

PARENT and STUDENT DOCKER

Sept. 21 – Sept. 25, 2020



Monday, Sept. 21		
Tuesday, Sept 22	PAC Annual General Meeting	6:45 pm Zoom Platform
Wednesday, Sept 23		
Thursday, Sept 24		
Friday, Sept 25	Non-Instructional Day	No Students

Next September and October Dates:

Monday Sept. 28th : Non-Instructional Day

Sept. 30th Orange Shirt Day

October 5th: Student Photo Day

PAC Annual General Meeting: Tuesday September 22nd

All ESQ Parents & Guardians are invited to check out the ESQ PAC Annual General Meeting on Tuesday September 22, 2020 at 6:45pm via Zoom.

Tina Pierik is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

<https://gvsd61.zoom.us/j/67263147016?pwd=R01WbG94eWxhUTRmbiViMUy1YWk0dz09>

Meeting ID: 672 6314 7016

Passcode: 840024

One tap mobile

+14388097799,,67263147016#,,,,,0#,,840024# Canada

+15873281099,,67263147016#,,,,,0#,,840024# Canada

Dial by your location

+1 438 809 7799 Canada

+1 587 328 1099 Canada

+1 647 374 4685 Canada

+1 778 907 2071 Canada

Meeting ID: 672 6314 7016

Passcode: 840024

Find your local number: <https://gvsd61.zoom.us/j/67263147016?pwd=R01WbG94eWxhUTRmbiViMUy1YWk0dz09>

Staff Professional Development Days on Friday, September 25th and Monday, September 28th. Over these two days we will be exploring topics such as assessment, supporting learners in complex times & tech learning tools.

REMINDER

To bring back the updated **Student Information Verification Sheet** and the **Signed Permission Sheets** to classroom teacher or to the office.

Thank you very much!!
If done already : Thank you

Daily Health Check:

In this Docker you will find a Daily Health Checklist. Please assess your child daily. If you answer yes to any of the questions, and the symptoms are not related to a pre-existing condition (for example, your child regularly has shortness of breath because of asthma) please follow the instructions and keep your child home.

Daily Health Check for Parents

Q1. Symptoms of Illness

Does your child have any of the following symptoms?	Circle One	
Fever	YES	NO
Chills	YES	NO
Cough or worsening chronic cough	YES	NO
Shortness of breath	YES	NO
Sore throat	YES	NO
Runny nose / stuffy nose	YES	NO
Loss of sense of smell or taste	YES	NO
Headache	YES	NO
Fatigue	YES	NO
Diarrhea	YES	NO
Loss of appetite	YES	NO
Nausea and vomiting	YES	NO
Muscle aches	YES	NO
Conjunctivitis (pink eye)	YES	NO
Dizziness, confusion	YES	NO
Abdominal pain	YES	NO
Skin rashes or discoloration of fingers or toes	YES	NO

Q2. International Travel

Have you or anyone in your household returned from travel outside Canada in the last 14 days?	YES	NO
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Q3. Confirmed Contact

Are you or is anyone in your household a confirmed contact of a person confirmed to have COVID-19?	YES	NO
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- If you have answered "YES" to any of the questions and the symptoms are not related to a pre-existing condition (e.g. allergies) your child should NOT come to school.
- If they are experiencing any symptoms of illness, contact a health-care provider for further assessment. This includes 8-1-1, or primary care provider like a physician or nurse practitioner.
- If you answered "YES" to questions 2 or 3, use the **COVID-19 Self-Assessment Tool** to determine if you should be tested for COVID-19.

PLEASE NOTE FOR MONDAY!

REMINDER – our ZONE system is in place. Thank you to families and students for using the correct doors, remembering masks and keeping hands clean!

BLUE ZONE – all students with class on third floor will enter and exit through back door by Wood Work room

GREEN ZONE – all students with class on second floor will enter and exit through back door by Art room

YELLOW ZONE – all students with class on first floor will enter and exit through front door (Band can use exterior Band door)

LUNCH TIME – if your child does not have class in the afternoon due to their hybrid schedule they are expected to leave school at 11:30. Lunch service is not running yet. Please send lunch with your child if they are staying for the full day. Small snacks are available – see Admin or Laurel.

Attention: **Leadership Students**

A reminder to all Leadership 9 – 12 students to make sure you have logged into the Google Classroom (**to join d5wuvaz**) and are checking for updates on a regular basis.

Please see Mr. Schneider in Room 224
or Ms. Garr in the office if you have any questions!

Last Year's Yearbook 2019-2020

Please be aware last year's yearbooks for 2019-20 school year cannot be purchased on line. The price is **\$45.00**.

If you want to purchase one, the yearbooks will be on sale during the week of Sept. 21-25 at lunchtime 11:30 am - 12:00 pm or after school 2:30 pm - 3:00 pm while supply lasts.

The location to purchase is outside the Theatre Entrance.

