



# Esquimalt Parent & Student Docker

## Feb. 5 – Feb. 9, 2024

*Esse Quam Videri - "to be rather than to seem"*

Mon Feb. 5 <sup>th</sup>	<b>HAPPY SECOND SEMESTER!!</b> Focus Blocks will be posted in Main Foyer	<b>Check your Focus Block in Main Foyer</b>
Tues Feb. 6 <sup>th</sup>		
Wed Feb. 7 <sup>th</sup>	<b>Semester 2 Focus Block</b> <b>Interested in Track and Field?</b>	<b>1:19 – 2:05 pm</b> <b>Meeting in Room 301 After School</b>
Thurs Feb. 8 <sup>th</sup>		
Fri Feb. 9 <sup>th</sup>	<b>Report Cards Distributed</b>	<b>B Block</b>



### *Save the Date*

Feb. 12 – PAC Meeting 6:45 pm All Nations Room

Feb. 12-16: Transfers and Registrations

Feb. 14: Early Dismissal 2:27 pm

**Feb. 12-14: Grad Photo Retakes**

**Welcome New Staff:** We have new teachers joining the Esquimalt High family. Welcome to **Ms. Esther Callo** who will be teaching English and Careers. Welcome to **Ms. Nicole Taiji** who will be teaching a Foods class. Welcome **Ms. Rande Kanne** who will be teaching a Science Class in A Block.

## GRADE 10 - 12 FOCUS BLOCK

**SEM 2 FOCUS BLOCK:** Wednesday February 7 (1:19 - 2:05) between Block C & D

### WHAT IS FOCUS BLOCK ALL ABOUT?

#### Student Choice

- Time for Students to self-direct, explore and FOCUS on their learning
- An opportunity to catch up on work, get some help, or practice skills
- Students can work independently, in partners or small groups - it just depends!
- Teachers will not be assigning new work
- All students are required to attend FOCUS BLOCK.
- Staff will take/record **ATTENDANCE** and communicate home absents in the same manner as other scheduled classes.
- Instructional time: No clubs, sports, or rehearsals during this time

**PLEASE NOTE: STUDENTS WHO DIDN'T SIGN UP FOR A FOCUS BLOCK WILL BE ASSIGNED A TEACHER/SPACE!!**

**FOCUS BLOCKS WILL BE POSTED ON MONDAY FEB. 5<sup>TH</sup> IN THE MAIN FOYER**

## **JANUARY/FEBRUARY 2024 SNAPSHOT**

### **TOPIC: Peer Connections**

Peer connections are vital for children and youth as they contribute to the development of social skills, emotional intelligence, a sense of belonging and mental well-being. From kindergarten through to high school, parents can play a crucial role in helping their child navigate friendships by fostering their social skills, providing guidance on conflict resolution, and adapting their support to meet the changing needs of their child.

Secondary – [Teen Relationships, Romance and Respect](#)

### **Grad Photos by Prestige Grad Portraits**

Appointments are required. Book yours online at [Schedule.prestigeportraits.ca](https://www.scheduleprestigeportraits.ca)

### **Retake Picture Days**

February 12-14, 2024 in the Green Room @ Esquimalt High

### **GRAD Information & Reminders**

Grad 2024 Parent & Student Info Website - <https://sites.google.com/sd61learn.ca/esq-grad/home>

#### **GRAD Checklist**

- ☐ Pay Grad Fee - \$40
- ☐ Student should join Grad Google Classroom **Odx4rm**
- ☐ Student should have Capstone on track

## **CAREERS:**

### *ESQ Careers Opportunity* **STANDARD FIRST AID LEVEL 1 CERTIFICATION**

#### **8 HOURS ONLINE**

DELIVERED THROUGH SELF-PACED ONLINE LEARNING MODULES

- Students who don't complete the online learning modules will **NOT** be able to attend the IN PERSON training
- If you require support in accessing technology, let us know!

**To be COMPLETED by FEB. 01/24**

#### **8 HOURS IN-PERSON**

**WHEN** | PRO-D FEBRUARY 16, 2024

**WHERE** | ESQ HIGH SCHOOL

**TIME** | 8:30 AM - 4:30 PM

**COST**  
**\$20**

Space is limited, sign up at

**[bit.ly/esqfirstaid](https://bit.ly/esqfirstaid)**

**If technology or cost will be a barrier please contact ESQ Careers**



Career Center Coordinator: **Tarra**: [tclarke@sd61.bc.ca](mailto:tclarke@sd61.bc.ca)

Career Teacher: **Mr. Henderson**: [khenderson@sd61.bc.ca](mailto:khenderson@sd61.bc.ca)

ESQ IS OFFERING

**FOOD SAFE**

**LEVEL 1**

CERTIFICATION

**WHEN** | Tuesday Feb 13 2024

**WHERE** | ESQ LOWER CAFE

**TIME** | 8:30 AM - 3:00 PM



**[bit.ly/esqfoodsafecert](https://bit.ly/esqfoodsafecert)**

*Students are responsible for notifying their teachers & completing any missed work*

Questions? Contact ESQ Careers

Mr. Henderson: [khenderson@sd61.bc.ca](mailto:khenderson@sd61.bc.ca) or Tarra: [tclarke@sd61.bc.ca](mailto:tclarke@sd61.bc.ca)

# ✦ Black ✦ History Month



Esquimalt High School takes great pride in honoring and celebrating Black History Month, embracing diversity and fostering a sense of unity within our school community. The theme for Black History Month 2024 is **'Black Excellence: A Heritage to Celebrate; a Future to Build'**.

