

# Esquimalt INK

MONTHLY NEWSPAPER

October 2022 Issue 1

## EQUIMALT INK IS BACK

### WHO ARE WE AND WHAT TO EXPECT

*Written by Brooklynn Weber*

So what exactly is the big deal? After a few years of it being delayed, we finally have the newspaper running again! This will be interactive with the students of Esquimalt. We will have games, quizzes, contests, shoutouts, and recipes. But we want to know what you want to read!

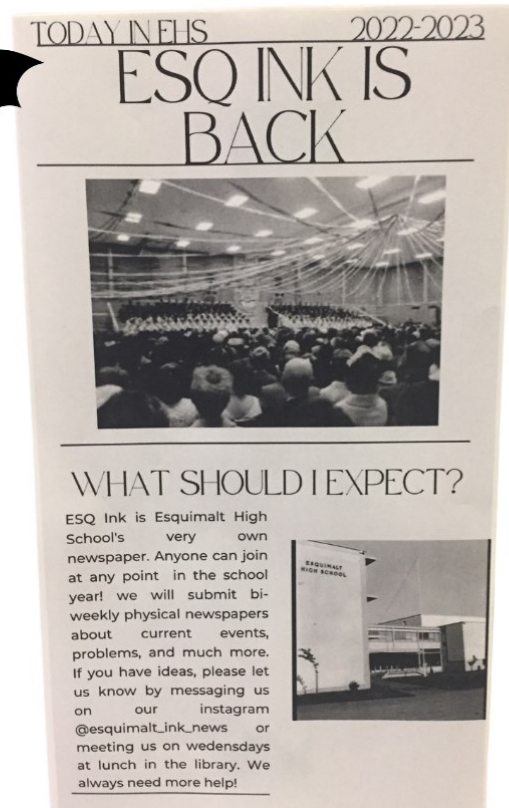
Check out our Esquimalt Ink Instagram page to find the link to the Instagram: @esquimalt\_ink\_news We will host contests such as poetry, art, photography's artist of the week, and any others you can think of. Happy Halloween to those who celebrate!

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- Current events (Halloween dance and election.)
- October recipe (pumpkin buns)
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- Games

## Equimalt Ink submissions

Esquimalt Ink is happy to bring you up-to-date information this newspaper. We are happy to get feedback and submissions via Instagram at [esquimalt\\_ink\\_news](https://www.instagram.com/esquimalt_ink_news).

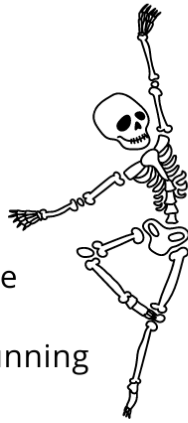


## Halloween Dance

Written by Regina Porter

Halloween is here, and with it, celebrations and dances, this year Esquimalt high school celebrate the spookiest time of the year with its amazing seasonal dance up and running again after 2 years!!

This dance was great with lots of activities to do and cool decorations done by the leadership group all the credit to this amazing team who have planned this for quite a while now, and to everyone who missed it here is a brief summary of what happened.



Pictures brought to you by @esquimalthighschool

## ESQUIMALT MUNICIPAL ELECTION: RESULTS AND WHAT CHANGED

Written by Ryleigh Gelling

The election that happened just a few weeks ago on Oct. 15 had 3 different things on the ballot. The mayor, the SD61 School Board, and the Esquimalt Council. Voters were required to pick one mayor, 9 trustees, and 6 councillors. This election had a surprising amount of change on both the council and the school board. Only three people were reelected on the school board and six people either didn't run again or weren't reelected. The Mayor stayed the same, with Barb Desjardins getting reelected and only half the council was reelected. Evidently, there was a lot of change in this election.

