PARENT DOCKER

April 6 – April 10, 2020

Mark Your Calendar:
April 10 – Good Friday Stat Holiday
April 13 – Easter Monday Stat Holiday

Dear ESQ Students & Families,

I hope this finds you healthy and safe at home. To all our students and family members who are working so that the rest of us can be safe, healthy & fed -THANK YOU! I especially want to recognize SD 61 custodial & facilities staff who are working hard to ensure that our school buildings and grounds are as safe as they can be during these times.

ESQ students are beginning to hear from their teachers this week. Please RESPOND to your teachers so they can know who is getting information and who is not. Grade 12 students, it is very important that you do **NOT** press pause on your learning. We still have 3 months of learning ahead to get to graduation. You must be engaged in the learning activities your teacher designs to complete the courses you need for graduation.

Please read this week's Docker as it has a lot of important information, including community resources, how to access counseling support and how students can come into the building to get their personal learning materials from their locker.

As always, please reach out for any support you may need.

Tina Pierik
Principal, École Secondaire Esquimalt High School
Greater Victoria School District No. 61
Ph: 250-382-9226
Cell/Fax/Home: 250-893-2131

Helpful Resources:

SD 61 and the Ministry of Education have collated various helpful resources for students and families to support learning, mental and physical health and include ideas about setting up routines for learning success at home. Please check out the links below:

https://www.openschool.bc.ca/keeplearning/
https://learn.sd61.bc.ca/news-events/middle-home-activities/
https://learn.sd61.bc.ca/news-events/secondary-home-activities/

Click below to access the Snapshot

[COVID-19 Snapshot Overview and Community Resources]

Special Needs / BC Transit Pass 2020-21 On-Line Application Process

The **Special Needs/BC Transit pass 2020-21 On-Line Application Process** will take place during the following dates and times: **April 1 (12:00 pm start) and April 24 (5:00 pm end)**

Parents can access the application forms **during the above dates and times only**, and get further information on the Transportation webpage:

https://www.sd61.bc.ca/our-district/departments-services/facilities-department/student-transportation/

Those families that are **currently receiving service have been sent an email reminder today**, and I will send another around March 30. **We will require your help in communicating the application information to any possible new applicants (prior spring break)**. Please forward this email to your inclusive learning teachers.

Thirdwave Bus Services is the company SD61 has contracted with for service, but they are not involved in the application process. Special Needs students who are eligible for free Victoria City passes would not be eligible for BC Transit passes through SD61. Please ensure any **eligible new applicants** are aware of the above dates and where to apply.

Eligibility for any new or transitioning students:

- Students must be attending their 2020-21 English catchment school, unless placed at Arbutus Program or Victor School.
- Student must be designated with an IEP detailing a permanent physical or cognitive disability that necessitates the need for transportation.

Any special needs students who are new to the district/catchment **after April 24**, can apply by contacting Transportation directly via email: Transportation@sd61.bc.ca

Please let me know if you require further information.

Janis Walker

Facilities Services - Transportation Coordinator

Greater Victoria School District No. 61

Office: 250-920-3447

ESQUIMALT HIGH SCHOOL
FOUNDED 1915
"ESSE QUAM VIDERI"
847 Colville Road, Victoria, B.C. V9A 4N9 phone 382-9226 fax 361-1263 esquimalt@sd61.bc.ca

Mental Health Supports

Dear ESQ Families,
Over the next few weeks, schools will be working with families to develop processes and strategies to support remote learning for students. As we make these adjustments, we know that maintaining and supporting mental health is crucial. This document provides an overview of the District and School based supports available to families.

1. **Weekly Mental Health Snapshots:**

The District Team will be providing age specific weekly mental health snapshots to families on a variety of topics. The first snapshot, which you will receive by email this week, outlines the topics for the next 6 weeks, and provides updated resources on community supports for families. We know that community resources will look different over the next while, and the snapshots will provide ongoing, updated information.

2. **School Counselling Opportunities for Students:**

School counsellors are available for remote counselling sessions with students. Please email the counsellor directly Ally Hoffman, ahoffman@sd61.bc.ca to set up an appointment time. Ms. Hoffman will distribute appointment requests to our counseling team. The counsellor will let you know the options available for the session. It is important to avoid using names in the subject line and do not include confidential information in the email body. If you do not have access to email, please call the school office at 250-382-9226, and the message will be passed on to the counsellor.
At this time, the expectation is that counsellors will connect by phone or email. If and when other technology options become available, we will communicate these developments to families.

