

*"Every moment is a fresh beginning"*



## Esquimalt Parent & Student Docker

Nov. 28<sup>th</sup> - Dec. 2<sup>nd</sup>

### Happy December!

|               |  |                                    |
|---------------|--|------------------------------------|
| Mon. Nov. 28  |  |                                    |
| Tues. Nov. 29 | Interim Report Cards   | Distributed in Blk B               |
| Wed. Nov. 30  | GRAD ASSEMBLY<br>Lockdown Drill (Please see letter below)  | <b>During Focus Block<br/>1 pm</b> |
| Thurs. Dec. 1 |  |                                    |
| Fri. Dec. 2   | Canadian Improv Games Exhibition Rounds<br>Last day to send your feedback on Proposed<br>Child Care Centre and Volleyball Courts | 7:00 pm<br>See below for details   |



### *Save the Date*

- Dec. 5<sup>th</sup> to 9<sup>th</sup>: Start of Grad Photo week
- Dec. 6<sup>th</sup>: Winter Music Concert Part 1
- Dec. 8<sup>th</sup>: Winter Music Concert Part 2
- Dec. 12<sup>th</sup>: ESQ Music Holiday Social (after school)
- Dec 14<sup>th</sup>: Early Dismissal at 2:27 pm
- Dec. 15<sup>th</sup>: Careers 10 Assembly block C
- Dec. 15<sup>th</sup>: Grad Winter Formal
- Dec. 16<sup>th</sup>: Last Day before winter break

### **Grad Photos:**

December 5<sup>th</sup> to  
December 9<sup>th</sup>

At Esquimalt School  
See below for details!



### **Welcome Ms. Yee and Ms. Martinsen to Esquimalt High School Staff**

Welcome Ms. Alix Yee and Ms. Kristi Martinsen! Actually, it is welcome back!!

Ms. Yee will be teaching Math and Ms. Martinsen will be doing Inclusive Ed Support along with Theatre Production. We are very happy to have you back on staff and part of our Esquimalt Family!

### **UPDATE - Student and Family Affordability Fund:**

As you may be aware, the Greater Victoria School District has received \$1.9 million in one-time funding from the Ministry of Education and Child Care to assist families temporarily facing financial challenges associated with going back to school. The [Student and Family Affordability Fund](#) has been created to improve food security and assist parents, guardians, and students with school-associated costs, such as school supplies and education-related fees. The funds will be provided in as flexible, private and stigma-free manner as possible.

#### **All schools have since been provided with limited funds to help support the following:**

- Nutritional food/meals, before, during and after the school day (Grocery gift cards, cafeteria cards)
- Basic goods required for learning such as school supplies and clothing/footwear for school sports/activities
- Fees for school sports and other school activities (E.g., Grad events)
- Transportation support (E.g., gas cards, bus tickets, but passes)
- To help off-set costs for families already facing challenges utilizing existing support systems in place

If your family or student have any questions or require support, please reach out to Sarah Garr (Principal) by phone or email [sgarr@sd61.bc.ca](mailto:sgarr@sd61.bc.ca)

# Child Care Studio and Volleyball Court Community Consultation

## Proposed Child Care Buildings and Parking Location

In 2018, the Greater Victoria School District (GVSD) applied to the Ministry of Children and Family Development to create new child care spaces on a number of Greater Victoria School District properties. The GVSD was successful in all their applications and received funding for a number of elementary school locations—Frank Hobbs, ~~Doncaster~~, Macaulay, Victoria West, and Tillicum, to name a few. The Greater Victoria School District has applied for further child care funding and was approved for two exclusive child care units at the Esquimalt Secondary school site.

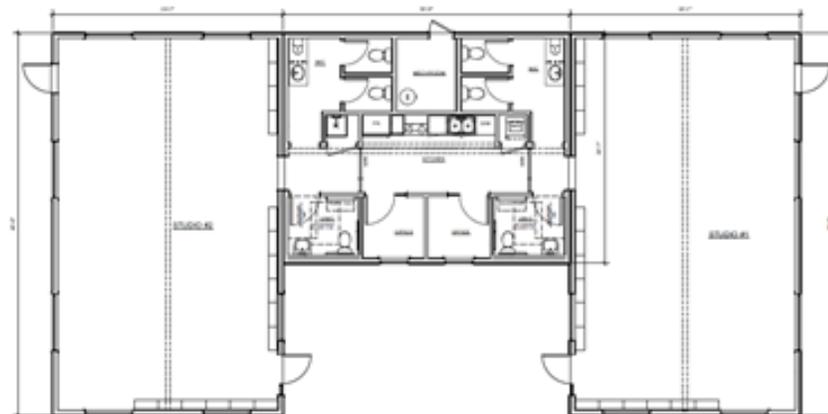
The child care units are built by GVSD employees, with two dry units attached to one wet unit that includes six bathrooms, storage, and a full kitchen as per the licensing requirements. The child care units will be licensed with one unit offering full-time infant/toddler care and the other unit licensed for full time care for children ages 3-5 years old. The child care area will have a dedicated fenced area for participants with dedicated parking spots for child care staff within the current lot and dedicated drop off / pick up parking for child care families.

