

# Esquimalt INK

MONTHLY NEWSPAPER

December 2022 Issue 3

## CHRISTMAS HISTORY

*Written by Brooklynn Weber*

There are plenty of fun and festive traditions that take place this season, but we have found some unique ones you may not know about. If you participate in any of these, message us on Instagram about how that tradition came to be in your family, or if you have a special take on it.

The first is a spooky tradition that originally took place in Austria. **Krampus** is a ghoulish creature, the evil accomplice of Santa, who is known to wander the streets to search for misbehaved children. Krampus searches all throughout the month of December, so don't be surprised if you see terrifying masked figures walking around! This next tradition takes place not on Christmas, but on the eve of January 5th. An old woman named **Befana** visits all the children of Italy to fill their stockings with candy and leave them presents if they are good. As you can see, this is very similar to Christmas.



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**The Christmas Pickle** is a more commonly known tradition throughout the world. This is believed to be started in Germany in the 16th century, but one legend says it originated in Spain. The premise of the game is for the pickle to be hidden among the branches of the Christmas tree. The first kid to find it gets to open the first present! It is said that all of this started when two young boys were held as prisoners inside of a pickle barrel. The heroic Saint Nicholas rescued these boys and brought them to life once again.

As you can see, there are plenty of unique and interesting traditions around the world. We hope you learned something new by reading this!



## Equimalt Ink Submissions

Esquimalt Ink is happy to bring you up-to-date information in this newspaper. We are happy to get feedback and submissions via Instagram @ equimalt\_ink\_news.

## Amazing Performance by Esquimalt's Music Program at This Year's Winter Concert

*Written by Ryleigh Gelling*

This year's winter concert was on December 6th and 8th and it was a great success. Concert Choir, Grade 9 Band, Vocal Ensemble, and Senior Jazz Band performed on Dec. 6. R & B Band, Junior Jazz (plus Senior Jazz), Strings and Senior Concert Band performed on the 8th. Some of the pieces that were featured in the concert were Jingle Bell Rock, When October Goes, and Christmas Time with Charlie Brown. As this was a winter concert, students were given the option of wearing ugly sweaters and I have to say they did not disappoint and definitely made the concert feel more festive.

As well as just being a fun concert, it was also an opportunity for people to donate non-perishable food items and cash donations to Esquimalt families in need this holiday season. Overall it was a great experience as anyone who was there can tell you and it could not have happened without our fabulous music teachers Ms. Allison, Mr. Leeson, McDermid, and Ms. Treble.



## Gingerbread House Sales

*Written Brooklynn Weber*

The Esquimalt High School's Culinary Arts Program participated (yet again) in the ninth annual gingerbread houses for charity. They made and sold 700 houses this year! Congratulations and thank you to everyone who helped out! The money made from these gingerbread houses goes to CFA Santa's Anonymous. We would also like to remind you to bring in your toonies for the Christmas hamper! The money goes towards local families in need this holiday season.

## INTERACT

Interact is a youth club that runs through Rotary, sharing their value of service above self. We meet every Wednesday at lunch in room 329 to talk about projects beneficial to our school and community such as working on building a school garden, collecting money for the Salvation Army, and most recently, the 1000x5 book drive. Come by our club meetings, check out our Instagram ([interact\\_ehs2022](#)), or listen to the announcements to learn MORE!



# Basketball News!



*Written Regina Porter*

The basketball season has just taken off, and our teams are starting strong! The Senior Girl's team won their first game against Mount Douglas, the Senior Boys won against Vic High and



the Junior Boys won against Royal Bay!

For now, these are all exhibition games. But starting in January, the games get serious! So tune in and don't forget to come to the games. Our teams will appreciate your support! December 12th was a home game for the Junior Girls team.



If you want to know when the games are taking place, be sure to listen to the announcements!

# Canada Qualifies for the World Cup After Over 3 Decades

*Written by Ryleigh Gelling*

Canada's men's soccer team has only ever qualified for the World Cup once before and fans across Canada are ecstatic that the team has qualified once again. The only other time they qualified was in the 1986 World Cup (which was over 3 decades ago). This is a step in the right direction for this team, even though they still have a long way to go as they were eliminated pretty early on. Fans have been waiting a long time for this team's chance, and after 32 years it is finally here!

