



Esquimalt Parent and Student Docker

Week of Jan. 17th – Jan. 21st

Mon. Jan. 17 th	Grad Photo Retakes this week 17th to 19th Regular Classes	See below for details Pro D has been postponed
Tues. Jan. 18 th	Family Smart Workshop Series Semester 2 Schedules	5 pm - 6 pm Given out in Blk B Class
Wed. Jan. 19 th	PAC Meeting	See below for details
Thurs. Jan. 20 th	Camosun College Virtual Visit for Grade 12s Family Smart Workshop Series	Zoom 7 pm 5 pm – 6 pm
Fri. Jan. 21 st	Challenge Program Testing in Library: Library will be closed to class bookings/students for the full day	Library occupied for full day

Save the Date:



Jan. 24th – Copernican Day: **Block A** 9 am to 11 am and **Block C** 12:30 pm to 2:30 pm

Jan. 25th – Copernican Day **Block B** 9 am to 11 am and **Block D** 12:30 pm to 2:30 pm

Jan. 26th – End of Semester 1 (**Note: Completion /make up day for students**)

Jan. 27th – Provincial Assessments Literacy/Numeracy (see pdf attachment)

Jan. 28th – Provincial Assessments Literacy/Numeracy (see pdf attachment)

UPDATED HEALTH AND SAFETY MESSAGE:

Thank you for a great week Esquimalt! Students and staff have done an excellent job adjusting to the new protocols. Thank you for the work you have done reinforce the messaging at home. We will keep you all informed as things progress. We truly appreciate everyone's efforts! **PLEASE NOTE:** you will find a revised DAILY HEALTH CHECK document attached. It has more details about what to if individuals have close contacts with someone who has tested positive or if they have tested positive for COVID-19 themselves.

ASSESSMENTS:

Assessment times, rooms and dates will be posted in the school this week. Teachers will be working with students to prepare for the assessments (see schedule attached). Our health and safety protocols apply to these assessments, so if students have to miss them because they are symptomatic or they are ill, we will reschedule for the June session.

Allyson Hoffman, Interim Vice principal

Email: ahoffman@sd61.bc.ca

SCHEDULES FOR SEMESTER 2

**STUDENTS WILL RECEIVE THEIR SEMESTER 2
SCHEDULES DURING BLOCK B CLASS ON TUESDAY
JANUARY 18TH
STUDENTS WHO DO NOT HAVE A BLOCK B PLEASE GO
TO THE OFFICE**

IMPORTANT UPDATE: GRADE 9 IMMUNIZATION FORMS: The Grade 9 immunization clinic at Esquimalt High School has been postponed from January 21st, 2022 until **February 25th**. Please continue to have your child return their consent forms to the office during this time. If you would like to arrange for routine Grade 9 immunizations earlier, please contact the Esquimalt Health Unit at 250-519-5311, Option 1.



ESQUIMALT SECONDARY SCHOOL 2021-2022

ENHANCED STUDENT SAFETY PROTOCOLS



We are happy to have you back at school and want to make sure that we keep our school safe for everyone. It is important that **all** safety routines and protocols are followed closely.



WHAT YOU CAN EXPECT...

- **Bell Schedule Change** – Remainder of Semester 1
- Maintain distancing and **don't crowd** when entering/exiting the school.
- Students should limit time in halls and common spaces.
- Students are asked to **apply hand sanitizer and/or wash hands** when entering and exiting the building.
- Thoroughly washing your hands with soap and water is the best protection against illness. Make sure you wash your hands frequently and for at least 20 seconds. When a sink isn't available, use the hand sanitizer provided around the school.
- **Masks must be worn** at all times when in the school except when eating. Students must be **seated while eating**.
- Students should **maximize space between others and avoid crowding**, even when wearing a mask. Consider and respect others personal space.
- Follow directional arrows and pay attention to signs on doors, in halls and in bathrooms.
- Wherever possible pack food that does not require preparation. Pack in and pack out preferred.

DAILY SCHEDULE

- Doors will be unlocked 10–15 min prior to morning classes and students will go **directly** to their class.
- Students are encouraged to use **entrance doors** closest to Block A class and/or Locker.
- Students who are on **Study Blocks** or have partial schedules must be in the Library or off site.
- **Lunches** can be eaten in **Block B class** or **Outside**. We ask that halls and common areas are clear at lunch.