To pick up a pre-paid 2019 Yearbook please come to office



ESQUIMALT SECONDARY SCHOOL 2020-2021

STUDENT SAFETY PROTOCOLS



We are happy to have you back at school and want to make sure that we keep our school safe for everyone. It is important that **all** safety routines and protocols are followed closely.

WHAT YOU CAN EXPECT...

- Our school will be divided into 3 zones. Each zone will have a **designated** entrance/exit and assigned washrooms.
- Students are **required** to apply hand sanitizer and/or wash hands when entering and exiting the building.
- Thoroughly washing your hands with soap and water is the best protection against illness. Make sure you wash your hands frequently and for at least 20 seconds. When a sink isn't available, use the hand sanitizer provided around the school.
- **Masks must be worn** in common areas and where physical distancing cannot be achieved, such as hallways, stairways and common learning spaces or common areas during breaks.
- Students must be **physically distanced** at all times in the halls and common areas and limit contact within your cohort(s).
- Follow the arrows and pay attention to signs on doors and in halls.
- Pack food that does not require preparation; microwaves and kettles are not available.



FEEL SICK AT HOME OR SCHOOL?

- Complete a health safety check every day before coming to school. Do you have any cold or flu like symptoms or other respiratory symptoms? If so, contact the school to excuse the absence.
- Feeling sick while at school? Let your teacher or the office know immediately.
- The office will contact home and have someone pick you up as soon as possible. Do not leave without reporting your illness.
- When home, contact your health-care provider immediately or call 811 and inform them of your symptoms.

DAILY SCHEDULE



- Doors will be unlocked just prior to morning classes students will go **immediately** to their class.
- Students who are not attending an afternoon class must leave the property **immediately** after morning dismissal, except if scheduled otherwise.
- Lockers are not available except in exceptional circumstances.

Class Schedule

8:30 – 8:55	Outside Timetable Classes
9:00 – 11:30	Morning Block (A/D)
11:30 – 12:00	Lunch
12:00 – 2:30	Afternoon Block (C/B)
2:35 –	Outside of Timetable Classes (end time to be determined by program)



BATHROOMS AND WATER FOUNTAINS

- Use only the bathroom in your assigned zone.
- Maximum 2 people in the bathroom at one time; maintain physical distancing.
- Hand washing guidelines are posted in washrooms.
- Hands must be sanitized upon re-entry into a learning space.
- Water fountains are available only for filling water bottles. Wash or sanitize hands before and after use.



All students and families should familiarize themselves with the school district's complete COVID-19 Exposure Control Plan available at www.sd61.bc.ca

IF YOU FEEL SICK OR HAVE SYMPTOMS, STAY HOME

For more information please visit our school website at <https://esquimalt.sd61.bc.ca>

Improvistational Theatre: Mondays and Wednesdays

Improv meeting on Wednesday September 30, 11:45 am, in the theatre.

Come and learn about what this year will look like. Grade 9s welcome: learn about our Improv program at Esquimalt High.

The first Improv class will be Monday, October 5 at 2:35

Improv classes will be held:

Mondays 2:35-4:00

Wednesdays: October 7 at 11:45, October 14 - November 4 at most likely 10-11:30 (*to be decided.*)

Wednesdays November 18 - January 27, 2:35 - 4:00.

See Ms. Walker if you have any questions.

Omdrea Walker BEd, MEd,

Art, Improv

Fine Arts Department Head



School District's Chromebook Deal for Families:

If you are interested in a Chromebook for your student please see below:

HP Chromebook 11A G8 - Education Edition - 16W64UT#ABA -

Processor: A4 9120C / 1.6 GHz

Chrome OS 64

Memory: 4 GB RAM - 32 GB eMMC eMMC 5.0

Display: 11.6" 1366 x 768 (HD)

Radeon R4 - Wi-Fi, Bluetooth

Colour: chalkboard gray

1 Year Warranty

Price: \$266

If you would like to order one, please contact: Island Key Computer Ltd.

Office: (250) 380-6465

<http://www.islandkey.com>

**Sign up
for**

**WEX
12A & 12B**

**Earn
4 Credits**

WORK EXPERIENCE

Interested?

bit.ly/esqwex12

Completion of a 4 credit WEX course
meets the grad requirement;

- Applied Design, Skills, and Technologies
- Fulfills 30 hours of experiential learning
- Credit towards your Adult Grad Certificate

Students may

- remain with current employer
- explore a new placement



*Partnerships are formed between
the student, school and employer to personalize their learning goals*

Ken Henderson - khenderson@sd61.bc.ca

Tarra Clarke - tclarke@sd61.bc.ca

Are You Following Us on Social Media?

Facebook: Esquimalt High School

Instagram: @esquimalthighschool

Twitter: @esqhigh

Website: www.esquimalt.sd61.bc.ca

'intheknow'

Information and Support

For families and caring adults who
are parenting a child or youth with
mental health challenges.