There are five proposed volleyball courts within the site plan that will be enclosed with fencing for school and community use. The courts will be built and maintained by a third party with student use during school hours and community use outside regular school hours.

All child care spots will be open to the Esquimalt Secondary school population first and the community second. The child care units will allow the students at Esquimalt Secondary to obtain practicum hours in a child care setting for graduation requirements. The GVSD is still in the process of finalizing child care providers for the approved sites and will not be taking waitlist applications. Please visit the following website for more information on child care providers, waitlist, and build information: <https://www.sd61.bc.ca/news-events/community/childcare-studios/>

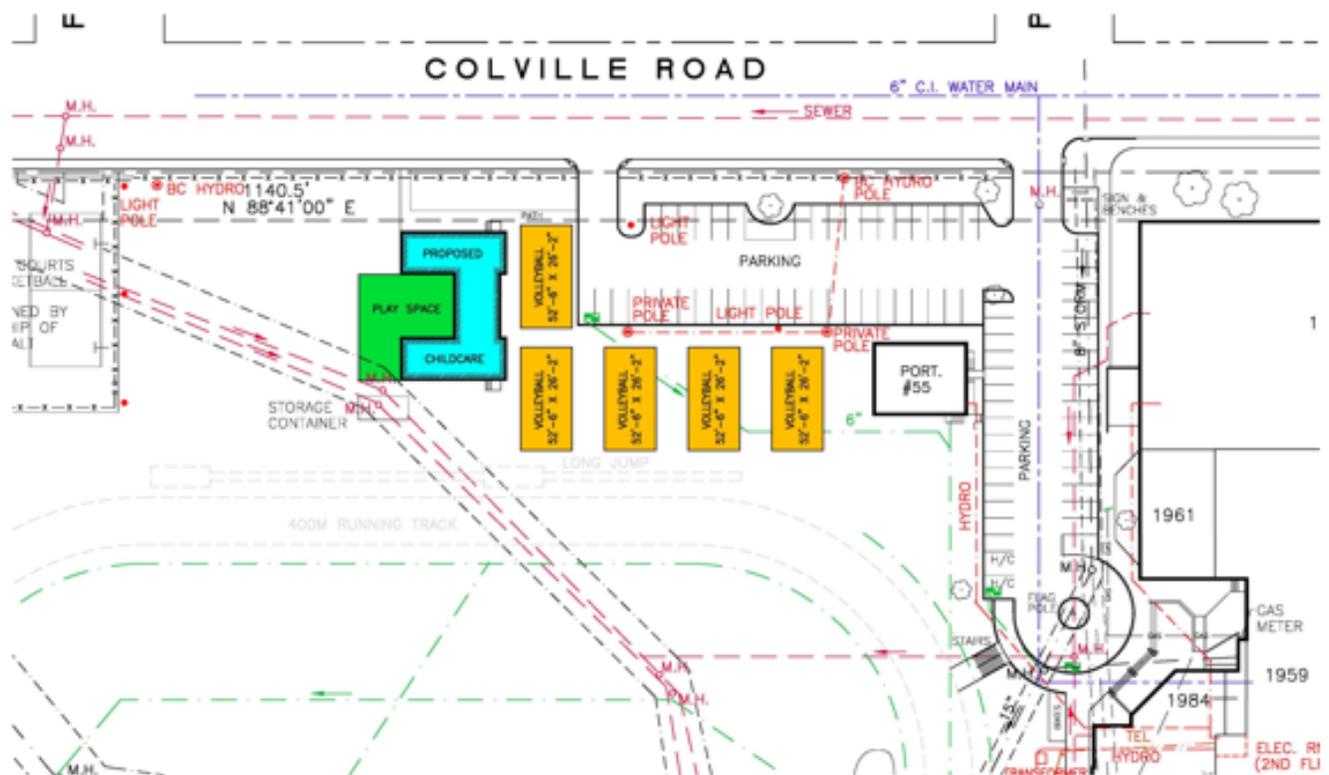
The GVSD has started to consult on the proposed location for the child care units by meeting with school community members. The GVSD is wanting to extend consultation to the surrounding community. We welcome your feedback if you are interested. Please send feedback via email to [community@sd61.bc.ca](mailto:community@sd61.bc.ca) by December 2nd, 2022. |