Canada qualifying is not the only interesting thing that has happened in the World Cup.



The host country this year is Qatar. Unlike Canada, Qatar has laws against being part of the LGBTQ+ community, making it illegal. To protest against this and show support for the LGBTQ+ community, the captains of 8 different countries (including Canada) were going to wear LGBTQ+ armbands during their games.

FIFA (the Federation of International Football Associations) responded by saying anyone who did this would be fined.

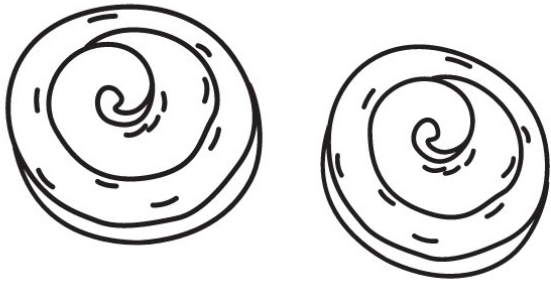


**(CANADA SOCCER / BEAU CHEVALIER)**

When the captains of the countries didn't back down, FIFA said that they would hand out yellow cards to anyone that went through with this. Another significant thing that happened was Iran refusing to sing their national anthem during their first game. This was to show support for the protests back home about the strict dress code and unfair laws against women in Iran.

# December Recipe

## FESTIVE SWIRL COOKIES



### Instructions

Mix butter and sugar in a bowl until fluffy.  
Mix in eggs and vanilla.  
Mix in all the dry ingredients.  
Divide the dough into 2 pieces, add red food colouring to one half and green to the other.  
Roll out the dough into an 11x9-inch rectangle.  
Put plastic wrap in between the roller and dough so it doesn't stick.  
Overlap each dough layer and roll it into a cylinder.  
Roll the dough in sprinkles until covered.  
Chill for 3 hours.  
Preheat oven to 375 F.  
Cut the dough into 1/4 inch slices and put on a pan.  
Bake for about 8-10 minutes.

### Ingredients

- 1 cup sugar
- 8 tsp butter
- 1 egg
- 1/2 tsp vanilla
- 1 1/2 cup flour
- 1 tsp salt
- red and green food coloring
- festive sprinkles



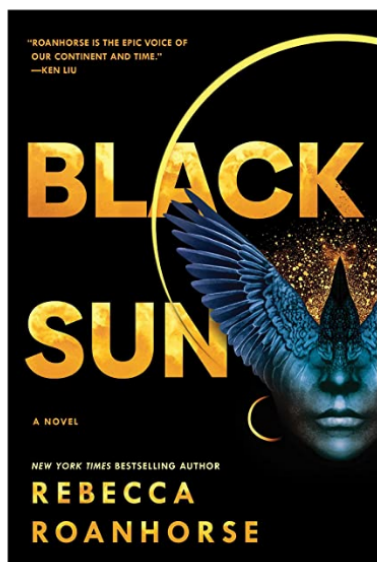


## BOOK CORNER

[ THESE BOOKS ARE AVAILABLE IN OUR SCHOOL LIBRARY LEARNING COMMONS ]

Written by Mars Alaga

### Black Sun by Rebecca Roanhorse



Black Sun is the first book in the Between Earth and Sky trilogy. It's set in the fictional city of Tova just before the winter solstice, which is usually a time of celebration and rejuvenation. However, this year falls on the same day the Sun Priest condemned the day of the solar eclipse in an attempt to unbalance the world. That same day, a ship captain named Xiala sails onward, ready to arrive in Tova on the winter solstice. Xiala is a Teek (a creature who can calm the waters and warp minds with a song). Her ship carries a very special passenger, one who would normally be described as harmless. But how harmless could he be if he usually ends up on the criminal side of history?

