

## ***PARENT and STUDENT DOCKER***

Sept. 28 – Oct. 2, 2020



Monday, Sept. 28	Non-Instructional Day	No Students
Tuesday, Sept 29	Rescheduled PAC AGM Meeting	6:45 pm Zoom Platform
Wednesday, Sept 30	Orange Shirt Day	
Thursday, Oct. 1		
Friday, Oct. 2	Colour Zone Spirit Day	

### **Next September and October Dates:**

October 5<sup>th</sup>: Student Photo Day

October 5<sup>th</sup>: Esquimalt Music Parents Association (EMPA) AGM Meeting on Zoom Format. Please see weekly update for the Zoom Link

October 12<sup>th</sup>: Thanksgiving Day Stat No School

Staff Professional Development Days on Friday, September 25<sup>th</sup> and Monday, September 28<sup>th</sup>. Over these two days we will be exploring topics such as assessment, supporting learners in complex times & tech learning tools.

### **PAC AGM –Rescheduled Meeting: All parent/guardians welcome**

Tina Pierik is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

<https://gvsd61.zoom.us/j/62459999179?pwd=Q1dmNVlWbN2pHRVhVUzA5QitBU0RhZ09>

Meeting ID: 624 5999 9179

Passcode: 862223

One tap mobile

+15873281099,,62459999179#,,,,,0#,,862223# Canada

+16473744685,,62459999179#,,,,,0#,,862223# Canada

Dial by your location

+1 587 328 1099 Canada

+1 647 374 4685 Canada

+1 778 907 2071 Canada

+1 438 809 7799 Canada

Meeting ID: 624 5999 9179

Passcode: 862223

Find your local number: <https://gvsd61.zoom.us/j/62459999179?pwd=Q1dmNVlWbN2pHRVhVUzA5QitBU0RhZ09>

### **\*REMINDER\***

Please bring back the updated **Student Information Verification Sheet** and the **Signed Permission Sheets** to classroom teacher or to the office.

Thank you very much!!  
If done already : Thank you

### **Revised Daily Health Check (See Attached)**

In this Docker you will find a **Revised** Daily Health Checklist. Please assess your child daily. If you answer yes to any of the questions, and the symptoms are not related to a pre-existing condition (for example, your child regularly has shortness of breath because of asthma) please follow the instructions and keep your child home.

***Hello Parents!***

***Picture Day is coming Monday, October 5 .***

***After Picture Day, order pictures on [mylifetouch.ca](https://mylifetouch.ca) using your Portrait ID and Access Code which can be found on your Picture Day order form.***



**Lifetouch.**

# PICTURE DAY IS COMING

## What to Expect:



Students are  
photographed on  
Picture Day



Pictures are sent home  
with your child



Review pictures  
& purchase on  
[mylifetouch.ca](https://mylifetouch.ca)

Questions? Please contact Customer  
Service at 866-457-8212.



**Monday, October 05, 2020**  
Esquimalt High School



29088 QU470098QP QU01XF000034

**29088** © 2020 Lifetouch Canada ULC

All students will be photographed. Please notify your child's teacher if you do not want an individual picture taken of your child. Your child may be included in a group picture requested by the school.

***For more information please visit our school website at <https://esquimalt.sd61.bc.ca>***

*Sign up  
for*

**WEX  
12A & 12B**

***Earn  
4 Credits***

# WORK EXPERIENCE

***Interested?***

[bit.ly/esqwex12](http://bit.ly/esqwex12)

Completion of a 4 credit WEX course  
meets the grad requirement;

- Applied Design, Skills, and Technologies
- Fulfills 30 hours of experiential learning
- Credit towards your Adult Grad Certificate

**Students may ....**

- remain with current employer
- explore a new placement



*Partnerships are formed between  
the student, school and employer to personalize their learning goals*

Ken Henderson - [khenderson@sd61.bc.ca](mailto:khenderson@sd61.bc.ca)

Tarra Clarke - [tclarke@sd61.bc.ca](mailto:tclarke@sd61.bc.ca)

## **Leadership Students**

A reminder to all Leadership 9 – 12 students to make sure you have logged into the Google Classroom (**to join d5wuvaz**) and are checking for updates on a regular basis.