**IN THE KNOW PROVIDES EXPERT SPEAKERS ON TOPICS IMPORTANT TO FAMILIES.
CONNECT AND LEARN WITH OTHER FAMILIES FOR AN ONLINE DISCUSSION - JOIN BY
COMPUTER OR PHONE.**

Parenting when Anxiety Shows Up as Anger

Join us as we answer questions families have asked about the relationship between anger and anxiety. We'll share experiences and strategies that can help in hard moments and focus on strengthening our relationship with our children and youth when those have passed.

Registration Required:

<https://attendee.gotowebinar.com/register/1134168643535377165>

Communities: Victoria, Campbell River, and
Comox Valley

Cost: Free of Charge

Date: Tuesday, September 29, 2020

Time: 7pm -8:30pm

Connect and learn with other families for this online discussion. We will watch the video and talk about it together. Discussion facilitated by FamilySmart Parent in Residence



Ministry of
Children and Family
Development



familysmart.ca

For more information please visit our school website at <https://esquimalt.sd61.bc.ca>

[September 2020 -Secondary Snapshot Welcome Back!](#)



[Click here for additional back to school supplies!](#)

Simon Burgers

District Principal

Greater Victoria School District No. 61

Ph: 250-475-4120



ESQUIMALT HIGH SCHOOL RETURN TO SCHOOL PLAN AND BELL SCHEDULE – QUARTER SYSTEM 2020-2021

TIMES	QUARTER 1 SEPTEMBER 14 – NOVEMBER 13	QUARTER 2 NOVEMBER 16 – JANUARY 29	QUARTER 3 FEBRUARY 1 APRIL 16	QUARTER 4 APRIL 19 – JUNE 22
8:30am – 8:55am (May start earlier than 8:30am)	Outside Timetable Courses: FY (Day 1/Day 2)			
**9:00am – 11:30am (in class break)	*A1	*B1	*A2	*B2
11:30am – 12:00pm	LUNCH/TRANSITION/CLEANING			
**12:00pm – 2:30pm (in class break)	*C1	*D1	*C2	*D2
2:35pm – 4:00pm	Full Year Support Block			
2:35pm – 3:30pm (May extend beyond 3:30pm)	Outside Timetable Courses: FY (Day 1/Day 2)			

* Each Quarter: 4 ½ weeks one block on site, 4 ½ weeks second block ½ on site, ½ remote (E.g. Block A on site, Block C 50% (A-L) on site, 50% (M-Z) remote, then flip.)

* Linear Classes Day – TWO (2) Quarters: Day 1/Day 2 (E.g. Eng 9 Linear: Quarter 2 Day 1 Eng, Day 2 Social Studies + Quarter 4 Day 1 En, Day 2 Social Studies)

** Staggered Entry for Students: School entrance based on class locations.

SAMPLE WEEKLY SCHEDULE – Quarter 1 September 14 – November 17

September 14 – October 13

MONDAY	TUESDAY	*WEDNESDAY	THURSDAY	FRIDAY
Outside Timetable Courses: FY (Day 1/Day 2)				
BLOCK A Learning Group/Cohort (Full On-Site)	Block A1 Learning Group/Cohort (Full On-Site)	Block A1 Learning Group/Cohort (Full On-Site)	Block A1 Learning Group/Cohort (Full On-Site)	Block A1 Learning Group/Cohort (Full On-Site)
Lunch/Transition/Cleaning	Lunch/Transition/Cleaning	Lunch/Transition/Cleaning	Lunch/Transition/Cleaning	Lunch/Transition/Cleaning
BLOCK C (50% A-L On-Site, 50% M-Z Remote)	Block C1 (50% On-Site, 50% Remote)	Block C1 (100% Remote)	Block C1 (50% On-Site, 50% Remote)	Block C1 (50% On-Site, 50% Remote)
Outside Timetable Courses: FY (Day 1/Day 2)				

October 16 – November 17

MONDAY	TUESDAY	*WEDNESDAY	THURSDAY	FRIDAY
Outside Timetable Courses: FY (Day 1/Day 2)				
BLOCK A1 (50% A-L On-Site, 50% M-Z Remote)	Block A1 (50% On-Site, 50% Remote)	Block A1 (100% Remote)	Block A1 (50% On-Site, 50% Remote)	Block A1 (50% On-Site, 50% Remote)
Lunch/Transition/Cleaning	Lunch/Transition/Cleaning	Lunch/Transition/Cleaning	Lunch/Transition/Cleaning	Lunch/Transition/Cleaning
BLOCK C1 Learning Group/Cohort (Full On-Site)	Block C1 Learning Group/Cohort (Full On-Site)	Block C1 Learning Group/Cohort (Full On-Site)	Block C1 Learning Group/Cohort (Full On-Site)	Block C1 Learning Group/Cohort (Full On-Site)
Outside Timetable Courses: FY (Day 1/Day 2)				