### Appendix A – Conceptual Design Layout for Child Care Units



# Child Care Studio and Volleyball Court Community Consultation

**Appendix B – Proposed Location for Child Care Units and Volleyball Courts on the Esquimalt Secondary School Site**  
Please note the proposed location for five volleyball courts are in yellow with the child care units and play space in green.  
Dedicated child care parking will be allocated with the current school lot.





FOUNDED 1918  
"ESSE QUAM VIDERI"

# ESQUIMALT HIGH SCHOOL

847 Colville Road, Victoria, B.C. V9A 4N9

phone 382-9226 fax 361-1263 esquimalt@sd61.bc.ca

November, 2022

Dear Parents/Guardians,

On **Tuesday November 30th**, at approximately **1:00 pm**, Esquimalt High will be conducting a lockdown drill.

Lockdowns occur when there is a perceived threat to the safety of students or staff, usually by an intruder who has or is thought to have a weapon. Our Superintendent has requested that all schools in the district conduct a lockdown drill each year.

We are currently going through a process to prepare for this drill. Teachers will be informing students and answering any questions they may have about the drill and lockdown procedures. Administrators are also available to answer questions.

The drill will last approximately one hour. An administrator will come on the P.A. system and say, "Attention, this is Mr./Mrs. \_\_\_\_\_ speaking. This is a lockdown drill. I repeat, this is just a drill. Lockdown."

At this time, teachers will go to their doors, check hallways for students and if necessary direct them inside. Doors will be closed and locked, window blinds closed and students will be instructed to remain quiet, out of sight and off electronic devices. The expectation is that students take the drill as seriously as they would a fire or earthquake drill.

If during the drill, students find themselves in a hallway, they are to go quickly to the nearest washroom. If in the washroom, they should remain there, shut the door and lock it if possible, then get in a cubicle and raise their feet. Students in the gym area will be instructed by a teacher to go to an equipment storage room, the weight room, or a change room. For the purposes of the drill, any students outside, such as a PE class will assemble at the far end of the field.

The administration and officers from the Victoria Police Department will spend 30-45 minutes inspecting the halls and grounds to assess the lockdown response. Administration and police officers will go door to door to end the lockdown drill.

Please discuss this with your child(ren). If you have any questions or concerns about the drill or lockdown procedure, please call one of the school administrators at 250-382-9226.

Sincerely,

Sarah Garr  
Principal

Jared Adams  
Vice-Principal

Ally Hoffman  
Vice-Principal

## **Canadian Improv Games Exhibition Rounds, Friday December 2**

Come and watch our senior improv team (EAT: Esquimalt Acting Troupe) participate in a tournament round where they will perform and get adjudication, but the points won't matter (yet!) This is a chance to see what competitive improv is like with the overall goal being the performance of entertaining improv in the spirit of loving competition. Our improvisers get to perform with teams from other schools and it's always a good time! Tickets are available at the door. Time: 7 pm and ticket price \$5.00.



### **Grade 10 Careers (CLE A) Important Dates:**

- Thursday, December 15, 2022, Block C - ICBC Presentation
- Thursday, January 5, 2023, Block D - Social Media with Jesse Miller

Students will go to their classes for attendance and wait until called down to the theatre.

### **Grade 10 Careers Google Classroom:**

[ougara2](#)

If you have any questions, comments, or feedback, please contact Mr. Jared Adams at [jadams@sd61.bc.ca](mailto:jadams@sd61.bc.ca).

### **Masks, COVID-19, and Daily Health Checks**

At the moment, wearing a mask or face covering is not required as per the School District Communicable Disease Prevention Plan. The decision to wear a mask or face covering is a personal choice for staff, students, and visitors. We will continue to be respectful, supportive, inclusive, and mindful of all individuals' personal choices and comfort levels. Please visit <https://www.sd61.bc.ca/covid-19/> for the most up to date health checks, regulations, and plans. We will provide any new information as it transpires.