**Trigger warnings:** guardian/parental abuse, emotional and physical abuse, selling of children to pleasure houses, self harm, normalized homophobia from a jailer, blood, violence, gore, death, mourning of a loved one, ableism from a parent

### Far From You by Tess Sharpe

Far From You is about Sophie, a recovering drug addict who's been clean for nine months, two weeks, and six days. Four months ago, her best friend Mina died. Everyone around her thinks her death was caused by a drug deal gone wrong; a deal they think Sophie set up. But Sophie knows what really happened. She and Mina had a secret. There was no drug deal, there was no accident. Mina was deliberately murdered. Sophie, who's finally out of rehab, is ready to track down her best friend's killer before they get to her first.

**Trigger Warnings:** multiple references to substance abuse and the recovery process. Car crash scene. Murder and violence

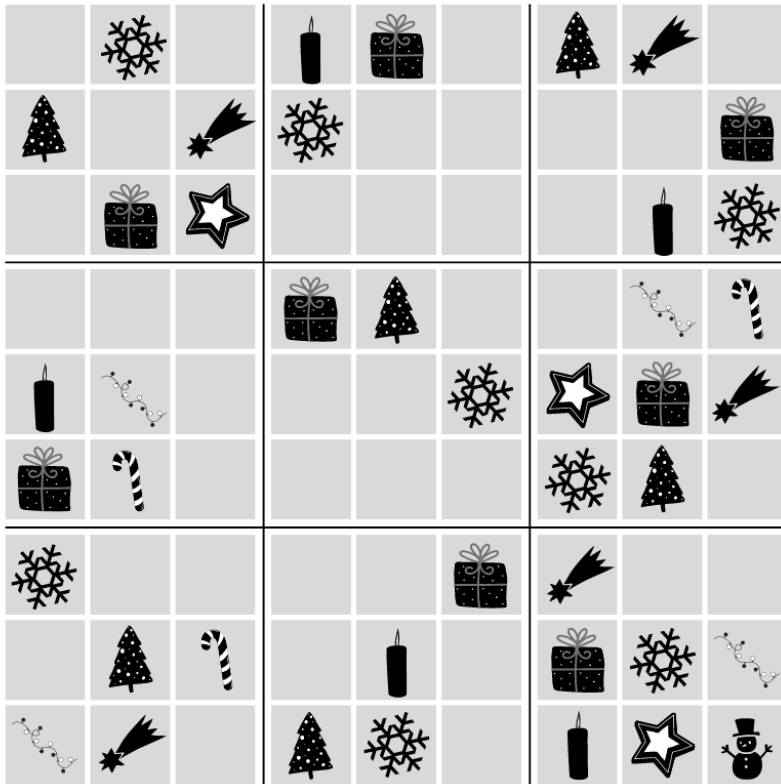


Want to put an ad in the paper? Message submissions via Instagram @ equimalt\_ink\_news.

# Games

Made by Ryleigh Gelling

## Winter sudoku



## Holiday

### WORD SCRAMBLE

INRTWE \_\_\_\_\_

NOSW \_\_\_\_\_

CRLOSA \_\_\_\_\_

HLDIYAO \_\_\_\_\_

PSTERNES \_\_\_\_\_

NOMNASW \_\_\_\_\_

GNGRBAEDIER \_\_\_\_\_

DCAIOTRORN \_\_\_\_\_

HTHCOOTALTE \_\_\_\_\_

DCBMEREE \_\_\_\_\_

CNALDE \_\_\_\_\_

RNEIDREE \_\_\_\_\_

## NQMUNBWATDTBAM UN(FKAIPC)

**DO YOU ENJOY:**  
**Politics,**  
**Random images,**  
**Teenagers making**  
**ill-informed**  
**decisions,**  
**Emus, or**  
**Making fun of the**  
**United States of**  
**America?**  
**JOIN US!**



**Room 328, every second Wednesday at  
 lunch (Nov. 30, Dec. 14 etc)**

### Our team

- Regina Porter - Photographer, Writer
- Ryleigh Gelling - Layout Designer, Writer
- Mars Alaga - Writer
- Brooklynn Weber - Writer
- Rowan Bronee - Editor
- Arden Giles - Editor
- Layla Costin - Layout Editor
- Mr. Orme - Teacher Sponsor, Publisher