



PARENT and STUDENT DOCKER

June 1 – June 5, 2020

Upcoming School Dates:

June 17: End of Remote Learning
 June 18 – June 25: Chromebook return process
 June 19: 2020 Awards Announced
 June 20: Saturday Class of 2020 Parade 1 pm
 June 25: Last day of School

**Last Call for locker clean out
 the week of June 1st to 5th**
 ~~~~~  
**Staff will begin cleaning out  
 lockers the following week**

### **Dear ESQ Students & Families,**

I can't believe that next week is June already! We are in the final stretch of the semester. Students, now is the time to put the time and energy into a strong finish to your school work. Grade 12 students and families, please see the message below about the consent for our Virtual Grad Ceremony.

We look forward to seeing more of our students in the building next week.

Thanks,

**Tina Pierik**

Principal, École Secondaire Esquimalt High School

Greater Victoria School District No. 61

Ph: 250-382-9226

Cell/Fax/Home: 250-893-2131

### **Free Veggie Plants**



**From May 25 - June 11** we will be distributing **FREE vegetable plants** and **"How To Garden" resources** to **SD 61 families and staff**. The plant selection includes: tomatoes, cucumbers, zucchini, lettuce, mustard greens, basil, parsley, swiss chard, kale, delicata squash, and cabbage!

| Central Middle School                   | Lansdowne Middle School                 | Esquimalt Secondary                     | Reynolds Secondary                      |
|-----------------------------------------|-----------------------------------------|-----------------------------------------|-----------------------------------------|
| 10-12 Families accessing Food Hub       | 10-12 Families accessing Food Hub       | 10-12 Families accessing Food Hub       | 10-12 Families accessing Food Hub       |
| 1:00 - 4:00 - All SD Families and Staff | 1:00 - 4:00 - All SD Families and Staff | 1:00 - 4:00 - All SD Families and Staff | 1:00 - 4:00 - All SD Families and Staff |
| Monday, May 25                          | Tuesday, May 26                         | Wed, May 27                             | Thurs, May 28                           |
| Monday, June 1                          | Tuesday, June 2                         | Wed, June 3                             | Thurs, June 4                           |
| Monday, June 8                          | Tuesday, June 9                         | Wed, June 10                            | Thurs, June 11                          |

For more information: <http://cm.pn/5ka5>

For more information please visit our school website at <https://esquimalt.sd61.bc.ca>

# ESQUIMALT GRAD 2020



Plans are in the works for a Class of 2020 Event on **JUNE 20, 2020** so please **SAVE THE DATE!!** Details to be announced!! It is **VERY IMPORTANT** for grads to pay attention to the GRAD GOOGLE CLASSROOM as that will be our primary mode of communicating details to the grads.



We are very excited to announce that there will be a professionally produced VIRTUAL GRAD VIDEO that family and friends can watch to acknowledge the Esquimalt Grads.

## **Important Notice for Class of 2020:**

Dear Class of 2020,

This year, all Greater Victoria School District Secondary Schools will be creating unique virtual graduation videos in addition to any school-planned, socially-distanced, recognition events at the end of the year. These videos will be available to all graduating students as a digital download at the end of June.

For graduates to be featured in the video production, we require students to self-consent by **Thursday June 4th** for their names and images to be used.

Students can now consent online through our new [Student Portal](#).

Students need to login to the portal using the username and password they would normally use to access an SD61 computer in a school lab.

**Note:** this is not your SD61Learn login that you would use on a Chromebook

If you can't recall your login information, please contact a school administrator or your homeroom / advisory teacher for help.

**Important:** Please complete this consent process by **Thursday, June 4th** at the latest.

Click here to access the Student Portal: <https://studentconnect.sd61.bc.ca/>



# Esquimalt High School

## Safety Protocols May 2020

*We are happy to have you back in the building and want to make sure that we keep our school safe for everyone. It is important that all safety routines and protocols are followed closely.*

## WHAT YOU CAN EXPECT....

You will be greeted at the front door and asked to apply hand sanitizer before entering. Our new protocols will be explained to you:

- **Maintain physical distancing at all times.** Follow the arrows and pay attention to the signs at doors and in halls. Walk only on the **right side** of the hallway.
- Thoroughly washing your hands with soap and water is the best protection against illness - make sure you **wash your hands** frequently and for at least 20 seconds
- If you have a **backpack** you have to keep it at the side of the room - they cannot come to desks, and you cannot use lockers to store your materials
- Bring your own **water bottle** from home; water fountains are not available
- Pack **food** that does not require preparation (use of microwaves etc)
- Please take any **garbage** you have home with you
- Use only the seating that is assigned to you
- **Stairways** have signage to assist safe traffic flow. Some stairwells have been changed to **one-way**