Mon/Tue/Thur	Monday	Tuesday	Wednesday	Thursday	Friday	Wednesday	Wednesday	Friday
Before School Outside Timetable Classes	7:30 - 8:45	7:30 - 8:45		7:30 - 8:45		Before School Outside Timetable Classes	7:30 - 8:45	7:30 - 8:45
A	8:50 - 10:10	8:50 - 10:10		8:50 - 10:10		A	8:50 - 10:10	8:50 - 10:10
B	10:15 - 11:35	10:15 - 11:35		10:15 - 11:35		B	10:15 - 11:35	10:15 - 11:35
Lunch	11:35 - 12:05	11:35 - 12:05		11:35 - 12:05		Lunch	11:35 - 12:05	11:35 - 12:05
C	12:05 - 12:35	12:05 - 12:35		12:05 - 12:35		C	12:05 - 12:35	12:05 - 12:35
D	1:35 - 2:55	1:35 - 2:55		1:35 - 2:55		D	1:35 - 2:55	1:35 - 2:55
After School Outside Timetable Classes	3:00 - 4:15	3:00 - 4:15	Alternate Schedule	3:00 - 4:15	Alternate Schedule	After School Outside Timetable Classes	3:00 - 4:15	3:00 - 4:15



FEEL SICK AT HOME OR SCHOOL?

- Complete a health safety check **every day before coming to school**. Do you have any cold or flu like symptoms or other respiratory symptoms? If so, contact the school to excuse the absence
- Feeling sick while at school? Let your teacher or the office know immediately.
- The office will contact home and have someone pick you up **as soon as possible**. Do not leave without reporting your illness.
- When home, follow current public health guidelines and recommendations.



BATHROOMS AND WATER FOUNTAINS

- Use the bathroom closest to your classroom.
- Do not linger in bathrooms. Respect others waiting.
- Maximum 2 – 3 people in the bathroom at one time; maximize space between individuals.
- Hand washing guidelines are posted in washrooms.
- Hands must be sanitized upon re-entry into a learning space.
- Water fountains are available only for filling water bottles. Wash or sanitize hands before and after use



All students and families should familiarize themselves with the school district's complete COVID-19 Exposure Control Plan available at www.sd61.bc.ca

IF YOU FEEL SICK OR HAVE SYMPTOMS, STAY HOME

SEMESTER 1 COPERNICAN DAYS: FINAL ASSESSMENTS AND CURRICULUM COMPLETION

Monday January 24th

Block A 9am-11am

Block C 12:30pm-2:30pm

Tuesday January 25th

Block B 9am-11am

Block D 12:30pm-2:30pm

WEDNESDAY JANURAY 26TH

This is a completion/make up day for students. Students only attend if a teacher asks them to do so (to make up work/assessment).

ESQUIMALT ASSESSMENTS THURSDAY, JANUARY 27TH AND FRIDAY, JANUARY 28TH

The literacy and numeracy assessments are scheduled for **Thursday January 27th** and **Friday January 28th**. Please see the attached PDF for the details and mark your calendar. Classes are not in session on these days, students should only attend if they have a scheduled assessment.

GRAD PHOTO RETAKES

If you are interested in having retakes you may phone or book online now for your retake appointment. Please call 604-294-1005 or visit: <https://prestigeportraits.ca/> for an appointment. The location will be at Esquimalt High in the student council room. **The retakes will be scheduled for January 17th -19th.**

REMINDER CAREER EDUCATION 10A:

A reminder that all **Grade 10** students will be receiving a percentage/grade for **Career Life Education 10** on the **Term 2 Report Card** that will be distributed on February 4, 2022. This grade will be based on completion/progress of the items listed below.

By this point, all students should have:

1. Joined the Google Classroom

<https://classroom.google.com/c/NDE2OTUwNjY2OTA0?cjc=vokuqjh>

Class Code vokuqjh

2. Completed the first assignment (High School Opportunities).

3. Complete "How are you spending your 30 Hours of Exploration?".

Students can also begin to log their hours, and once complete, fill out the 30 Hour Reflection Assignment.

All students will also complete a final self-evaluation by the end of June 2022.

Completion of these requirements will provide students with their required

2 credits. If there are any questions, please email Ms. Garr at

sgarr@sd61.bc.ca,

or stop by the office!



Cafeteria Menu

Week of Jan. 17th to Jan. 21st

MON – Meatball Sub Sandwiches and Vegetarian Eggplant Parmesan Sub Sandwiches

TUES - Butter Chicken and Vegetarian Aloo Gobi, both served with Rice

WED – Chicken Caesar Wraps and Vegetarian Pesto Grilled Vegetable Wraps

THURS - Beef and Barley Soup and Vegetarian Ratatouille, both served with Cheddar Biscuits

FRI – Sausage and Vegetable Pasta; Vegetarian Pasta available



DOES YOUR CHILD DRIVE TO SCHOOL?