Join us at Esquimalt High in commemorating this important month by attending thought-provoking events and engaging in initiatives that promote cultural awareness, education, and appreciation for the rich contributions of Black history.

## Upcoming Events and Initiatives:

- Black Student Union hosts Black History Movie Night
- Special assembly with guest speaker
- Special displays in Library and Foyer
- Bake Sale
- Classroom Visits

**Esquimalt  
High  
School**

**FREE  
HAIRCUTS**



**Status barbershop 's Junior  
barber offering FREE  
med/short length haircuts.**



- ✓ Award winning barbershop
- ✓ Med/short hairstyles only
- ✓ By appointment only
- ✓ **Gratuities welcomed**

**Book with Hayden**  
**(236) 464-0466**

Attention parents & students of  
Esquimalt High !!!!!!!

19 time award winning Status barbershop is offering free haircuts until Feb 10th as part of our community involvement project.

Junior Barber Hayden will be offering short/medium length haircuts to the members of your organization. Hayden is a new barber who is perfecting his craft and would love to offer you his services.

Haircuts are by appointment only and have to be booked directly through his cell phone.

Hayden (236 464-0466.  
\$\$Gratuities welcomed\$\$

## **Scholarships:**

[Please click here to view a link to the Scholarship Spreadsheet](#)

that Mrs. Bjornson using to house opportunities as they pass through her inbox. Not all links work--- sometimes opportunities fizzle out. Feel free to email her about faulty links--- bonus points if you can find and send an updated link! [dbjornson@sd61.bc.ca](mailto:dbjornson@sd61.bc.ca)

# February

## **Highlighted February Scholarships---check each link for deadlines**

### **1. Foster Children Bursary**

- a. <https://www.storwell.com/bursary-application>
- b. Storwell offers an annual bursary to support foster children as they pursue their post-secondary education and to help them as they progress into a new and exciting stage of their lives.
- c. Grade 12 only. Due Dec 31. (easy application; apply right away)

### **2. Specific Criteria Awards for UVIC-bound students**

- a. A variety of scholarships and bursaries for students entering UVIC. Mrs. Bjornson will have a specific Scholarship 12 meeting that looks at these awards although folks can look on their own, as well. Generally, it is a “one-application” process. No gap year. (Taking a gap year? Apply next year.)

**Due April 30.**

<https://www.uvic.ca/registrar/safa/entrance-scholarships/specific/index.php>

### **3. SD61 Indigenous Scholarships & Awards**

- a. **All grades**
- b. have specific awards.
- c. **Due: May 14, 2022**
- d. <https://ied.sd61.bc.ca/graduation/greater-victoria-sd61-scholarships/>

### **4. Pacific Leaders Scholarships for Children of Public Servants**

- a. \$2500, essay required, Grade 12 only,
- b. **Due: May 14**, BC government award
- c. <https://www2.gov.bc.ca/gov/content/careers-myhr/all-employees/career-development/pacific-leaders/scholarships-for-children>

### **5. 2024 BCAHA Tribute Bursary Fund**

- a. \$1500; Must be enrolled in a **human healthcare program** of studies in a recognized post-secondary institution; financial need applicants only
- b. <https://bchealthcareaux.org/bursary-fund/>





## Fine Arts:

Watch the Esquimalt Improv team perform in the Vancouver Island Regional Tournament of the Canadian Improv Games! Esquimalt performs on Friday in our Esquimalt Theatre at 7:00 pm, tickets are available at the door.