- We may use the PA to have a **controlled dismissal** by floor
- Bring your **own technology** where possible



### Use of Bathrooms

Bathrooms assigned by floor/ area and students must use assigned bathroom

One person in the bathroom at a time—protocol is outside the door

Handwashing guidelines are posted inside the washroom



*Thank you for your patience  
as we navigate these  
unusual times*

## Want to schedule a time?

Students should reach out to their teachers to schedule a time to come to the building.

Times must be prescheduled—no drop ins will be admitted.

Space is limited and teachers will do the best they can to accommodate needs.

**If you feel sick or are showing any symptoms, stay home**

## **Positive Coping Tips for Stress & Anxiety**

NEED2 has created an online workshop '**Positive Coping Tips for Stress & Anxiety**' along with a Parent/Teacher Resource for middle and highschoools in SD61,62,63 & 64.

Schools are sharing it with their Grade 8 and Grade 10 students who we would normally work with during the school year.

Please feel free to send this presentation to any teachers who you think would like to share it with their students.

This Online Package includes:

1. Positive Coping Tips for Stress & Anxiety - for teachers and students

<https://youtu.be/vpJCbTQm2J4>



### [Positive Coping Tips for Stress & Anxiety - YouTube](https://youtu.be/vpJCbTQm2J4)

youtu.be

Video 1: Responding to COVID Stress:

<https://youtu.be/BmvNCdpHUYM> Video 2: Fight

Flight Freeze Response:

<https://youtu.be/rpolpKTWrp4> Video 3: The Science of...

2. PDF with resources for teachers and parents - please see the attached file



Click below to access the Snapshot

[Secondary Sleep Strategies](#)



# SUMMER SCHOOL - JULY 2020

**LOCATION:** Mount Douglas Secondary School Completion Courses  
3970 Gordon Head Road.

**DATE:** Completion Classes June 29 - July 09, 2020 (session 1)  
Completion Classes July 13 – July 23, 2020 (session 2)

**TIME:** Monday through Thursday, no classes Fridays

\*\*\*Note there will be NO classes July 1<sup>st</sup> for Canada Day Holiday, but there WILL be class on FRIDAY JULY 3<sup>rd</sup>.

Due to COVID-19 public health restrictions, summer school for 2020 will be a combination of in class instruction and remote learning. Students should be prepared to be in class for either Class A 8:00-10:30 or Class B 11:00-1:30 and prepared to spend another 3 hours of daily home course work.

**REGISTRATION:** ON LINE ONLY \*\*\* Read Registration Form Carefully\*\*\*

**TIME:** Registrations accepted from June 15 – 26, 2020

Registration priority will be given to SD61 students. Classes that do not meet a minimum enrollment will not be run. Confirmation of enrollment in classes will be sent by e-mail as classes fill.

**GRADE 9, 10 & 11& 12 ACADEMIC COMPLETION PROGRAM – Mount Douglas Secondary**

**School Session One Completion Course Selection – June 29 - July 09, 2020**

| GRADE 9 COMPLETION | GRADE 10 COMPLETION      | GRADE 11 COMPLETION | GRADE 12 COMPLETION |
|--------------------|--------------------------|---------------------|---------------------|
| ENGLISH            | COMP. & LITERARY STUDIES | ENGLISH             | ENGLISH             |
|                    | FOM /PRE CALC            | PRE CALCULUS MATH   |                     |
|                    | SCIENCE                  | EARTH SCIENCE       |                     |
|                    |                          |                     |                     |

**Session Two Completion Course Selection - July 13 - 23, 2019**

| GRADE 9 COMPLETION | GRADE 10 COMPLETION | GRADE 11 COMPLETION | GRADE 12 COMPLETION |
|--------------------|---------------------|---------------------|---------------------|
| MATH               | SOCIALS             | ENGLISH             | ENGLISH             |
|                    | WORKPLACE MATH      | FOUNDATIONS MATH    |                     |
|                    |                     | WORKPLACE MATH      |                     |
|                    |                     |                     |                     |

**DISTRICT WEBSITE:** [www.sd61.bc.ca](http://www.sd61.bc.ca) go to **SCHOOLS** where you'll see the link for **SUMMER SCHOOL**.

## **Picking Up Learning Materials at Esquimalt High School**

- Pick up hours are between **8:30 am and 2:30 pm**
- **It is important to keep 2 m social distance while waiting to pick up your materials**
- Please come to the Main School Doors and wait at the bottom of the stairs
- If no one is at the door please call the Office phone number at 250-382-9226
- Please let us know student's name and what you are picking up i.e. Math Assignments, Novel, etc.
- Stay at the bottom of the stairs to maintain the social distance
- Staff will get the item(s) and place on the desk by the door
- Once the staff member is back in the building please approach the desk and pick up the item(s)

**Thank you very much for your cooperation with this process and keeping the social distance!**

### **Virtual Drama Club**

Open to all students!

Every Tuesday at 11:30 via Zoom. Join Improv and Drama students for a fun time of games and theatre sports.

Email Ms. Walker at **owalker@sd61.bc.ca** to ask for the Zoom invite.

### **Are You Following Us on Social Media?**

**Facebook:** Esquimalt High School

**Instagram:** @esquimalthighschool

**Twitter:** @esqhigh

**Website:** [www.esquimalt.sd61.bc.ca](https://www.esquimalt.sd61.bc.ca)