### **Sharing Our Success Stories**

1. Congratulations to our student teachers, Julia Bayne and Jenna Swett, who will be completing their final practicums on Dec. 2. We appreciate your hard work, devotion to our students, and approach to the profession. Good luck with your career endeavours.
2. CTV did a great news story on the Esquimalt Culinary Class and their efforts in preparing the Gingerbread Houses for Santa's Anonymous. Great job!! And the Gingerbread Houses are sold out!!



POLISH THOSE SHOES.  
IT'S TIME.



# GRAD 2023 WINTER FORMAL

Dress to the nines and celebrate  
with your grad class!

**DECEMBER 15, 2023 | 6:30-10:30 PM**  
**HARBOUR ROOM, DELTA HOTEL**

TICKETS ON SALE - NOV 23-30 @ LUNCH - \$40 (NO GUESTS)

*Esquimalt High  
Bottledrive for Grad*

**January 7, 2023  
9AM to 1PM  
Esquimalt High School  
847 Colville Rd**

**Save Your Holiday  
Recyclables and  
Support Grad!**

**Selling Gingerbread House Kits to Support CFX Santa's Anonymous:**

It's hard to believe but it is that time of year again, the Esquimalt High Culinary Program is once again selling Gingerbread House Kits to support CFX Santa's Anonymous.

Our Culinary Team is aiming to sell 700 kits. Purchasing a kit is a great way to spread a little holiday cheer by helping those in need while you spend some quality time with your loved ones building your epic gingerbread house creations.

Kits are \$15.00 each. Order Deadline Dec 2, 2022.

Kits can be picked up Dec 7-9, 12-14, 2022 at Esquimalt High from 9am-3pm.

To order go to <https://bit.ly/esqgingerbread22>

ESQUIMALT HIGH SCHOOL'S  
9TH ANNUAL  
GINGERBREAD  
HOUSE SALE  
FUNDRAISER

BROUGHT TO YOU BY THE  
ESQUIMALT HIGH SCHOOL  
CULINARY PROGRAM  
PROCEEDS FROM THIS  
SALE WILL GO TO  
CFX SANTA'S ANONYMOUS

**SOLD OUT!**  
Thank you for supporting CFX  
Santa's Anonymous

ORDER DEADLINE  
DECEMBER 2, 2022

## **Grad Photo Information: Dates December 5 to 9**



**Time: 8:30 am to 8:50 pm Location: Student Council Room**

**Plan and prepare for your session at:**

**<https://schedule.prestigeportraits.ca/schedule/home.html>**

A \$30.00 sit fee will be due at the time of your appointment in either cash or cheque.

You may include a plus-one or pet for one photo if your school allows.

Please arrive to your appointment wearing your outfit of choice. For the cap and gown photos, it is suggested to bring a scoop or V-neck top to wear under the gown unless wearing a collared top with a tie. See FAQ for more information.

If you have further questions regarding booking an appointment or what to expect, please contact us at:

[gvarea@lifetouch.com](mailto:gvarea@lifetouch.com)

### **FAQ:**

**What if my name does not appear on the list when booking?**

If you run into any problems when booking your appointment online, please reach out to us here at Lifetouch. We will manually add you in to the system and can help book the appointment for you.

**How will I get my photos afterwards?**

You will receive an email containing an access code to view your proofs online approximately 1 week after your images are received by the lab. You will then receive the physical proof package in the mail approximately 2 weeks after your photo date.

**Who can I contact regarding photo order inquiries?**

If you have any inquiries regarding access codes, proof whereabouts, photo orders, etc., please reach out to our Prestige Customer Service Experts by phone (1-888-676-1647).

### **GRAD 2023 PARENT COMMITTEE:**

If interested in participating in a parent/guardian committee for Grad complete the form:



<https://bit.ly/3MKj0zr>

Will focus on fundraising, decorating and event planning For general Grad information please go to

<https://bit.ly/3Tytg7w>

**Grade 12's who are interested in pursuing a career in the helping field, check out the following two offerings that start in January**

**ELC 151: Become a preschool or daycare assistant.**

- Early Learning & Care Diploma Program

**Health 111: is part of the following programs/certifications**

- Mental Health & Addictions Certificate Program
- Community, Family & Child Studies Diploma Prgm
- Early Learning & Care Diploma Program
- Educational Asst. & Community Support Cert.