Please see Mr. Schneider in Room 224  
or Ms. Garr in the office if you have any questions!

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## **Improvistational Theatre: Mondays and Wednesdays**

Improvistational Theatre will take place on Mondays and Wednesdays

Improv meeting on Wednesday September 30, 11:45 am, in the theatre. Come and learn about what this year will look like. Grade 9s welcome and attend and learn about our Improv program at Esquimalt High. The first Improv class will be Monday, October 5 at 2:35.

Improv classes will be held:

Mondays 2:35-4:00

Wednesdays: October 7 at 11:45, October 14 - November 4 most likely 10-11:30 (*to be decided.*)

Wednesdays November 18- January 27, 2:35-4:00.

Message Ms. Walker if you have any questions.

*For more information please visit our school website at <https://esquimalt.sd61.bc.ca>*

## **Grads 2021**

**"Don't want to miss out on any important news or events for the grad class of 2021?"**

Please encourage your grade 12 student to join our Remind page. The App makes it easy to get info to all the grads and for the grads to connect with Mr. Zemanek about Grad activities and important grad dates."

<https://www.remind.com/join/esggrad21>

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## **Want Post-Secondary Information by Email from Specific Schools?**

Students and families wishing to have postsecondary information from specific schools emailed to them are invited to fill out this Google Form. As emails are sent to Mrs. Bjornson throughout the year, she will forward them to you. Simply toggle which schools you are interested in! <http://bit.ly/sendmepsinfo>

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## **Last Year's Yearbook 2019-2020**

Please be aware last year's yearbooks for 2019-20 school year cannot be purchased on line. The price is \$45.00.

If you want to purchase one, the yearbooks will be on sale during the week of Sept. 29<sup>th</sup> to Oct. 2<sup>nd</sup> at lunchtime 11:30am-12:00 pm or after school 2:30pm-3:00 pm while supply lasts.

The location to purchase is outside the Theatre Entrance.

To pick up a pre-paid 2019 Yearbook please come to office

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## **Esquimalt Music Parents Association**



October 5th, 7:00-8:00pm: Esquimalt Music Parents Association  
AGM Meeting

Zoom Format

Please see weekly update for the zoom link.

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## **Are You Following Us on Social Media?**

**Facebook:** Esquimalt High School

**Instagram:** @esquimalthighschool

**Twitter:** @esqhigh

**Website:** [www.esquimalt.sd61.bc.ca](http://www.esquimalt.sd61.bc.ca)

DOOR  
DECORATING

PRIZES! PRIZES!  
PRIZES!

COLOUR  
ZONE  
SPIRIT  
DAY!!

FRIDAY  
OCTOBER 2

DRESS AS  
YOUR  
ZONE  
COLOUR



## **School District's Chromebook Deal for Families:**

If you are interested in a Chromebook for your student please see below:

HP Chromebook 11A G8 - Education Edition - 16W64UT#ABA -

Processor: A4 9120C / 1.6 GHz

Chrome OS 64

Memory: 4 GB RAM - 32 GB eMMC eMMC 5.0

Display: 11.6" 1366 x 768 (HD)

Radeon R4 - Wi-Fi, Bluetooth

Colour: chalkboard gray

1 Year Warranty

**Price: \$266**

**If you would like to order one, please contact:** Island Key Computer Ltd.

Office: (250) 380-6465

<http://www.islandkey.com>

### **Set up your GSuite account**

**Students must renew access to GSuite accounts for this year by next Wednesday, September 30<sup>th</sup>. Here's how:**

Go to [this page on the school district website](#). The instructions and links there will help you manage your GSuite account through SD61's new [StudentConnect website](#).

At [StudentConnect](#) log in with your school computer/WIFI account username (your student number) and password. Once you log in you will see a list of apps that you can consent to.