In municipal elections your singular vote could make a difference as the counts are sometimes less than 100 votes apart, and this election was no exception to that. Municipal elections also affect our community more than any other election because the municipal government makes decisions about our schools and local community. So hopefully this has informed you about our latest election and the importance of participating in our government.



| MAYOR OF ESQUIMALT       |                      |
|--------------------------|----------------------|
| <b>BARB DESJARDINS</b>   | SD61 School Trustees |
| Councillors of Esquimalt | Karin Kwan           |
| Duncan Cavens            | Nicole Duncan        |
| Tim Morrison             | Angela Carmichael    |
| Darlene Rotchford        | Rob Paynter          |
| Andrea Boardman          | Diane McNally        |
| Jacob Helliwell          | Mavis David          |
| Ken Armour               | Natalie Baillaut     |
|                          | Emily Mahbobi        |
|                          | Derek Gagnon         |

# October recipe

## Pumpkin Shaped Pumpkin Bread

Written by Ryleigh Gelling

### Ingredients

1 cup warm water  
 2 tsp yeast  
 1 tsp salt  
 3 ½ cups flour  
 ¼ cup granulated sugar  
 ¼ butter  
 1 egg  
 ¾ cup pumpkin puree  
 Pretzel sticks  
 ⅛ cup melted chocolate  
 2 tbsp olive oil

### Equipment

Baking twine



### INSTRUCTIONS

Stir water, yeast, and 1 tsp sugar together in a small bowl. Leave for 5-10 minutes until risen. Add the rest of the sugar, butter, egg, and pumpkin to a separate, bigger bowl and mix. Then add the yeast mixture to the pumpkin mixture and mix. When combined slowly add the flour and salt. Mix until it starts to come together and then start kneading it on a floured surface until smooth. Put in a greased bowl and cover until doubled in size (about 1-2 hours). While it is rising take your twine and cut it into 5-inch pieces. Toss in a bowl with olive oil and set aside. After the dough has risen cut it into the size you want (I suggest golf ball size). Then take your twine pieces and tie them around the dough balls until it looks like a pumpkin. Don't tie too tight as they will rise. Leave to rise for 30 minutes and while they rise preheat the oven to 350 F. Bake for about 15 minutes or until golden brown. After they cool enough to touch them cut and remove the string. Melt the chocolate and dip the pretzels into the chocolate and add them to the tops of the pumpkins. enjoy!

# Halloween Puns

Written by Rowan Bronee



# Boo!

**A skeleton walks into a bar and orders a beer and a mop.**

**Why are there no vampire investment bankers?  
 They're afraid of stakeholders!**

**I know a lot of skeleton jokes, but they're not all humerus!**

**Did you hear about the zombie who became a mortician?**

**He needed a job to put food on the table.**

**Why do ghosts hate when it rains?**

**It dampens their spirits!**

**Who's the scariest bodybuilder of all time?**

**Dr. Frankenstein.**



# Halloween history

*Written by Mars Alaga*

Nearly everyone knows what Halloween is: kids go trick or treating, teens and adults go to parties, and new scary movies come out. This celebration and its variations are wildly popular around the world. Halloween, also known as All Hallows' Eve, is an annual holiday celebrated on October 31st. The holiday started with a Celtic festival called Samhain, during which people wore costumes and lit bonfires to ward off evil spirits. They did this because their new year was November 1st, and it marked the day summer and harvest ended. Since it was so dark and cold during this time of year it was associated with death. So on the day before they believed that the ghosts came back to earth as the border between living and death blurred.

They believed the Spirits damaged their crops and made it easier for their priests to receive prophecies. Then in the 8th century, Pope Gregory the third announced that November 1st was a day to honor all of the catholic saints and martyrs called "all saints day" and around 1000 AD the church created a day to honor the dead called "All Souls Day," by the 9th century Christianity had spread to Celtic lands and began to blend with the original traditions, eventually completely replacing them but leaving elements of how the previous tradition was celebrated.



They celebrated All Souls Day with big bonfires and by dressing up as saints, angels, or devils, and All Saints day became known as Hollows eve.