We appreciate that all families have many questions as to what learning will look like, and the impact the pandemic will have on regular processes such as transitioning to new schools, testing and graduation. These questions will be answered over time, but the main concern now is supporting everyone's physical and mental health. As we all know, these are unprecedented times, and our collective focus on resiliency, coping strategies and kindness will hopefully offer some support over the next weeks and months.

Sincerely,

Tina Pierik

Esquimalt High School

Student Entry to School

1. Students will come to the school within the time frame allocated by the first letter of their last name (please see below)
2. Student are to come to the front Main Entrance of the school
3. There will be a line of "Xs" where students will wait for a staff member to escort them in and to their locker
4. Students will be given a black garbage bag for their belongings
5. Students will have 10 minutes to empty what they need from their locker
6. If the allotted time below does not work, please email Tina Pierik at tpierik@sd61.bc.ca to arrange a time on Thursday April 9th to come in to the school

Student's First Letter of Last Name	Date of Entry	Time for Entry
A - D	Monday April 6th	8:30 am – 10:30 am
E - H	Monday April 6th	10:30 am – 1:00 pm
I - K	Tuesday April 7th	8:30 am – 10:30 am
L - N	Tuesday April 7th	10:30 am – 1:00 pm
O - Q	Wednesday April 8th	8:30 am – 10:30 am
R - T	Wednesday April 8th	10:30 am – 1:00 pm
U - W	Thursday April 9th	8:30 am – 10:30 am
X - Z	Thursday April 9th	10:30 am – 1:00 pm

COMMUNITY FAMILY RESOURCES

(Updated April 2, 2020)

NEIGHBOURHOOD HOUSES & COMMUNITY CENTRES			
Burnside Gorge Community Centre	Providing child care for parents working in essential services. Distributing food for community members in need. Staff onsite to take phone calls and deal with emergency walk-ins in relation to family homelessness; financial crisis, youth and families in crisis. ***Asking that community members do not visit centre unless they have an appointment**	471 Cecilia Rd., Victoria	250-388-5251 or info@burnsidegorge.ca
Cridge Centre for the Family	Providing child care. Continuing food distribution. Cridge Young Parent Outreach Program providing services over the phone and online.	1307 Hillside Ave, Victoria	(250) 384-8058
Fairfield Gonzales Community Association	Continuing to provide food security programs: Moss Street Market, modified, and community dinner, modified to have people take away food. Providing outreach to community.	1330 Fairfield Rd., Victoria	250-382-4604
Fernwood NRG	Exploring having Seniors' lunch and Community Dinner continue as "window service". The Good Food Box will (hopefully) begin after spring break, but with a huge need for more delivery driver volunteers **(updates to follow)**.	1240 Gladstone Ave., Victoria	250-381-1552
James Bay New Horizons for Seniors	Community Centre Programming cancelled. Senior Reassurance Program (calls made to seniors) Prescription pick-up service Supporting frail and isolated seniors with food services.	234 Menzies St, Victoria	(250) 386-3035

COMMUNITY FAMILY RESOURCES

(Updated April 2, 2020)

Oaklands Community Centre	Community Centre and programming closed. Organizing food drops for vulnerable seniors (& others) in the community. Contact Centre for more information.	2827 Belmont Ave #1, Victoria	(250) 370-9101 programs@oaklandsca.com
Quadra Village Community Centre (QVCC)	Centre closed. Organizing community food delivery for those in need. Contact centre for more information. Staff will be available to provide emergency and virtual support via phone, texting, email, and social media. If you wish to be contacted by staff on a regular check in basis, please call or email and leave your email and phone number.	901 Kings Rd., Victoria	250-388-7696 or info@quadravillagecc.com
Saanich Neighbourhood House	Centre is closed. Providing food packages to families and community members in need. Extending support into the Westshore and surrounding neighbourhoods. Contact admin@snplace.org to request food deliveries. Offering online baby groups and Mother Goose for families to connect.	3100 Tillicum Road	admin@snplace.org 250-380-1148