The short video on the [StudentConnect](#) information page provides thorough instructions on how to activate student GSuite accounts using StudentConnect. If you don't see GSuite listed with the apps when you first log in to StudentConnect click on your name at the top of the webpage and scan the list again.

[StudentConnect](#) is also linked on the front page of [Esquimalt High School's website](#) under **Quick Links**.

### **Connect to school WIFI**

Having trouble getting your personal devices connected to the school's WIFI network?

[Check out the tips on this page from the school district's Technology for Learning portal](#). Get connected whether you are using an Android or Apple phone, a chromebook or a laptop.

[Go to this page for help with Chromebooks specifically](#).



# ESQ LIBRARY

## LEARNING COMMONS



READ | LISTEN | EVERY DAY – 20 MINUTES - MINIMUM



### LIBRARY ONLINE

Find great books and more in our school library learning commons catalogue. [Login with your school computer account to place holds.](#)

We deliver!

### AUDIO- BOOKS

We have lots of new audiobooks that you can download to your device. Listen anywhere! [Place your requests online here.](#)

### OUR SERVICES

#### ESQ Reads!

Check out the posters in the hallways and classrooms to see who is reading what!

We have lots of digital content as well as a wide range of books in print.

Check out the [school library learning commons website](#) for help [finding good books](#), [finding homework sources](#) and [figuring out whether that news is fake or for real.](#)

Stuck in Zone 3? We deliver!

Library staff can bring books you request to your morning class!

[Login to your school library learning commons account](#) and browse great novels & non-fiction books, audiobooks, ebooks, magazines and more.

See what's popular!  
Tell us what you like!



@esqreads

### NEWS LITERACY

Find good information despite the misinformation and disinformation that is flooding the Internet.

Find out more at [esquimaltlibrary.sd61.bc.ca](https://esquimaltlibrary.sd61.bc.ca)

## READ | LISTEN | EVERY DAY – 20 MINUTES - MINIMUM

We want you!

Teachers and administrators are keen to share what they are reading - have your say, too!

Let us know what you like. Email Mr. Orme your favourite reads. Check out @esqreads on Instagram to find even more good books!

Mr. Prevost – *The Surfer's Journal*

Ms. Barker – *Braiding Sweetgrass* by Robin Wall Kimmerer & *Way of the Ancient Healer: Sacred Teachings from the Philippine Ancestral Traditions* by Virgil Mayor Apostol



“Libraries store the energy that fuels the imagination. They open up windows to the world and inspire us to explore and achieve...”

- Sidney Sheldon

Front page, top left clockwise:

Snr Henderson – *The Book of Negroes* by Lawrence Hill

Ms. Garr – *A Feast for Crows* by George R. R. Martin

Mr. Schneider – *The Complete Modern Blacksmith* by Alexander Weygers

## SOME OF OUR NEWEST BOOKS...

From Mr. Orme, Esquimalt High School's teacher-librarian

01

Graphic novels

02

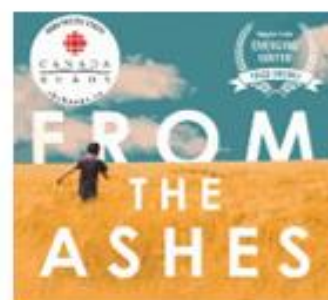
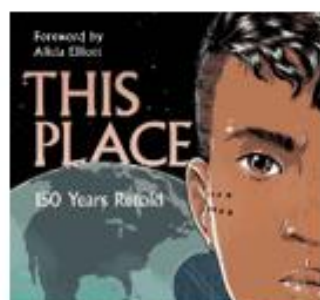
Memoirs

03

Current issues

04

Poetry, photography







# ESQUIMALT SECONDARY SCHOOL 2020-2021

## STUDENT SAFETY PROTOCOLS



We are happy to have you back at school and want to make sure that we keep our school safe for everyone. It is important that **all** safety routines and protocols are followed closely.