## Clubs

### Weekly Meeting Info

**Art Collective/Art Club:** Thursday at lunch Room 223

**Atom Smashers ESQ Robotics:** Mondays & Wednesdays after school Room 221

**Best Buddies:** Wednesdays at lunch Room 101/310

**BIPOC Club:** Fridays at lunch Room 309

**Black Students' Union:** After school on Mondays Conference Room

**Book Club:** Tuesdays at lunch Library Learning Commons

**Ceramics Club:** After school as scheduled in the Google Classroom Art Room

**Chess Club:** Fridays at lunch Library Learning Commons

**Cross Country Club:** Mondays and Thursdays after school Room 301

**Gaming Club:** Thursdays 3:30-5:00 Library Learning Commons

**ESCAPE - Esquimalt Students Caring About Peace and the Environment:** Mondays at lunch Library Learning Commons

**Esquimalt Ink (Student Newspaper):** Wednesdays at lunch Room 325

**Esquimalt Youth for Change and Inclusion (EYCI):** Mondays at Lunch Room 327

**GSA / Gender and Sexuality Alliance:** Tuesday at lunch Room 211

**Improv Club:** Mondays, Wednesdays, Fridays, after school Theatre

**Interact:** Thursdays at lunch Room 329

**Math Club:** Thursday at lunch Room 305

**Rubik's Cube Club:** Mondays at lunch Room 305 All abilities welcome.

**Student Vote:** By electoral cycle Library Learning Commons

**Science Fair Club:** Wednesdays at lunch Room 213

**The Not Quite Model UN Club:** Monday in Room 328 at Lunch

**Women in STEM:** Tuesdays at lunch Room 221

**Writing Club & Slam Poetry Team:** Fridays at lunch Room 325

For more information on Clubs please visit <https://esquimalt.sd61.bc.ca/activities-clubs/clubs/>

## PAC Updates

**Next Meeting: February 12th**

Upcoming meeting will be on Mondays moving forward. **Please join us on February 12<sup>th</sup>, April 22<sup>nd</sup>, and May 13<sup>th</sup>.**

Meetings are at Esquimalt High School at 6:45pm.

**Looking for an easy way to support the Esquimalt PAC?**



Email [esquimaltPAC@gmail.com](mailto:esquimaltPAC@gmail.com) to get your **reloadable card!**

**Info for users:**

1. Re-load at any check out counter at **all 10 Fairway Market stores** on Vancouver Island.
2. Use **any means of payment** including your favourite credit card to collect points or miles.
3. You may re-load **between \$20 and \$500** each time.
4. You can re-load the same card multiple times. Give the blank cards to **family & friends** so they can start re-loading to help support your group.

**Fundraiser: Save a Tape**



## PAC Fundraiser “Save a Tape”!

**Do you, or someone you know,  
shop at Country Grocer? If so, we  
want your RECEIPTS!  
Esquimalt High School PAC will  
receive 1% of all orders!  
Bring receipts to the OFFICE.**

## Athletics

### ***X-Country and Track & Field***

Track and Field Meeting to discuss the upcoming season in room 301 on Wednesday Feb 7. All those interested in running, jumping, throwing or relay events (4X 100 or 4 X400) Please come to an important meeting after school Wednesday.

Any questions, please email Ms. Thornber at: [sthorbur@sd61.bc.ca](mailto:sthorbur@sd61.bc.ca)

## Games:

Tuesday, Feb 6th Basketball senior boys playing at Vic High at 7:30pm. The rest are playoff games and schedules still to be determined.

**ALL REFUNDABLE  
CONTAINERS ACCEPTED**  
pop, juice, beer, wine,  
liquor, bi-metal, milk...  
**no soup, ensure** | **OK - milk, soy,  
almond**



## ROTARY BOTTLE DRIVE

### Location:

Esquimalt High School  
847 Colville Road Entrance

**Dates:** Sat., 13 January  
Sat., 3 February  
Sat., 2 March  
Sat., 6 April  
Sat., 4 May  
Sat., 1 June

**Times:** 10 am – 2 pm



**Rotary**  
Club of Victoria



**Interact**



**Esquimalt  
High School**

# BOTTLE DRIVE

**Saturday**

**10 am – 2 pm**

## Proceeds will support:

- Local Charities
- Esquimalt High School

## Welcome to Semester 2!!!



Wishing Mr. Clark Schwab all the best as he enters the world of retirement! Mr. Schwab has been an integral member of our Science and Math departments, as well as our 4C Challenge Program! You will be missed!



Congratulations [@esquimaltatomsmashers](#) for winning the Inspire Award at today's regional qualifiers for [@firstroboticsbc](#) [#ftcrobotics](#)! This win is a HUGE honour— it is the most prestigious award of the competition!!! It also means that our team will once again go to the Provincials to try and win a berth to the World competition in Texas.





Big win tonight (49-35) for Esquimalt High School Sr. Girls Basketball!

## What's on the Menu? ESQ Café – Feb. 5 - Feb. 9, 2024

<b>Monday</b>	No Café Service
<b>Tuesday</b>	No Café Service
<b>Wednesday</b>	To be Determined
<b>Thursday</b>	To be Determined
<b>Friday</b>	To be Determined

### ***Reminder:***

# YOUTH CLINIC

Located at Esquimalt High  
**TUESDAYS @11:30AM-2:00PM**

*Providing Free, Confidential, Inclusive and Non-Judgmental Services*

- Birth Control
- Immunizations
- Emergency Contraceptive
- Sexually Transmitted Infection testing & treatment
- Sexual decision making and relationships
- Pregnancy testing and options
- Naloxone kits
- Free condoms and lube