# Halloween Movie reviews

Written by Brooklynn Weber & Mars Alaga

## Smile:

Smile is a psychological horror movie that was made this year, it's rated R. Here's a review from one of our writers:

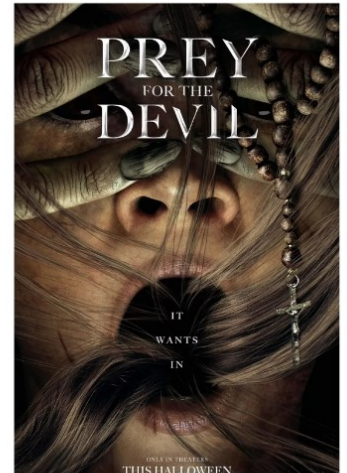


Smile was exactly, yet nothing like I expected it to be. I screamed every five minutes, it always kept me on my toes. Smile is about a psychiatrist who deals with a patient who just recently saw her professor commit suicide. This patient then goes on to die of the same cause, taking her life. Now the psychiatrist is experiencing hallucinations of smiling people she has encountered recently. More things start to go wrong, giving the impression she has lost her mind. But then she finds someone who dealt with the same thing but broke the pattern.

This movie captures the slow evolution of insanity trapped in one's mind. Though these "hallucinations" are actually happening, it represents how extreme we are willing to go to free ourselves of darkness. I really enjoyed this film and definitely recommend going to see it, especially since it's still the "spooky season."

## Prey For the Devil:

Prey for the Devil is a horror/thriller movie that came out this year, it's rated pg:13. Here's a review from one of our writers:



This movie shot tingles through my body within the first ten minutes. It wasn't as much a movie you scream at, but I jumped in my seat more times than I could count. This movie is about a nun who suffers from the trauma of her mom abusing her, but she always knew her mom would never hurt her, so who was hurting her? She became a nun and got highly interested in exorcism ever since meeting a possessed little girl, hoping she could save her since the two of them had a connection from the start. This movie was very well made and it came together nicely.

There were a lot of scenes that hint towards clues, giving you a chance to guess the outcome, and I always enjoy that. I liked the reoccurring theme of this "voice" telling the possessed to do certain things, showing them things they don't want to see. I think you could look at that from a psychological point of view, showing your subconscious/inner critic to take a toll on you and your decisions. The one thing I will say about the scare factor is the paranoia it caused. Now it is highly possible it's just me. But if you get paranoid easily, I would really think it over.

# SPOOKY/MAGICAL BOOK CORNER

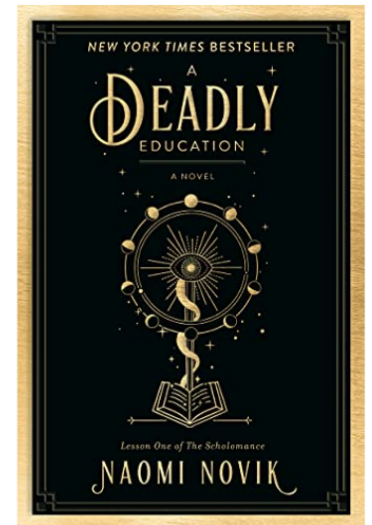
[ALL OF THESE BOOKS ARE AVAILABLE IN OUR SCHOOL LIBRARY LEARNING COMMONS]

Written by Mars Alaga



A Magic Steeped in Poison by Judy I. Lin is less spooky but full of magic. You follow Ning, who's mother died due to an illness that came from poised tea bricks. Now that same illness is effecting her sister, Shu. In an attempt to find a cure to save her sister she journeys to the capital to take part in a great challenge, beat the other shennong-shi (the masters of the magical art of tea) and win a favor from the princess-a favor that will hopefully save her sister.

A Deadly Education by Naomi Novik Is prefect for lovers of dark academia. It takes place in Scholomance, a school for the magically gifted, one where failure means death. A school where friends and letter grades don't matter and there's only two rules: Don't walk the halls alone. And beware of the monsters who lurk everywhere. We meet our protagonist, El, a girl who has a dark power strong enough to kill the school's monsters, but it would also kill all of its students.



