



Esquimalt Parent & Student Docker

March 11-15, 2024

Esse Quam Videri - "to be rather than to seem"

| | | |
|----------------------------|---|------------------------|
| Mon Mar 11 th | Ramadan Begins WSPR Gang Education Seminar (registration required) | 6:15-8:15pm at JDF Rec |
| Tues Mar 12 th | Grade 10 Careers Presentation | Block B |
| Wed Mar 13 th | Early Dismissal | 2:27pm |
| Thurs Mar 14 th | Spring Fling Dance | 7-10pm in the Gym |
| Fri Mar 15 th | Last day of classes before Spring Break Indigenous Education Movie Night | 5:30-9pm - Theatre |



Save the Date

March 18-April 02: Spring Break
April 03: School reopens after Spring Break
April 22: PAC Meeting
May 13: PAC AGM



Don't forget to **Spring Forward** this Sunday at 2am for daylight savings'



Ramadan begins this year on March 11! This is the holiest month for Muslims around the world, and many families at Esquimalt will be observing Ramadan by fasting during the day. We wish a very Blessed Ramadan to all of those observing.

SNAPSHOTS:

The March/April snapshots focus on connection to culture. It's valuable to understand and be connected to culture as it supports a sense of identity and belonging. Culture provides a framework to understand who we are, where we come from, and our place in the world. This sense of identity and belonging can contribute to overall well-being.

Secondary – [Building Bridges](#)

INDIGENOUS EDUCATION: Movie Night



The Esquimalt Indigenous Education team is hosting a Movie and Feast Night for Indigenous Families! Come out for dinner and a screening of Spiderman Across the Spiderverse on our theatre's big screen.

Friday March 15th 5:30-9pm

We are excited to bring Esquimalt, Songhees, Urban and Metis Families together to share some food and kick off March Break in style. Looking forward to seeing you there!

STUDENT LEARNING SURVEY: Parents of Students in Grade 10 & 12

The Provincial Student Learning Survey is unique in its scope, size, and usefulness to schools. It gathers information from parents/guardians/caregivers, teachers and students on topics related to school environment, safety, and achievement. The information is used for planning in individual schools and provides a district and provincial perspective.

Early in **2024** the Student Learning Survey will be administered to students in grades 10 and 12, their parents/guardians/caregivers, and all school staff. We encourage parents/guardians/caregivers to participate in this survey, as the results are important in identifying and celebrating current strengths, as well as determining where the school needs to focus improvement. The surveys contain standard questions for the Province – in addition, questions from the school and/or district that focus on local conditions or issues may be included.

For Students:

Students will have an opportunity to complete the survey at school during Focus Block using their Personal Education Number (PEN). The survey is anonymous, and the PEN is only used to link a student to Esquimalt High School to ensure that only Esquimalt High School student can report.

For Parents:

The survey can be completed electronically and can be accessed on the Internet at <https://www.awinfosys.com/SurveyFull1/central/main/access.asp>.

1. Scroll down to Parents
2. Choose "Direct Access"
 - a. Choose School District – 61 Greater Victoria
 - b. Choose Esquimalt High School
 - c. Choose your preferred language for the survey to be in

Any computer or personal device with an Internet connection can be used, and access to the e-survey is simple, secure, and anonymous. The e-survey site will be open until May 3, 2024.

If you have any questions, please contact the school at 250-382-9224 or Mr. Jared Adams (VP) at jadams@sd61.bc.ca.

GRAD Information & Reminders:

Grade 12 students/parents - check your email for the most recent Grad Newsletter!

GRAD Checklist

- ☐ Pay Grad Fee - \$40
- ☐ Student should join Grad Google Classroom **0dx4rm**
- ☐ Student should have Capstone on track

SCHOLARSHIPS: Highlighted March Scholarships---check each link for deadlines

[Please click here to view a link to the Scholarship Spreadsheet](#) that Mrs. Bjornson using to house opportunities as they pass through her inbox. Not all links work--- sometimes opportunities fizzle out. Feel free to email her about faulty links--- bonus points if you can find and send an updated link!

dbjornson@sd61.bc.ca

District Authority Award

[Esquimalt High DA Award Website](#)

District/Authority Scholarships recognize graduating BC students for excellence in their chosen areas of interest or strength. These BC Government issued scholarships are intended to help students pursue post-secondary education. Winners receive a \$1250 voucher that can be used toward post-secondary education tuition. [Click here](#) to see if this award can be used at the school of your choice.

BC School Sports Scholarships

BC School Sports is pleased to provide over \$30,000 in scholarships available to student-athletes this year. The application deadline is **May 3** at 4 PM. <https://www.bcschoolsports.ca/member-services/scholarships>

Specific Criteria Awards for UVIC-bound students

A variety of scholarships and bursaries for students entering UVIC. Mrs. Bjornson will have a specific Scholarship 12 meeting that looks at these awards although folks can look on their own, as well. Generally, it is a "one-application" process. No gap year. (Taking a gap year? Apply next year.)

Due April 30. <https://www.uvic.ca/registrar/safa/entrance-scholarships/specific/index.php>

SD61 Indigenous Scholarships & Awards

All grades have specific awards.