### WHAT YOU CAN EXPECT...

- Our school will be divided into 3 zones. Each zone will have a **designated** entrance/exit and assigned washrooms.
- Students are **required** to apply hand sanitizer and/or wash hands when entering and exiting the building.
- Thoroughly washing your hands with soap and water is the best protection against illness. Make sure you wash your hands frequently and for at least 20 seconds. When a sink isn't available, use the hand sanitizer provided around the school.
- **Masks must be worn** in common areas and where physical distancing cannot be achieved, such as hallways, stairways and common learning spaces or common areas during breaks.
- Students must be **physically distanced** at all times in the halls and common areas and limit contact within your cohort(s).
- Follow the arrows and pay attention to signs on doors and in halls.
- Pack food that does not require preparation; microwaves and kettles are not available.



### FEEL SICK AT HOME OR SCHOOL?

- Complete a health safety check every day before coming to school. Do you have any cold or flu like symptoms or other respiratory symptoms? If so, contact the school to excuse the absence.
- Feeling sick while at school? Let your teacher or the office know immediately.
- The office will contact home and have someone pick you up as soon as possible. Do not leave without reporting your illness.
- When home, contact your health-care provider immediately or call 811 and inform them of your symptoms.

### DAILY SCHEDULE



- Doors will be unlocked just prior to morning classes students will go **immediately** to their class.
- Students who are not attending an afternoon class must leave the property **immediately** after morning dismissal, except if scheduled otherwise.
- Lockers are not available except in exceptional circumstances.

#### Class Schedule

8:30 – 8:55	Outside Timetable Classes
9:00 – 11:30	Morning Block (A/D)
11:30 – 12:00	Lunch
12:00 – 2:30	Afternoon Block (C/B)
2:35 –	Outside of Timetable Classes (end time to be determined by program)



### BATHROOMS AND WATER FOUNTAINS

- Use only the bathroom in your assigned zone.
- Maximum 2 people in the bathroom at one time; maintain physical distancing
- Hand washing guidelines are posted in washrooms
- Hands must be sanitized upon re-entry into a learning space.
- Water fountains are available only for filling water bottles. Wash or sanitize hands before and after use



All students and families should familiarize themselves with the school district's complete COVID-19 Exposure Control Plan available at [www.sd61.bc.ca](http://www.sd61.bc.ca)

**IF YOU FEEL SICK OR HAVE SYMPTOMS, STAY HOME**

For more information please visit our school website at <https://esquimalt.sd61.bc.ca>

'intheknow'

# Information and Support

For families and caring adults who  
are parenting a child or youth with  
mental health challenges.

**IN THE KNOW PROVIDES EXPERT SPEAKERS ON TOPICS IMPORTANT TO FAMILIES.  
CONNECT AND LEARN WITH OTHER FAMILIES FOR AN ONLINE DISCUSSION - JOIN BY  
COMPUTER OR PHONE.**

## Parenting when Anxiety Shows Up as Anger

Join us as we answer questions families have asked about the relationship between anger and anxiety. We'll share experiences and strategies that can help in hard moments and focus on strengthening our relationship with our children and youth when those have passed.

Registration Required:

<https://attendee.gotowebinar.com/register/1134168643535377165>

Communities: Victoria, Campbell River, and  
Comox Valley

Cost: Free of Charge

Date: Tuesday, September 29, 2020

Time: 7pm -8:30pm

Connect and learn with other families for this online discussion. We will watch the video and talk about it together. Discussion facilitated by FamilySmart Parent in Residence



Ministry of  
Children and Family  
Development



[familysmart.ca](https://familysmart.ca)

*For more information please visit our school website at <https://esquimalt.sd61.bc.ca>*