If you are interested or have questions, Come visit the ESQ Careers Team in the counselling wing or send us an email!

Tarra [tclarke@sd61.bc.ca](mailto:tclarke@sd61.bc.ca) or Mr. Henderson [khenderson@sd61.bc.ca](mailto:khenderson@sd61.bc.ca)

## DUAL CREDIT COURSES IN COMMUNITY, FAMILY & CHILD STUDIES

### Course Option One: Online Delivery

#### Health 111 - Indigenous Peoples Health

Students will explore Indigenous peoples' health experiences: past, present, and future. Using a strength-based and holistic perspective, students will learn about the current realities of Indigenous peoples' health experiences, and will be introduced to traditional healing practices. Students will be able to use this knowledge to further their own understanding of Indigenous peoples' health, and can apply this experience to work with children, families and in community.

### Course Option Two: On Campus Delivery

#### ELC 110 - Perspectives on Child Growth Development

Students will examine and explore current and emerging theories and perspectives that explain human growth and development from conception to early childhood. Students will begin to reflect on their image of children and families through multiple lenses, including an introduction to Indigenous worldviews, to broaden their thinking about children and their growth. The impact of colonization and the residential school experience is explored to support decolonization and reconciliation. Theoretical knowledge will be considered in connection to relationship building with children and families and early childhood practice.



Health 111 & ELC 110 are part of the following great programs:



### Course Delivery Details

Health 111. Online. Tues. 5 - 8pm Jan 10 - Apr 11

ELC 110. On Campus. Fri. 3 - 6pm Jan 13 - Apr 14  
@ Camosun's CHW Building, Interurban

Classes are scheduled over Spring Break  
Take one or both courses!

Course prerequisite: C+ in Eng 12. See your Careers Team if you are in Gr 12.  
Students need to be independent learners that feel ready to start a college course.

For more information talk to your school based Careers Team



# Esquimalt High School's Library Learning Commons

## Make research easier with more reliable information

Our school library learning commons website [esquimaltlibrary.sd61.bc.ca](http://esquimaltlibrary.sd61.bc.ca) includes a powerful [Research Toolkit](#) to help students find reliable information easily and quickly.

The [Research Toolkit](#) includes several services, such as [Gale's PowerSearch](#), [EBSCO's Explora](#), the [National Film Board](#) and [CBC's collections](#) as well as familiar standards such as [WorldBook Encyclopedia](#) and the [Encyclopedia of BC](#). These provide:

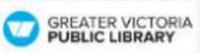
- simple search tools that quickly deliver relevant results including articles, e-books, essays and primary source documents
- high-quality articles licensed from reputable publishers, recognized by library professionals and selected for use in a schools
- carefully curated categories to help browse popular research topics and subject areas
- topic overviews to give students a starting point for research
- powerful filters to focus results by type of source, date and reading level
- have text read aloud – users choose the voice and speed
- a colourful, mobile-friendly design

**Most of these services are password protected.** [Students can access the usernames and passwords using the link at the top of the page.](#) Users will need to **set up accounts to use NFB Campus and CBC's Curio services.**

Contact Mr. Orme, Esquimalt High School's teacher-librarian for help and more info.

## RESEARCH TOOLKIT

CLICK HERE IF YOU ARE NOT AT SCHOOL TO GET THE PASSWORDS YOU NEED TO USE THE SITES BELOW. 

| Encyclopedias   | Reference & Reading   | Special Reference   | Canadian Reference   | Libraries & Video   |
|---|---|---|--|---|
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

**Cafeteria:** For those of you paying with cash - prices have been updated and lunch is now \$7.00. Students can purchase a Café Card through their accounts on School Cash Online.

**CAFETERIA MENU – Nov. 28<sup>th</sup> - TO Dec. 2<sup>nd</sup>**

|               |   |
|---------------|---|
| <b>Mon.</b>   | Pork Schnitzel, beet puree, spätzle, dill crème fraiche<br>Spatzle, beet puree, roasted vegetables, dill crème fraiche        |
| <b>Tues.</b>  | Pulled pork or pulled jack fruit tacos  |
| <b>Wed.</b>   | Pappardelle Bolognese or pappardelle marinara with garlic toast   |
| <b>Thurs.</b> | Roast beef, mashed potatoes, roasted root vegetables and gravy  |
| <b>Fri.</b>   | Soup and biscuit day: Chicken noodle, borscht (vegetarian), beef barley, or seafood chowder served with cheddar herb biscuits |