Due: TBA (sometime in May) <https://ied.sd61.bc.ca/graduation/greater-victoria-sd61-scholarships/>

Pacific Leaders Scholarships for Children of Public Servants

\$2500, essay required, Grade 12 only. **Due: May 14**, BC government award

<https://www2.gov.bc.ca/gov/content/careers-myhr/all-employees/career-development/pacific-leaders/scholarships-for-children>

There will be Scholarship 12 meetings that are open to ALL GRADS to help them create their e-portfolios and applications. This application will take a minimum of 2 hours to complete. Most students put 3+ hours into their application, however. Meetings will be on Wednesdays at lunch. Monitor the Scholarship 12 Google Classroom for exact dates.

CAREERS:

Grade 10 Careers Students:

Volunteer Victoria will be presenting to us on Tuesday March 13th during B block. There will be an assignment posted to your google classroom following our meeting. See you there!



What and When:

- This Firefighting camp is put on by the Esquimalt Fire Department and is offered exclusively to Esquimalt High Students.
- The camp runs from March 18 to 22, from 9 am to 3 pm.
- There is no cost to attend.
- Students learn about career pathways in Firefighting through training activities, simulations, and guest speakers
- A few spots are still available. All students are welcome to apply.
- Preference will be given to Gr 11 and 12 students.

Explore the career pathway of firefighting through interactive and hands-on activities.



FOR MORE INFORMATION CONTACT ESQ CAREERS

Mr. Henderson: khenderson@sd61.bc.ca or Tarra: tclarke@sd61.bc.ca

ATHLETICS:

X-Country and Track & Field

Meets start April 3 at Uvic

Practices schedule: Weight room Monday am at 7:30 am
Practice after school Tuesday/ Thursday meet on the track at 3:30pm.

Girls Soccer

Exhibition game - Tuesday March 12th 3:30 at Finlayson turf vs. Vic High

First game of the season - Thursday March 14th 3:30 At Hampton Turf vs SMS

Spring Sport Information:

- Track & Field is run by Sarah Thornber = sthornber@sd61.bc.ca
- Boys & Girls Rugby 7's is run by Mike Thompson, David Moonlight and Chelsea Minter = mbthompson@sd61.bc.ca; dmoonlight@sd61.bc.ca; cminter@sd61.bc.ca
- Girls Soccer is run by Brandon Aris = baris@sd61.bc.ca
- Badminton is run by Ken Henderson = khenderson@sd61.bc.ca
- Ultimate is run by Ange Coutts and Tim Zemanek = acoutts@sd61.bc.ca; tzemanek@sd61.bc.ca

Please reach out to coaches in order to get season details! *Mike Thompson, CCAA*

PAC UPDATES: *Next Meeting: Monday April 22nd*

Upcoming meeting will be on Mondays moving forward. Please join us on **April 22nd and May 13th**.
Meetings are at Esquimalt High School at 6:45pm.

Esquimalt PAC AGM Meeting May 13th

Please join us for the Esquimalt **PAC AGM** on **Monday, May 13th @ 6:45** in the All Nations Room.
All roles are available, but we currently have a known opening for Treasurer for the upcoming 2024-2025 School Year.

The position of treasurer is one of three required to form the PAC and the main duties are as follows:

- Apply for and manage the gaming grant. The gaming grant provides roughly \$17,000 a year to extracurricular activities and events at Esquimalt High.
- Attend monthly PAC meetings and provide updates on the PAC accounts.
- Write an annual summary report.

At the Esquimalt PAC we work together and support each role to be successful.

If you are interested or would like more information, please email esquimaltpac@gmail.com.

Looking for an easy way to support the Esquimalt PAC?



Email esquimaltPAC@gmail.com to get your **reloadable card!**

Info for users:

1. Re-load at any check out counter at **all 10 Fairway Market stores** on Vancouver Island.
2. Use **any means of payment** including your favourite credit card to collect points or miles.
3. You may re-load **between \$20 and \$500** each time.
4. You can re-load the same card multiple times. Give the blank cards to **family & friends** so they can start re-loading to help support your group.

Fundraiser: Save a Tape



PAC Fundraiser “Save a Tape”!

**Do you, or someone you know,
shop at Country Grocer? If so, we
want your RECEIPTS!**

**Esquimalt High School PAC will
receive 1% of all orders!
Bring receipts to the OFFICE.**

Clubs: *Weekly Meeting Info*

Art Collective/Art Club: Thursday at lunch Room 223

Atom Smashers ESQ Robotics: Mondays & Wednesdays after school Room 221

Best Buddies: Wednesdays at lunch Room 101/310

BIPOC Club: Fridays at lunch Room 309

Black Students' Union: After school on Mondays Conference Room

Book Club: Tuesdays at lunch Library Learning Commons

Ceramics Club: After school as scheduled in the Google Classroom Art Room

Chess Club: Fridays at lunch Library Learning Commons

Cross Country Club: Mondays and Thursdays after school Room 301

Gaming Club: Thursdays 3:30-5:00 Library Learning Commons

ESCAPE - Esquimalt Students Caring About Peace and the Environment: Mondays at lunch Library Learning Commons

Esquimalt Ink (Student Newspaper): Wednesdays at lunch Room 325

Esquimalt Youth for Change and Inclusion (EYCI): Mondays at Lunch Room 327

GSA / Gender and Sexuality Alliance: Tuesday at lunch Room 211

Improv Club: Mondays, Wednesdays, Fridays, after school Theatre

Interact: Thursdays at lunch Room 329

Math Club: Thursday at lunch Room 305

Robotics Club: Monday, Wednesday, and Thursday afterschool from 3:30-5:30 in Room 221.