Starting in semester 2, student drivers will need to **register** for a parking permit to park on school grounds. The permit will be free but will require students & parents to provide the following information:

1. copy of student's driver's license
2. proof of insurance
3. make and model of car

CAMOSUN COLLEGE VIRTUAL VISIT!

All students and families are invited to attend an Esquimalt High virtual visit from our local Camosun College recruiter, Natalie Kelt.

All Grade 12 students who have yet to apply to postsecondary schools should attend this presentation. Those taking a gap year should also attend. Esquimalt High has many scholarships for students now are planning to go to school within the next two years--- these scholarships and bursaries are **#gapyearfriendly!**

The Zoom meeting will be at **7 pm, Thursday, January 20**. Natalie will discuss topics such as..

Why choose Camosun?

How to bridge to university

Co-op--- what is it? why do it?

The application process

And more!

Please bring any questions you may have! Q & A will be after the 25 minute presentation.

Natalie Kelt is inviting you to a scheduled Zoom meeting.

Topic: Esquimalt High Camosun Presentation

Time: Jan 20, 2022 07:00 PM Vancouver

Join Zoom Meeting

<https://camosun-ca.zoom.us/j/68546876839?pwd=NHgrSkIzZdGdzWDIBKy9uT2JWSFZqQT09>

Meeting ID: 685 4687 6839

Passcode: 551860

HIGHLIGHTED SCHOLARSHIPS – CHECK EACH LINK FOR DEADLINES

1. Remax Quest for Excellence

- a. \$1000, Community Service, Essay required, Grade 12 only
- b. <https://blog.remax.ca/quest-for-excellence/>

2. Trevor Linden Community Spirit Scholarship

- a. \$2500, Community Service, Essay Required, Grade 12 only
- b. <https://www.nhl.com/canucks/community/lindenscholarship>

3. BC Hydro Power Pioneers – Community Service Award

- a. \$500, Essay required, Grade 12 only
- b. <https://www.powerpioneers.com/making-a-difference/bc-hydro-power-pioneers-community-service-award/>

4. Pathway to Teacher Education

- a. \$5000, written statement required, Grade 12 only, **DUE FEB 15**, BC government award
- b. <https://www2.gov.bc.ca/gov/content/education-training/k-12/support/scholarships/provincial-scholarships/pathway-to-teacher-education-scholarship>

[Please click here to view a link to the Scholarship Spreadsheet](#)

that Mrs. Bjornson using to house opportunities as they pass through her inbox. Not all links work--- sometimes opportunities fizzle out. Feel free to email her about faulty links--- bonus points if you can find and send an updated link! dbjornson@sd61.bc.ca

FAMILY SMART WORKSHOP SERIES

Workshop series called **Help for The Hard Times**. These workshops are for South Island families and caregivers whose child or youth has been a patient in a psychiatric unit or have had repeated hospital ER visits at Victoria General or Ledger House. These will be delivered every month and are facilitated by parents with lived experience and are **hosted online**.

Details for 1-hour Workshops

Session 1: How to support a safety plan at home (Part 1)

Session 2: How to support a safety plan at home (Part 2)

Session 3: How to take care of yourself and your family after a crisis

Session 4: How to find the resources you need

January Dates: Tuesdays & Thursdays 5 PM - 6 PM, Jan. 18, 20, 25, 27

Cost: Free **For more information and registration:** <https://familysmart.ca/workshops/>

REMINDERS FROM YOUR PAC EXECUTIVE

(1) Parents and guardians of the school are eligible and encouraged to attend the upcoming PAC Meeting to vote on a revised PAC Constitution & Bylaws. See last week's Docker and the email sent January 4 for full details.

Wednesday, January 19 @ 6:45pm

Zoom link <https://us02web.zoom.us/j/85930582583?pwd=eVdEY0JUbmJkUmF6V0N5ZzhDTFY0Zz09>

Phone (778) 907-2071

Meeting ID: 859 3058 2583

Passcode: 595876

The meeting Agenda is attached for your reference.

(2) Fairway Market re-loadable shopping cards are still available for pick-up at the Customer Service desk at the 272 Gorge Rd W store. Load the card and use it like cash at checkout. Fairway Market will donate 5% of loaded monies to our PAC. PAC funds are currently low and, as a result, we were unable to fund all the extracurricular requests this year. We appreciate your support in this fundraising endeavour.

JANUARY 2022 SNAPSHOT:
Impact of Social Media on Teens

Have a great day!