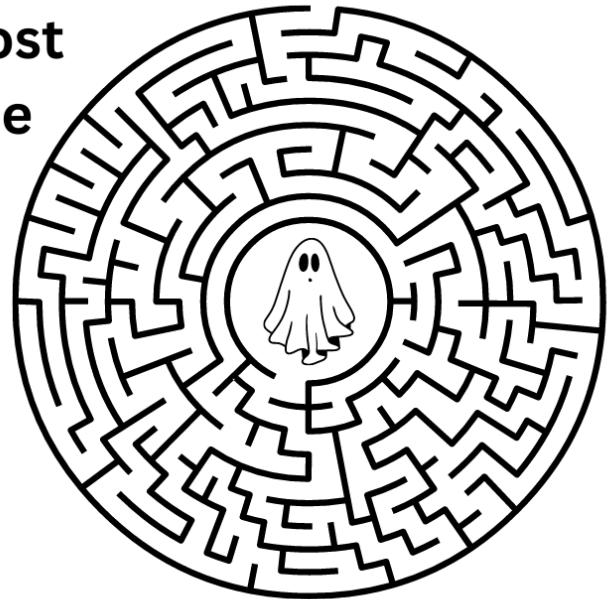
Shiver is a collection of Junji Ito's best works-selected by him. Lovers of horror or manga or both will love, 9 short stories within 400 pages filled to the brim with scary stuff. The stories included are Used Record, Shiver, Fashion Model, Hanging Balloons, Marionette, Mansion, Painter, The Long Dream, Honored Ancestors, and Greased.

THOSE ARE ALL THE BOOKS THIS WEEK. HAVE A VERY SPOOKY  
READING SEASON.

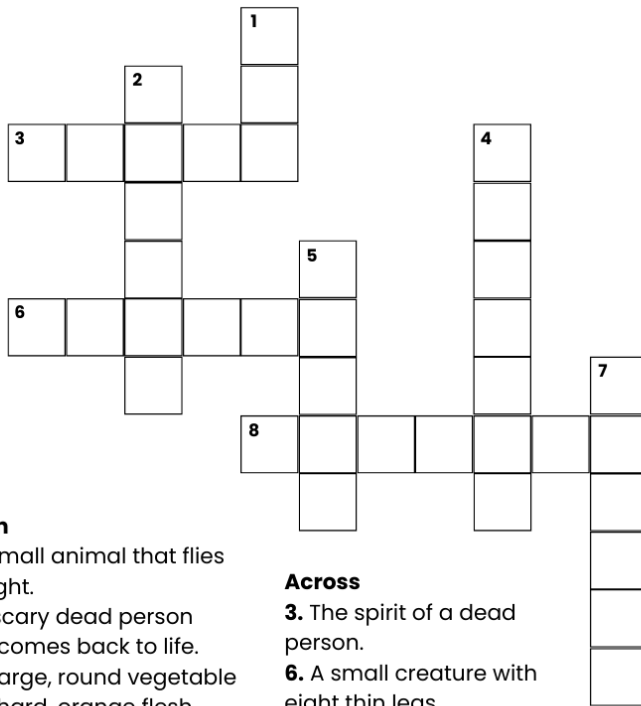
# Games

Made by Ryleigh Gelling

Help the ghost escape the maze.



## SPOOKY CROSSWORD



**Down**

- 1. A small animal that flies at night.
- 2. A scary dead person who comes back to life.
- 4. A large, round vegetable with hard, orange flesh.
- 5. A type of food, usually something sweet.
- 7. An evil being with a tail and horns.

**Across**

- 3. The spirit of a dead person.
- 6. A small creature with eight thin legs.
- 8. A dead person who comes out at night.

## HALLOWEEN WORKSEARCH

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| U | I | B | I | K | N | R | A | H | D | O | D | L | Q | I | A |
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- trick
- treat
- ghost
- witch
- scary
- sweets
- creepy
- spooky
- mummy
- pumpkin
- skeleton
- midnight

### Our team

- **Regina Porter**- Photographer, writer
- **Ryleigh Gelling**- Newspaper designer, editor, writer,
- **Mars Alaga**- Writer, editor
- **Brooklynn Weber**- Writer
- **Rowan Bronee**- Writer, Editor