AND WELCOMING
ENVIRONMENT
WHEN: SATURDAYS 11:00AM-1:00PM APRIL 20TH-
AUGUST 17TH
WHERE: GORGE NARROWS ROWING CLUB 2940
JUTLAND RD. VICTORIA BC
WHY: EXPERIENCE THE GORGE WATERWAY AND
IMPROVE YOUR MENTAL AND PHYSICAL HEALTH

COME TRY!

IT'S FREE!

SCAN ME!



FINE ARTS:



You're invited to Esquimalt High School's production of *Mean Girls (High School Version)*!

Based off of the hit 2004 film by Tina Fey, this fiercely hilarious musical explores the highs and lows of the high school experience. Our production features over 60 students, a live band of community members, exciting dance numbers, and fun contemporary music that will be hard to get out of your head.

Shows will take place at the Esquimalt High School Theatre on April 26, 27, 28 and May 2, 3, 4. Evening shows start at 7:00pm and the April 28th matinée at 2:00pm.

Tickets are available online at <https://www.showtix4u.com/event-details/82568>. If you're feeling especially fetch, treat yourself to a VIP Package, which includes first choice seating, your very own tote bag filled with goodies, and complimentary snacks!

Please note that this show is rated PG-13 and uses art and comedy to discuss challenging subjects including cliques, social norms, and bullying.





REMINDERS:

YOUTH CLINIC


Located at Esquimalt High
TUESDAYS @11:30AM-2:00PM

Providing Free, Confidential, Inclusive and Non-Judgmental Services

- Birth Control
- Immunizations
- Emergency Contraceptive
- Sexually Transmitted Infection testing & treatment
- Sexual decision making and relationships
- Pregnancy testing and options
- Naloxone kits
- Free condoms and lube



ALL REFUNDABLE CONTAINERS ACCEPTED
pop, juice, beer, wine, liquor, bi-metal, milk...
no soup, ensure | **OK - milk, soy, almond**




ROTARY BOTTLE DRIVE

Location:
Esquimalt High School
847 Colville Road Entrance

Dates: Sat., 13 January
Sat., 3 February
Sat., 2 March
Sat., 6 April
Sat., 4 May
Sat., 1 June

Times: 10 am – 2 pm



 **Rotary**
Club of Victoria 

Interact  **Esquimalt High School**

BOTTLE DRIVE

Saturday
10 am – 2 pm

Proceeds will support:

- Local Charities
- Esquimalt High School



VE Day 80 (2025): Netherlands & Germany

explorica.ca/Zemanek-7685

May 02 - May 10, 2025

Day 1 Start tour

Tour must depart Canada on May 2, 2025

Day 2 Hallo Amsterdam

Meet your tour director and check into hotel

Day 3 Amsterdam--Brabant Region

Amsterdam tour director-led sightseeing: Canal guided cruise, Diamond factory visit, Anne Frank House visit
Travel to the Brabant Region
Explorica event in Bergen Op Zoom

Day 4 Liberation Celebration Day

Explorica event at Overloon War Museum
Explorica event at Efteling Theme Park

Day 5 Brabant Region--Nuremberg

Fly to Munich
Travel to Nuremberg
Nuremberg city walk

Day 6 Nuremberg

Nazi Party Rally Grounds visit
Documentation Centre visit
War Crimes Trial Museum visit

Day 7 Nuremberg--Munich

Travel to Munich via Dachau
Dachau Concentration Camp & Memorial visit
Bavarian bratwurst dinner

Day 8 Munich landmarks

Munich guided sightseeing tour: Residenz, Nymphenburg Palace Gardens, Alte Pinakothek, Deutsches Museum, BMW Headquarters, Olympic site of 1972, Frauenkirche, Neues Rathaus, Marienplatz, Hofbräuhaus

Day 9 End tour



Reserve your Spot!

Tour Center ID: Zemanek-7685

Initial registration deadline: November 30, 2023

What's included

We provide everything you need for a remarkable trip:

- Round-trip airfare
- 7 overnight stays in hotels with private bathrooms
- Full European breakfast daily
- Dinner daily
- Full-time services of a professional tour director
- Guided sightseeing tours and city walks as per itinerary
- Visits to select attractions as per itinerary
- Tour Diary™
- Note: On arrival day only dinner is provided; on departure day, only breakfast is provided
- Note: Tour cost does not include airline-imposed baggage fees, or fees for any required passport or visa. Optional excursions, optional pre-paid Tour Director and multi-day bus driver tipping, among other individual and group customizations will be listed as separate line items in the total trip cost, if included.