Rubik's Cube Club: Mondays at lunch Room 305 All abilities welcome.

Student Vote: By electoral cycle Library Learning Commons

Science Fair Club: Wednesdays at lunch Room 213

The Not Quite Model UN Club: Monday in Room 328 at Lunch

Women in STEM: Tuesdays at lunch Room 221

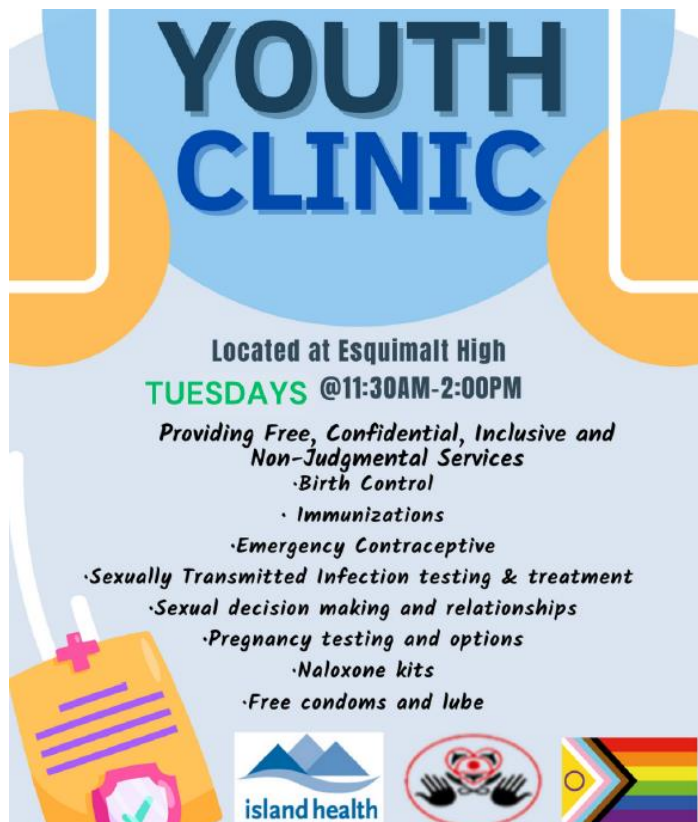
Writing Club & Slam Poetry Team: Fridays at lunch Room 325

For more information on Clubs please visit <https://esquimalt.sd61.bc.ca/activities-clubs/clubs/>



Shout out to Eliza who is running her second annual Epilepsy Awareness Rugby 7's tournament in April and is working to make the event free for participants. In order to make this happen members of the girl's rugby team had an opportunity to volunteer and make some money at the Inspire Sports Gymnastics tournament March 1st to 3rd. As always, our students represented their school community very well. Congratulations to all these student-athletes and the teachers that support them!

REMINDERS:



What's on the Menu? ESQ Café – March 11-15, 2024

| | |
|------------------|---|
| Monday | Breakfast sandwich, house made sausage patty, Havarti cheese, chili aioli, arugula. served with hash browns and roasted red pepper ketchup. Vegetarian version available. |
| Tuesday | Smoked salmon and crab cakes, dill pickle remoulade, herb and pea risotto. OR House made butternut squash ravioli, truffle cream, parmesan cracker. |
| Wednesday | Flank steak sandwich, chimichurri aioli, house made onion rings, shoestring fries. |
| Thursday | No Cafeteria Service |
| Friday | No Cafeteria Service |



EHS

Wanderland

SPRING FLING

TICKETS
ONLY \$5!!!

THURSDAY,
MARCH 14TH
at 7:00pm

DJ!

FACEPAINT!

REFRESHMENTS
FOR SALE!

Tickets on sale March 5th-13th at lunch



BUILDING SAFER COMMUNITIES

GANG EDUCATION SEMINAR

This free seminar aims to empower parents and guardians, teachers, youth workers and administrators with knowledge and awareness on the current gang situation in our community to reduce risk and harm to our youth.

Hosted by West Shore Parks & Recreation in partnership with West Shore RCMP and CFSEU-BC's End Gang Life initiative.



NEW DATE!

**MONDAY MARCH 11, 2024
6:15 – 8:15PM | FREE**

**JDF 55+ Activity Centre
Auditorium | 1767 Island Hwy.
(Registration is required:
wspr.ca > course code 13956)**

TOPICS INCLUDE:

- Understand current and local gang related activity
- Gang recruitment tactics
- How to identify early risk factors in youth
- Awareness and education on social media/substance use trends
- Importance of accessing community based supports

www.wspr.ca | 250-478-8384