## ESQUIMALT HIGH SCHOOL RETURN TO SCHOOL PLAN AND BELL SCHEDULE – QUARTER SYSTEM 2020-2021

TIMES	QUARTER 1 SEPTEMBER 14 – NOVEMBER 13	QUARTER 2 NOVEMBER 16 – JANUARY 20	QUARTER 3 FEBRUARY 1 APRIL 16	QUARTER 4 APRIL 19 – JUNE 22
8:30am – 8:55am (May start earlier than 8:30am)	Outside Timetable Courses: FY (Day 1/Day 2)			
**9:00am – 11:30am (in class break)	*A <sub>1</sub>	*B <sub>1</sub>	*A <sub>2</sub>	*B <sub>2</sub>
11:30am – 12:00pm	LUNCH/TRANSITION/CLEANING			
**12:00pm – 2:30pm (in class break)	*C <sub>1</sub>	*D <sub>1</sub>	*C <sub>2</sub>	*D <sub>2</sub>
2:35pm – 4:00pm	Full Year Support Block			
2:35pm – 3:30pm (May extend beyond 3:30pm)	Outside Timetable Courses: FY (Day 1/Day 2)			

\* Each Quarter: 4 ½ weeks one block on site, 4 ½ weeks second block ½ on site, ½ remote (E.g. Block A on site, Block C 50% (A-L) on site, 50% (M-Z) remote, then flip.)

\* Linear Classes Day – TWO (2) Quarters: Day 1/Day 2 (E.g. Eng 9 Linear: Quarter 2 Day 1 Eng, Day 2 Social Studies + Quarter 4 Day 1 En, Day 2 Social Studies)

\*\* Staggered Entry for Students: School entrance based on class locations.

### SAMPLE WEEKLY SCHEDULE – Quarter 1 September 14 – November 17

#### September 14 – October 13

MONDAY	TUESDAY	*WEDNESDAY	THURSDAY	FRIDAY
Outside Timetable Courses: FY (Day 1/Day 2)				
BLOCK A Learning Group/Cohort (Full On-Site)	Block A <sub>1</sub> Learning Group/Cohort (Full On-Site)	Block A <sub>1</sub> Learning Group/Cohort (Full On-Site)	Block A <sub>1</sub> Learning Group/Cohort (Full On-Site)	Block A <sub>1</sub> Learning Group/Cohort (Full On-Site)
Lunch/Transition/Cleaning	Lunch/Transition/Cleaning	Lunch/Transition/Cleaning	Lunch/Transition/Cleaning	Lunch/Transition/Cleaning
BLOCK C (50% A-L On-Site, 50% M-Z Remote)	Block C <sub>1</sub> (50% On-Site, 50% Remote)	Block C <sub>1</sub> (100% Remote)	Block C <sub>1</sub> (50% On-Site, 50% Remote)	Block C <sub>1</sub> (50% On-Site, 50% Remote)
Outside Timetable Courses: FY (Day 1/Day 2)				

#### October 16 – November 17

MONDAY	TUESDAY	*WEDNESDAY	THURSDAY	FRIDAY
Outside Timetable Courses: FY (Day 1/Day 2)				
BLOCK A <sub>1</sub> (50% A-L On-Site, 50% M-Z Remote)	Block A <sub>1</sub> (50% On-Site, 50% Remote)	Block A <sub>1</sub> (100% Remote)	Block A <sub>1</sub> (50% On-Site, 50% Remote)	Block A <sub>1</sub> (50% On-Site, 50% Remote)
Lunch/Transition/Cleaning	Lunch/Transition/Cleaning	Lunch/Transition/Cleaning	Lunch/Transition/Cleaning	Lunch/Transition/Cleaning
BLOCK C <sub>1</sub> Learning Group/Cohort (Full On-Site)	Block C <sub>1</sub> Learning Group/Cohort (Full On-Site)	Block C <sub>1</sub> Learning Group/Cohort (Full On-Site)	Block C <sub>1</sub> Learning Group/Cohort (Full On-Site)	Block C <sub>1</sub> Learning Group/Cohort (Full On-Site)
Outside Timetable Courses: FY (Day 1/Day 2)				

For more information please visit our school website at <https://esquimalt.sd61.bc.ca>