Tour investment

Students (travellers under the age of 23): \$4,874

Adults (age 23 and over): \$5,314

Price reflects savings of a \$200 travel grant. Sign up by 11/10/2023 and enter code Early2025 in order to take advantage of this limited-time offer!

Automatic monthly payment plan

Pay \$50 upon enrolment and the balance will be divided into equal monthly payments, charged automatically to your chequing account. As of October 26, 2023, your monthly payment would be just \$301.50. Manual plan also available; learn more on explorica.ca/paymentplans.

Travel protection

Most Explorica travellers protect their investment with our Travel Protection Plan Plus, which includes a Cancel For Any Reason waiver for only \$25 per day. To learn more, visit explorica.ca/cfar.

Carbon neutral travel with Choose Earth

Our Choose Earth program enables travellers to offset the carbon emissions generated by their travel for \$19, plus our 100% company match. To learn more, visit worldstrides.ca/carbonoffset.

Enrol online,
by phone, or by mail



explorica.ca/Zemanek-7685



1.888.378.8845



Download and complete
a paper application on
explorica.ca/resources


by WorldStrides

3280 Bloor Street West
Suite 901,
Toronto, ON M8X 2X3



Online Registration Instructions

1. Go to www.explorica.ca/Zemanek-7685 and click "sign up now".
2. Fill out the traveller's information as instructed, followed by the emergency contact/parents information, then click "Next" [please **use your child's passport first and last name**].

****This page will ask if you have a current passport. If you check the "I have a current passport" box, the form will require you to enter your passport information. If you have a current passport but do not have it on you at the time of completing this registration, you may leave the box unchecked and enter your passport information at a later date. It is not mandatory to enter this information at this time.****

Note: The email address is required! Any reminders will go to this address. This email address will default to the username. If a parent is signing up more than one child, two different usernames are required.

3. On the next page, verify your customization for details such as additional excursion information. The Program Leader will have decided upon most of these details for the group. If the current selections are satisfactory, click "Next" to move on.
4. Choose your payment plan:
 - **Pay in full**
 - **The monthly automated plan** automatically charges your chequing account in equal monthly instalments. You will be asked to complete a \$50 initial payment while registering online. The full payment will be completed no less than 35 days prior to departure.
 - **If you wish to choose the manual plan (4-step payment plan), please select "Show other plans".** You will be asked to complete a \$99 non-refundable deposit while registering online; 30 days after registering, you will be asked to pay \$500 towards your Tour Fee; 110 days prior to departure, you will be asked to pay 75% of your remaining balance; 65 days prior to departure, you will be asked to pay the final remaining balance. You are responsible for making those payments on time by sending a cheque in the mail, paying online with a credit card, or calling Explorica by WorldStrides with a credit card number. **Travellers on the 4-step manual plan will not receive any invoices in the mail.** You will receive a reminder to the email address you provided during registration.

If applicable, redeem your voucher code on this page by clicking "I have a voucher code" and entering it here. Your voucher code is **Early2025** and is valid until **11/10/2023**

**** You will be asked to enter your payment information on this screen. Please note the amount indicated will include Travel Protection. Depending on your pre-arranged tour package, this may be de-selected on the insurance tab or on the review page; the amount will re-calculate before charging your card.****

5. To review your insurance plan, please click on the insurance tab at the top of the page:
 - **Travel Protection Plan Plus:** This insurance is pre-selected. This is recommended unless you have another insurance plan which includes cancellation insurance.
 - **None:** I waive all travel protection plan coverage

If the current selections are satisfactory, click "Next" or "Save Changes". Continue to select "Next" on all completed pages until you reach the Confirmation page.

Please note: The Program Leader may have made the Travel Protection Plan mandatory as per School Board policies.

Please review all information prior to finalizing the sign-up process.

6. If you have any questions or concerns, please contact Explorica at 1-888-378-8845 and a customer service representative will assist you.